

Supplemental Guide: Interventional Cardiology



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Interventional Cardiology Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the Resources page of the Milestones section of the ACGME website.

Patient Care 1: Pre-Procedural Care and Procedural Selection Overall Intent: To optimize pre-procedural evaluation, decision making, and care	
Milestones	Examples
Level 1 Lists indications, risks, and benefits for straightforward procedures	Lists indications for an early invasive approach for an acute coronary syndrome
Lists prerequisite diagnostic testing and optimal medical management strategies	Understands the benefits of stress testing in evaluation of a patient with chest pain
Level 2 With direct supervision, identifies the indications, risks, and benefits to individualized patient care	With attending, discusses medical optimization prior to percutaneous coronary intervention for angina
With direct supervision, evaluates diagnostic testing and optimizes medical management	Reviews pharmacologic nuclear stress testing with attending prior to coronary angiography
Level 3 With guidance, selects procedures based on indications, risks, and benefits to individualized patient care	Outlines a procedural plan based on prior angiography with assistance
With guidance, evaluates diagnostic testing and optimizes medical management	Discusses upstream loading of dual anti-platelet therapy prior to staged percutaneous coronary intervention
Level 4 Independently selects procedures based on indications, risks, and benefits to individualized patient care	Recommends hemodynamic support in a patient with cardiogenic shock
Independently evaluates diagnostic testing and optimizes medical management	Integrates findings of stress and viability testing in assessing appropriateness of patient for percutaneous coronary intervention
Level 5 Demonstrates advanced decision making in complex clinical scenarios and procedural selection	Identifies appropriate anatomy and procedural strategy for a chronic total occlusion intervention
Demonstrates advanced decision making in managing complex clinical scenarios	Develops a procedural plan for a critically ill patient with coronary artery disease who is hemodynamically unstable with concomitant aortic stenosis
Assessment Models or Tools	 Direct observation Medical record (chart) review Multisource feedback
Curriculum Mapping	

Notes or Resources	 Appropriate Use Criteria Journal of the American College of Cardiology (JACC) 2016; 2017 and other updates American College of Cariology (ACC)/American Heart Association (AHA) Guidelines http://www.onlinejacc.org/content/74/10/1376 2020.
	http://www.onlinejacc.org/content/74/10/1370

Patient Care 2: Technical Skills for Percutaneous Interventions Overall Intent: To evaluate procedural technical skills and decision making	
Milestones	Examples
Level 1 With direct supervision, performs straightforward procedures (e.g., angioplasty, stenting)	Assists in the angioplasty and stenting of a Type A lesion
With direct supervision, performs basic clinical management in straightforward situations	Assists in the initiation of dual anti-platelet therapy post- percutaneous coronary intervention
Level 2 With guidance, performs straightforward procedures (e.g., invasive imaging, mechanical support)	Performs intravascular ultrasound-guided angioplasty and stenting with direct attending participation
With guidance, demonstrates intra-procedural decision making, composure, and clinical and complication management in straightforward situations	Recognizes and manages transient hypotension during percutaneous coronary intervention with direct attending participation
Level 3 Independently performs straightforward procedures (e.g., invasive imaging, mechanical support)	Performs intravascular ultrasound-guided angioplasty and stenting of a Type B lesion
Independently demonstrates intra-procedural decision making, composure, and clinical and complication management in straightforward situations	Recognizes subtherapeutic active clotting time and orders additional heparin anticoagulation
Level 4 Independently performs complex procedures (e.g., atherectomy, bifurcation left main intervention)	Performs rotational atherectomy and stenting of a calcified coronary lesion
Independently demonstrates intra-procedural decision making, composure, and clinical and complication management in complex situations	Recognizes and manages a coronary perforation
Level 5 Demonstrates superior technical skill in the most complex, high-risk procedures	Performs a chronic total occlusion intervention

Demonstrates advanced leadership in the complex catheterization laboratory environment	Recognized by the staff for leadership through an intraprocedural cardiac arrest in a calm and composed fashion
Assessment Models or Tools	Direct observation
	Multisource feedback
	Simulation
Curriculum Mapping	
Notes or Resources	 Society for Cardiovascular Angiography & Interventions (SCAI). SCAI Online Learning. http://www.scai.org/eLearning/default.aspx. 2020
	American College of Cardiology (ACC). CathSAP. https://www.acc.org/education-and-meetings/products-and-resources/cathsap . 2020.
	• Kern MJ. SCAI Interventional Cardiology Review. 3rd ed. Philadelphia, PA: Wolters Kluwer; 2018.

