



ACCREDITATION COUNCIL FOR GRADUATE MEDICAL EDUCATION

*Symposium on
Physician Well-Being*