Patient Care 3: Post-Procedural Management (Inpatient and Outpatient) Overall Intent: To provide guideline directed therapies to optimize immediate and long-term outcomes	
Milestones	Examples
Level 1 Evaluates for post-procedural issues	Performs an access site check after procedure and recognizes complications
With direct supervision, optimizes patient care in the outpatient setting	Sees a patient in clinic post-procedure and completes medication reconciliation
Level 2 Manages straightforward care and issues	Orders ultrasound to evaluate groin pain after procedure and establishes a management plan
With guidance, optimizes straightforward care of patients in the outpatient setting	Determines optimal duration of dual anti-platelet therapy, with the attending
Level 3 Manages complex care and issues	Manages a patient with post-percutaneous coronary intervention chest pain and hypotension
With guidance, optimizes complex care of patients in the outpatient setting	Consults with team members regarding the decision to continue anti-platelet therapy in a patient with atrial fibrillation
Level 4 Anticipates issues and manages complex post-procedural care	Manages a patient with complex vascular access who develops retroperitoneal bleed
Independently optimizes patient care in the outpatient setting	Coordinates a multidisciplinary team to manage a patient with heart failure and coronary artery disease needing implantable cardioverter defibrillator placement
Level 5 Develops a clinical pathway or guideline for management of complex post-procedural issues	Develops a same-day discharge pathway for percutaneous coronary intervention
Implements strategies for advancing multidisciplinary care	Coordinates cardiovascular assessment for kidney transplant candidates
Assessment Models or Tools	Direct observation Medical record (chart) audit Multisource feedback
Curriculum Mapping	
Notes or Resources	 ACC Guidelines for Management http://www.onlinejacc.org/keyword/accaha-clinical-practice-guidelines Society for Cardiovascular Angiography & Interventions (SCAI). SCAI Online Learning. http://www.scai.org/eLearning/default.aspx. 2020 PCI Guidelines https://www.ahajournals.org/doi/full/10.1161/cir.0b013e31823ba622 2020.

Medical Knowledge 1: Anatomy and Physiology Overall Intent: To understand the implications of anatomy and physiology in the practice of interventional cardiology **Milestones Examples** Level 1 Identifies normal anatomy during • Identifies an 80 percent stenosis in the mid-left anterior descending artery procedures Demonstrates knowledge of pathophysiology of • Knows the effect of coronary stenosis on angina straightforward conditions Level 2 Identifies anatomic variants during • Identifies vein graft anastomosis to obtuse marginal artery procedures Demonstrates knowledge of pathophysiology of • Recognizes spontaneous coronary artery dissection on angiogram • Identifies a Type 2 myocardial infarction complex conditions • Identifies anomalous circumflex coronary origin from the right coronary cusp and selects Level 3 Identifies the implications of varying anatomy for procedural planning appropriate quide catheter Demonstrates knowledge of pathophysiology Describes a fractional flow reserve evaluation of serial lesions in the coronary artery and treatment of patients with straightforward conditions Level 4 Identifies therapeutic options targeted to • Selects appropriate technique for a bifurcation lesion complex anatomy Demonstrates knowledge of pathophysiology • Identifies and directs hemodynamic support of a patient with a right ventricular infarction and treatment of patients with complex conditions Level 5 Demonstrates a command of medical • Identifies and manages coronary fistulae knowledge regarding rare anatomic variants Contributes to peer-reviewed literature on • Publishes an unusual case report on coronary fistulae pathophysiology and/or treatment Assessment Models or Tools Direct observation • Medical record (chart) audit Multisource feedback **Curriculum Mapping** Notes or Resources • Moscucci M. Grossman and Baim's Cardiac Catheterization, Angiography, and Intervention. 8th ed. Lippinscott Williams & Wilkins; Philadelphia, PA. 2014

Medical Knowledge 2: Pharmacology Overall Intent: To understand the appropriate use of pharmacologic agents in interventional cardiology practice	
Milestones	Examples
Level 1 Demonstrates basic knowledge of pharmacologic agents	Lists options for dual anti-platelet therapy post percutaneous coronary intervention
Level 2 Demonstrates knowledge of selection and dosing of commonly used pharmacologic agents	Appropriately doses heparin during performance of percutaneous coronary intervention
Level 3 Demonstrates knowledge of the indications, contraindications, side effects, and complications of pharmacologic agents	Tailors an anti-platelet regimen in an elderly patient with a history of stroke
Level 4 Integrates knowledge of pharmacology into procedures and peri-procedural care	Customizes an anti-platelet/anti-coagulation regimen post percutaneous coronary intervention in a patient with afib and a high bleeding risk
Level 5 Develops pharmacologic protocols or departmental guidelines	Rewrites order set to help guide anti-platelet choices after percutaneous coronary intervention
Assessment Models or Tools	 Conference presentation Direct observation Medical record (chart) audit Multisource feedback
Curriculum Mapping	•
Notes or Resources	 European Society of Cardiology (ESC). Clinical Practice Guidelines. https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines. 2020. ACC. Guidelines and Clinical Documents. https://www.acc.org/quidelines#doctype=Guidelines. 2020. American College of Cardiology (ACC). CathSAP. https://www.acc.org/education-and-meetings/products-and-resources/cathsap. 2020.

Medical Knowledge 3: Devices, Techniques, and Outcomes Overall Intent: To understand the implications of the choice of technique and devices in terms of procedural and long-term outcomes **Examples Milestones** • Identifies fundamental properties of guide catheters and wires Level 1 Identifies commonly used devices Level 2 Demonstrates knowledge of commonly • Appropriately interprets results of intravascular ultrasound used devices, techniques, and outcomes Level 3 Demonstrates knowledge of the • Understands different bifurcation techniques and the challenges and benefits of each indications, contraindications, side effects, and complications of commonly used devices, techniques, and outcomes Level 4 Integrates knowledge of devices, • For a patient in cardiogenic shock post percutaneous coronary intervention, manages and techniques, and outcomes into procedures and troubleshoots mechanical circulatory support peri-procedural care Level 5 Achieves a superior level of knowledge • Demonstrates superior knowledge of chronic total occlusion intervention to effectively teach others about devices, techniques, and outcomes Assessment Models or Tools Direct observation Medical record (chart) audit Multisource feedback **Curriculum Mapping** • SCAI fellow website http://www.scai.org/fellows 2020. Notes or Resources Online training

Systems-Based Practice 1: Patient Safety and Quality Improvement (QI)	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,	
families, and health care professionals; to cond	
Milestones	Examples
Level 1 Demonstrates knowledge of common patient safety events	Describes the basics of reporting pathways and QI strategies, but has not yet participated in such activities
Demonstrates knowledge of how to report patient safety events	
Demonstrates knowledge of basic quality improvement methodologies and metrics	
Level 2 Identifies system factors that lead to patient safety events	Identifies and reports the accidental discontinuation of dual antiplatelet agents after percutaneous coronary intervention, along with contributing system factors
Reports patient safety events through institutional reporting systems (simulated or actual)	Is aware of available hospital and departmental reporting mechanisms for adverse events and near-misses
Describes quality improvement initiatives at the institutional or departmental level	Describes the mechanisms for referral for cardiac rehab post-percutaneous coronary intervention
Level 3 Participates in analysis of patient safety events (simulated or actual)	Prepares a morbidity and mortality (M and M) presentation and has communicated with patients/families about such an event
Participates in disclosure of patient safety events to patients and families (simulated or actual)	
Participates in quality improvement initiatives at the institutional or departmental level	Participates in a project aimed at decreasing kidney injury post-percutaneous coronary intervention
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Collaborates with a team to lead the analysis of a patient safety event and can competently communicate with patients/families about those events
Discloses patient safety events to patients and families (simulated or actual)	Completes a QI project for decreasing post-percutaneous coronary intervention bleeding and assesses the effect of the intervention

Demonstrates the skills required to identify,	
develop, implement, and analyze a quality	
improvement project	
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	Competently assumes a leadership role at the institutional or community level for patient safety and/or QI initiatives
Role models or mentors others in the disclosure of patient safety events	
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	
Assessment Models or Tools	Chart or other system documentation by fellow
	Direct observation
	Multisource feedback
	Portfolio
	Reflection
	Simulation
Curriculum Mapping	•
Notes or Resources	• Institute of Healthcare Improvement. http://www.ihi.org/Pages/default.aspx . 2020.

Systems-Based Practice 2: System Navigation for Patient-Centered Care	
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care providers; to adapt care to	
a specific patient population to ensure high-qua	
Milestones	Examples
Level 1 Demonstrates knowledge of care coordination	Identifies the various members of the heart team and defines their roles
Identifies key elements for effective transitions of care	Lists the essential components of an effective sign-out and care transition
Level 2 Coordinates care of patients in routine clinical situations, effectively using the roles of the interprofessional teams	Contacts cath lab team members for routine cases, but requires supervision to ensure all necessary referrals, testing, and care transitions are made
Performs effective transitions of care in routine clinical situations	Performs a routine case sign-out but still needs guidance and direct supervision to identify and appropriately triage cases or calls
Demonstrates general knowledge of financial, cultural, and social barriers to adherence of care	• Identifies components of social determinants of health and how they impact the delivery of patient care
Level 3 Coordinates care of patients in complex clinical situations, effectively using the roles of the interprofessional teams	Uses care coordinators to help prevent readmission after percutaneous coronary intervention
Performs effective transitions of care in complex clinical situations	Performs safe and effective transitions of care with clinical service at shift change
Identifies financial, cultural, and social barriers to adherence of care to specific populations	Knows which patients are at high risk for specific health outcomes related to health literacy concerns, cost of testing or therapy, LGBTQ status, etc.
Level 4 Role models effective coordination of patient-centered care among different disciplines and specialties	Role models and educates students and junior team members regarding the engagement of appropriate interprofessional team members and ensures the necessary resources have been arranged
Role models and advocates for effective transitions of care within and across health care delivery systems	Coaches cardiology fellows on effective transition from the inpatient to outpatient setting
Adapts practice to address the financial, cultural, and social barriers to adherence of care	Adjusts practice to consistently assess patients with payment barriers and ensure they are prescribed lower-cost medications

Level 5 Analyzes the process of care coordination and leads in the design and implementation of improvements	Works with hospital or ambulatory site team members or leadership to analyze care coordination in that setting, and takes a leadership role in designing and implementing changes to improve the care coordination
Improves quality of transitions of care within and across health care delivery systems to optimize patient outcomes	Works with a QI mentor to identify better hand-off tools for on-call services
Leads innovations and advocates for populations with health care inequities	 Designs a health curriculum to help others learn to identify social determinants of health, local resources, and barriers to care Helps develop telehealth program to ensure that patients in rural areas can be seen by all cardiology specialists
Assessment Models or Tools	 Case management quality metrics and goals mined from electronic health records (EHRs) Direct observation Medical record (chart) review Multisource feedback
Curriculum Mapping	•
Notes or Resources	 CDC. Population Health Training in Place Program (PH-TIPP). https://www.cdc.gov/pophealthtraining/whatis.html. 2020. Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan JM, Gonzalo JD. AMA Education Consortium: Health Systems Science. 1st ed. Philadelphia, PA: Elsevier; 2016. https://commerce.ama-assn.org/store/ui/catalog/productDetail?product_id=prod2780003. https://commerce.ama-assn.org/store/ui/catalog/productDetail?product_id=prod2780003.

Systems-Based Practice 3: Physician Role in Health Care Systems	
Overall Intent: To understand the physician's role in the complex health care system and how to optimize the system to improve patient	
care and the health system's performance	
Milestones	Examples
Level 1 Identifies key components of the health care system (e.g., hospital, skilled nursing facility, finance, personnel, technology)	 Recognizes that hospitals, skilled nursing facilities, and technology are components of the health care system and describes different payment systems, such as Medicare, Medicaid, the VA, and commercial third-party payers
Describes basic health payment systems, (e.g., government, private, public, uninsured care) and practice models	
Level 2 Describes how components of a complex health care system are interrelated, and how this impacts patient care	Describes how improving patient satisfaction improves patient adherence and remuneration to the health system
Delivers care with consideration of each patient's payment model (e.g., insurance type)	Applies knowledge of health plan features, including formularies and network requirements in patient care situations
Demonstrates essential skills for documentation required for independent practice (e.g., electronic health record, documentation required for billing and coding)	Completes a note template following a routine patient encounter and applies appropriate coding in compliance with regulations
Level 3 Discusses how individual practice affects the broader system (e.g., length of stay, readmission rates, clinical efficiency) Engages with patients in shared decision	 Understands, accesses, and analyzes performance data at departmental or individual level; relevant data may include: Myocardial infarction mortality from national registry Group's post-percutaneous coronary intervention readmission rates Uses shared decision making to select the most cost-effective testing depending on the
making, informed by each patient's payment models	relevant clinical needs
Seeks knowledge in non-clinical topics needed for independent practice (e.g., malpractice insurance, government regulation, compliance)	Understands the process of contract negotiations and choosing malpractice insurance carriers and features
Level 4 Manages various components of the complex health care system to provide efficient and effective patient care and transition of care	 Works collaboratively with the institution to improve patient assistance resources or design the institution's community health needs assessment, or develop/implement/assess the resulting action plans

Advocates for patient care needs (e.g., community resources, patient assistance resources) with consideration of the limitations of each patient's payment model Applies knowledge in non-clinical topics needed for independent practice	Applies knowledge of contract negotiations and choosing malpractice insurance carriers and features
Level 5 Advocates for or leads systems change that enhances high-value, efficient, and effective patient care and transition of care	Works with community or professional organizations to advocate for no smoking ordinances
Participates in health policy advocacy activities	Develops processes to coordinate regional ST-elevation myocardial infarction care
Educates others in non-clinical topics to prepare them for independent practice	 Improves informed consent process for non-English-speaking patients requiring interpreter services
Assessment Models or Tools	 Direct observation Medical record (chart) review QI project
Curriculum Mapping	
Notes or Resources	 Agency for Healthcare Research and Quality. Measuring the Quality of Physician Care. https://www.ahrq.gov/talkingquality/measures/setting/physician/index.html. 2020. AHRQ. Major Physician Measurement Sets. https://www.ahrq.gov/talkingquality/measures/setting/physician/measurement-sets.html. 2020. American Board of Internal Medicine. QI/PI Activities. https://www.abim.org/maintenance-of-certification/earning-points/qi-pi-activities.aspx. 2020. The Commonwealth Fund. Health System Data Center. http://datacenter.commonwealthfund.org/? ga=2.110888517.1505146611.1495417431-1811932185.1495417431#ind=1/sc=1. 2020. Dzau VJ, McClellan M, Burke S, et al. Vital directions for health and health care: priorities from a National Academy of Medicine Initiative. NAM Perspectives. Discussion Paper, National Academy of Medicine, Washington, DC. https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy-of-medicine-initiative/. 2020. The Kaiser Family Foundation. www.kff.org. 2020.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To incorporate evidence and patient values into clinical practice	
Milestones	Examples
Level 1 Demonstrates how to access and use available evidence to manage a patient with cardiovascular disease	Obtains the appropriate evidence-based guidelines for management of coronary disease
Level 2 Articulates clinical questions and elicits patient preferences to guide evidence-based care	Asks symptom driven and goals of care questions of the patient with coronary disease
Level 3 Locates and applies the best available evidence to the care of patients with cardiovascular disease while integrating patient preference	 Applies evidence in the care of a patient with symptomatic, severe coronary disease who does not want surgery Researches and applies the concept of frailty in the evaluation of a patient with severe aortic stenosis
Level 4 Critically appraises and applies available, potentially conflicting evidence to guide care of an individual patient	Critically evaluates new primary literature, in the care of a patient with severe coronary disease and atrial fibrillation
Level 5 Develops initiatives to educate others to critically appraise and apply evidence for complex patients and/or participates in the development of guidelines	 Teaches others how to find and apply best practice or develops, independently or as a part of a team, thoughtful clinical guidelines on management of coronary disease Helps write a multi-team policy for the institution to address how to manage patients with complex coronary and valvular heart disease
Assessment Models or Tools	 Direct observation Evaluation of presentation Self-assessment tests such as in-training exams, CathSAP self-assessment tests
Curriculum Mapping	•
Notes or Resources	 Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence: practice-based learning and improvement. <i>Acad Pediatr</i>. 2014;14(2 Suppl):S38-S54. https://www.academicpedsjnl.net/article/S1876-2859(13)00333-1/fulltext. 2020. Harrington RA, Barac A, Brush JE Jr, et al. COCATS 4 Task Force 15: training in cardiovascular research and scholarly activity. <i>J Am Coll Cardiol</i>. 2015;65(17):1899-1906. https://www.sciencedirect.com/science/article/pii/S0735109715008396?via%3Dihub. 2020. NEJM Knowledge. Exploring the ACGME Core Competencies: Practice-Based Learning and Improvement. https://knowledgeplus.nejm.org/blog/practice-based-learning-and-improvement/. 2020.

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth Overall Intent: To seek performance information with the intent to improve care; to reflect on all domains of practice and develop goals for improvement	
Milestones	Examples
Level 1 Accepts responsibility for personal and professional development by establishing goals	Sets goal to independently interpret coronary angiograms
Acknowledges limits and gaps between expectations and performance; demonstrates self-awareness	Acknowledges need to improve skills in arterial access
Level 2 Demonstrates openness to feedback and performance data in order to form goals	Accepts feedback regarding need to improve skills in guide catheter manipulation
Analyzes the factors which contribute to limits and gaps; demonstrates appropriate helpseeking behaviors	Recognizes difficulty in delivering a stent and asks for assistance
Level 3 Occasionally seeks feedback and performance data with adaptability and humility	Asks attending for feedback on their performance after a challenging case
Creates and implements a learning plan	Develops a plan to use online resources to learn more about intravascular imaging
Level 4 Systematically seeks feedback and performance data with adaptability and humility	With an attending, asks about performance and opportunities for improvement at the end of each week
Uses performance data to assess learning plan and improves it when necessary	Consistently identifies ongoing gaps and chooses areas for further development
Level 5 Coaches others to seek feedback and performance data	Mentors cardiology fellow to improve diagnostic angiography skills and ask for feedback
Facilitates the design and implementation of learning plans for others	Develops a form that cardiology fellows can use to document and implement a learning plan based on in-training exam results
Assessment Models or Tools	Direct observation End-of-rotation evaluations Review of learning plan
Curriculum Mapping	•
Notes or Resources	Hojat M, Veloski JJ, Gonnella JS. Measurement and correlates of physicians' lifelong learning. <i>Academic Medicine</i> . 2009;84(8):1066-1074.

https://journals.lww.com/academicmedicine/fulltext/2009/08000/Measurement and Correl
ates of Physicians Lifelong.21.aspx. 2020.
• Lockspeiser TM, Schmitter PA, Lane JL, Hanson JL, Rosenberg AA, Park YS. Assessing
residents' written learning goals and goal writing skill: validity evidence for the learning
goal scoring rubric. <i>Academic Medicine</i> . 2013;88(10):1558-1563.
https://journals.lww.com/academicmedicine/fulltext/2013/10000/Assessing Residents W
ritten Learning Goals and.39.aspx. 2020.

Professiona	Professionalism 1: Professional Behavior and Ethical Principles	
Overall Intent: To recognize and address lapses in ethical and professional behavior, demonstrates ethical and professional behaviors, and		
use appropriate resources for managing ethical and professional dilemmas		
Milestones	Examples	
Level 1 Identifies and describes potential triggers for professionalism lapses	Recognizes that when in the catheterization laboratory, the fellow is less available to answer pages	
Demonstrates knowledge of ethical principles (e.g., informed consent, advance directives, confidentiality, patient autonomy)	Discusses patient preferences during informed consent for percutaneous coronary intervention	
Level 2 Demonstrates insight into professional behavior in routine situations	 Acknowledges a lapse without becoming defensive and make amends if needed Articulates strategies for preventing similar lapses in the future 	
Applies knowledge of ethical principles to routine situations	Recognizes and responds appropriately when peers seek coverage of a shift due to fatigue	
Level 3 Demonstrates professional behavior in complex or stressful situations	Behaves respectfully and calmly during a stressful interaction with a catheterization laboratory team member	
Recognizes need to seek help in managing and resolving complex ethical situations	Requests a palliative care consult to establish goals of care as a component of procedural planning	
Level 4 Recognizes situations that may trigger professionalism lapses and intervenes to prevent lapses in self and others	 Takes responsibility for unprofessional behavior Successfully leads a difficult conversation between the health care team and a distraught or angry family member 	
Uses appropriate resources for managing and resolving ethical dilemmas (e.g., ethics consultations, risk management)	Responds to possible ethical issues when discussing a case at M and M conference	
Level 5 Coaches others when their behavior fails to meet professional expectations	Mentors a fellow in the cardiovascular intensive care unit (ICU) after an interaction with a nurse led to a difficult discussion in front of a patient's family	
Identifies and seeks to address system-level factors that induce or exacerbate ethical problems or impede their resolution	Engages in system-wide efforts to improve professionalism through participation in a work group, committee, or task force	
Assessment Models or Tools	Direct observation	
	Multisource feedback	
	 Oral or written self-reflection (e.g., of a personal or observed lapse, ethical dilemma, or systems-level factors) 	

	• Simulation
Curriculum Mapping	
Notes or Resources	 American Board of Internal Medicine, ACP-ASIM Foundation, European Federation of Internal Medicine. Medical professionalism in the new millennium: a physician charter. <i>Ann Intern Med</i>. 2002;136:243-246. http://abimfoundation.org/wp-content/uploads/2015/12/Medical-Professionalism-in-the-New-Millenium-A-Physician-Charter.pdf. 2020. American Medical Association. Ethics. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. 2020. Byyny RL, Papadakis MA, Paauw DS. https://abimfoundation.org/delivering-care/ama-code-medical-ethics. 2020. Byyny RL, Papadakis MA, Paauw DS. https://abimfoundation.org/delivering-care/ama-code-medical-ethics. 2020. Byyny RL, Papadakis MA, Paauw DS. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. 2020. Byyny RL, Papadakis MA, Paauw DS. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. 2020. Byyny RL, Papadakis MA, Paauw DS. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. 2020. Byyny RL, Papadakis MA, Paauw DS. https://www.ama-assn.org/delivering-care/ama-code-medical-ethics. Levinson W, Ginsburg S, Hafferty FW, Lucey CR. https://www.ama-assn.org/delivering-c

Professionalism 2: Accountability/Conscientiousness	
Overall Intent: To take responsibility for one's own actions and the impact on patients and other members of the health care team, as well	
as recognizes and manages potential conflicts of	
Milestones	Examples
Level 1 Takes responsibility for failure to complete tasks and responsibilities, identifies potential contributing factors, and describes strategies for ensuring timely task completion in the future	 Responds promptly to reminders from program administrator to complete work-hour logs Timely attendance at conferences
Recognizes the principles of conflict of interest in relationships with industry and other entities	Understands the potential conflict of interests in relationships with pharmaceutical and device companies
Level 2 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in routine situations	Completes procedure notes in a timely manner, with attention to detail and recognizes when the fellow will have trouble completing that task
Recognizes personal potential conflicts with industry	 Completes and documents safety modules, procedure review, and licensing requirements Understands the potential conflict of interest in receiving gifts and educational resources from pharmaceutical and device companies
Level 3 Performs tasks and responsibilities in a timely manner with appropriate attention to detail in complex or stressful situations	Appropriately responds to a nurse call for a patient with a hematoma; orders appropriate work-up and notifies attending
Seeks assistance in managing personal relationships with industry and other entities to minimize bias and undue influence in practice	 In collaboration with peers and supervisors, reviews and critiques promotional materials provided by pharmaceutical and device representatives Follows institutional policies regarding relationships with industry representatives
Level 4 Recognizes situations that may impact others' ability to complete tasks and responsibilities in a timely manner	 Advises cardiology fellows how to manage their time in completing patient care tasks when working in the catheterization laboratory Takes responsibility for potential adverse outcomes and professionally discusses with the interprofessional team
Identifies, discloses, and manages relationships with industry and other entities to minimize bias and undue influence in practice	Independently reviews and critiques promotional materials provided by pharmaceutical and device representatives
Level 5 Engages with the system to improve outcomes	 Sets up a meeting with the nurse manager to streamline patient discharges Leads multidisciplinary team in a root cause analysis
Assessment Models or Tools	Compliance with deadlines and timelinesDirect observation

	Multisource feedback
	Self-evaluations and reflective tools
Curriculum Mapping	
Notes or Resources	 American Board of Internal Medicine, ACP-ASIM Foundation, European Federation of Internal Medicine. Medical professionalism in the new millennium: a physician charter. Ann Intern Med. 2002;136:243-246. http://abimfoundation.org/wp-content/uploads/2015/12/Medical-Professionalism-in-the-New-Millenium-A-Physician-Charter.pdf. 2020. Code of conduct from resident/fellow institutional manual Expectations of residency/fellow program regarding accountability and professionalism

Professionalism 3: Self-Awareness and Well-Being Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others **Examples Milestones** Level 1 Recognizes the importance of personal • Accepts responsibility to monitor one's own well-being and professional well-being Level 2 Independently recognizes status of • Identifies possible sources of personal stress and independently seeks help personal and professional well-being **Level 3** With assistance, proposes a plan to • With assistance, develops an action plan to address sources of burnout for self or team optimize personal and professional well-being Level 4 Independently develops a plan to • Independently develops action plans for continued personal and professional growth, and optimize personal and professional well-being limits stress and burnout for self or team Level 5 Participates in a system change to • Mentors patients and colleagues in self-awareness and establishes health management improve well-being in self and others plans to limit stress and burnout Assessment Models or Tools Direct observation • Group interview or discussions for team activities Individual interview Institutional online training modules Participation in institutional well-being programs • Self-assessment and personal learning plan **Curriculum Mapping** Notes or Resources • This subcompetency is not intended to evaluate a resident's well-being. Rather, the intent is to ensure that each resident has the fundamental knowledge of factors that impact wellbeing, the mechanism by which those factors impact well-being, and available resources and tools to improve well-being. • ACGME. "Well-Being Tools and Resources." https://dl.acgme.org/pages/well-being-toolsresources, 2020. • Hicks PJ, Schumacher D, Guralnick S, Carraccio C, Burke AE. Domain of competence: personal and professional development. Acad Pediatr. 2014;14(2 Suppl):S80-97. https://linkinghub.elsevier.com/retrieve/pii/S1876-2859(13)00332-X. 2020. Local resources, including Employee Assistance Plan (EAP)

Internersonal and Comp	nunication Skills 1: Patient- and Family-Centered Communication
Overall Intent: To use language and behaviors to form constructive relationships with patients, identifies communication barriers including	
self-reflection on personal biases, and minimizes them in the doctor-patient relationships; to organize and lead communication around	
shared decision making	
Milestones	Examples
Level 1 Demonstrates respect and establishes rapport in patient encounters	Self-monitors and controls tone, non-verbal responses, and language and asks questions to invite patient/family participation
Knows barriers to effective communication (e.g., language, disability, health literacy, cultural, personal bias)	Can list examples of common communication barriers in patient care
Identifies the need to adjust communication strategies to achieve shared decision making	Avoids medical jargon when talking to patients
Level 2 Establishes a therapeutic relationship in routine patient encounters	Develops a professional relationship with patients/families, with active listening and attention to communication barriers in patient and family encounters
Identifies barriers to effective communication in patient encounters	
Organizes and initiates communication with patient/family to facilitate shared decision making	Takes the lead in organizing a meeting time and agenda with the patient, family, and consulting teams; begins the meeting, reassessing patient and family understanding and anxiety
Level 3 Establishes a therapeutic relationship in challenging patient encounters, with guidance	Can articulate personal challenges in the patient care relationship, how personal biases may impact the relationship, and strategies to use going forward
Attempts to minimize communication barriers, including reflection on any personal biases	Recognizes communication barriers and reflects on implicit biases
Uses shared decision making to implement a personalized care plan, under guidance	Elicits what is most important to the patient and family, and acknowledges uncertainty in the medical complexity and prognosis
Level 4 Independently establishes a therapeutic relationship in challenging patient encounters	• Independently establishes a therapeutic relationship with a patient who is at the end of life and the risks and benefits of a procedure are unclear
Proactively minimizes communication barriers and independently manages personal biases	Anticipates and proactively addresses communication barriers, including recognition of own implicit bias

Independently, uses shared decision making to implement a personalized care plan	Engages in shared decision making process with the patient and family, including a recommended plan to align patient's unique goals with treatment options
Level 5 Mentors others in situational awareness and critical self-reflection to consistently develop positive therapeutic relationships	Supports colleagues in self-awareness and reflection to improve therapeutic relationships with patients
Role models self-awareness to minimize communication barriers	Becomes a role model for proactive self-awareness and reflection around explicit and implicit biases with a context specific approach to mitigate communication barriers
Role models shared decision making	Exemplifies shared decision making with clear recommendations to patients and families in complex clinical situations
Assessment Models or Tools	 Direct observation Multisource feedback Self-assessment including self-reflection exercises Standardized patients or structured case discussions
Curriculum Mapping	•
Notes or Resources	 Braddock III CH, Edwards KA, Hasenberg NM, Laidley TL, Levinson W. Informed decision making in outpatient practice: time to get back to basics. <i>JAMA</i>. 1999;282(24):2313-2320. https://jamanetwork.com/journals/jama/fullarticle/192233. 2020. Laidlaw A, Hart J. Communication skills: an essential component of medical curricula. Part I: Assessment of clinical communication: AMEE Guide No. 51. <i>Med Teach</i>. 2011;33(1):6-8. https://www.tandfonline.com/doi/full/10.3109/0142159X.2011.531170. 2020. Lane JL, Gottlieb RP. Structured clinical observations: a method to teach clinical skills with limited time and financial resources. <i>Pediatrics</i>. 2000;105(4 Pt 2):973-977. https://pediatrics.aappublications.org/content/105/Supplement_3/973. 2020. Symons AB, Swanson A, McGuigan D, Orrange S, Akl EA. A tool for self-assessment of communication skills and professionalism in residents. <i>BMC Med Educ</i>. 2009;9:1. https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1. 2020.

team performance

Interpersonal and Communication Skills 2: Interprofessional and Team Communication Overall Intent: To effectively communicate with the health care team, including consultants, in both routine and complex situations **Milestones Examples** • Shows respect through words and actions when receiving calls for assistance from Level 1 Respectfully receives a consultation members of the health care team. request Uses language that values all members of the • Listens to and considers others' points of view, is nonjudgmental and actively engaged, health care team and demonstrates humility Level 2 Respectfully and thoroughly completes • Demonstrates active listening by fully focusing on the health care provider consultations with effective documentation and communication in common cases, with direct supervision Communicates information effectively with all • Communicates clearly and concisely in an organized and timely manner during consultant health care team members encounters, as well as with the health care team in general Participates in team-based discussions to • Participates in multidisciplinary discussions regarding treatment for particular patients optimize team performance Level 3 Completes consultations with effective • Respectfully accepts feedback from and provides feedback to members of the cath lab documentation and communication in common team for the purposes of improvement cases, with indirect supervision Adapts communication style to fit team needs • Uses reinforcement strategies to assess and receive understanding during consultations Initiates team-based discussions to optimize • Arranges and facilitates multidisciplinary discussions regarding treatment for particular team performance patients, under supervision • Communicates recommendations effectively and in a timely manner with referring or Level 4 Completes consultations with effective documentation and communication in complex collaborating members of the health care team cases Coordinates recommendations from different Arranges and leads multidisciplinary discussions regarding treatment for complex cases members of the health care team to optimize patient care Facilitates team-based discussions to optimize Organizes a valve team discussion

Level 5 Role models flexible communication strategies that value input from all health care team members, resolving conflict when needed	Guides others in organizing effective team meetings to resolve conflict
Facilitates regular health care team-based feedback in complex situations	Leads team discussions after adverse outcomes of complex cases
Assessment Models or Tools	 Direct observation Global assessment Medical record (chart) review Multisource feedback Simulation encounters
Curriculum Mapping	•
Notes or Resources	 Dehon E, Simpson K, Fowler D, Jones A. Development of the faculty 360. MedEdPORTAL. 2015;11:10174. https://www.mededportal.org/publication/10174/. 2020. Green M, Parrott T, Cook G., Improving your communication skills. BMJ. 2012;344:e357. https://www.bmj.com/content/344/bmj.e357. 2020. Henry SG, Holmboe ES, Frankel RM. Evidence-based competencies for improving communication skills in graduate medical education: a review with suggestions for implementation. Med Teach. 2013;35(5):395-403. https://www.tandfonline.com/doi/full/10.3109/0142159X.2013.769677. 2020. Roth CG, Eldin KW, Padmanabhan V, Freidman EM. Twelve tips for the introduction of emotional intelligence in medical education. Med Teach. 2018:1-4. https://www.tandfonline.com/doi/full/10.1080/0142159X.2018.1481499. 2020.

Interpersonal and Communication Skills 3: Communication within Health Care Systems **Overall Intent:** To effectively communicate using a variety of methods **Milestones Examples** Level 1 Accurately records information in the • Notes are accurate but may lack organization and include extraneous information • Only uses methods of communication that are HIPAA compliant to transmit patients' patient record and safeguards patient personal health information health information Level 2 Demonstrates organized diagnostic and • Notes are organized and accurate but may still contain extraneous information therapeutic reasoning through notes in the • Identifies method for sharing results needing urgent attention patient record Recognizes that a communication breakdown has happened and respectfully brings the Identifies appropriate communication channels (e.g., cell phone/ pager usage, medical record, breakdown to the attention of the faculty member email) as required by institutional policy Level 3 Concisely reports diagnostic and Documentation is accurate, organized, and concise, but may not consistently contain plan therapeutic reasoning in the patient record of care • Communicates opportunities for improvement in the EHR interface Respectfully communicates concerns about the system Level 4 Independently communicates timely • Writes a clear and concise note and transmits critical information to a colleague verbally information in a written format and verbally • Knows when to call the care team about unexpected or critical findings of clinical when appropriate significance • Participates in task force to update policy for sharing abnormal results Uses appropriate channels to offer clear and constructive suggestions to improve the system • Leads a task force established by the hospital QI committee to develop a plan to improve Level 5 Models written communication to improve others' performance patient hand-offs • Develops process improvement for procedural documentation Guides departmental or institutional communication around policies and procedures Assessment Models or Tools Direct observation Medical record (chart) review Multisource feedback **Curriculum Mapping** • Bierman JA, Hufmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible Notes or Resources electronic documentation: validity evidence for a checklist to assess progress notes in the



Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - https://meridian.allenpress.com/jgme/issue/13/2s

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: https://www.acgme.org/residents-and-fellows/ the-acgme-for-residents-and-fellows/

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: https://www.acgme.org/milestones/research/

- Milestones National Report, updated each fall
- Milestones Predictive Probability Report, updated each fall
- Milestones Bibliography, updated twice each year

Developing Faculty Competencies in Assessment courses - https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation

Remediation Toolkit - https://dl.acgme.org/courses/acgme-remediation-toolkit

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/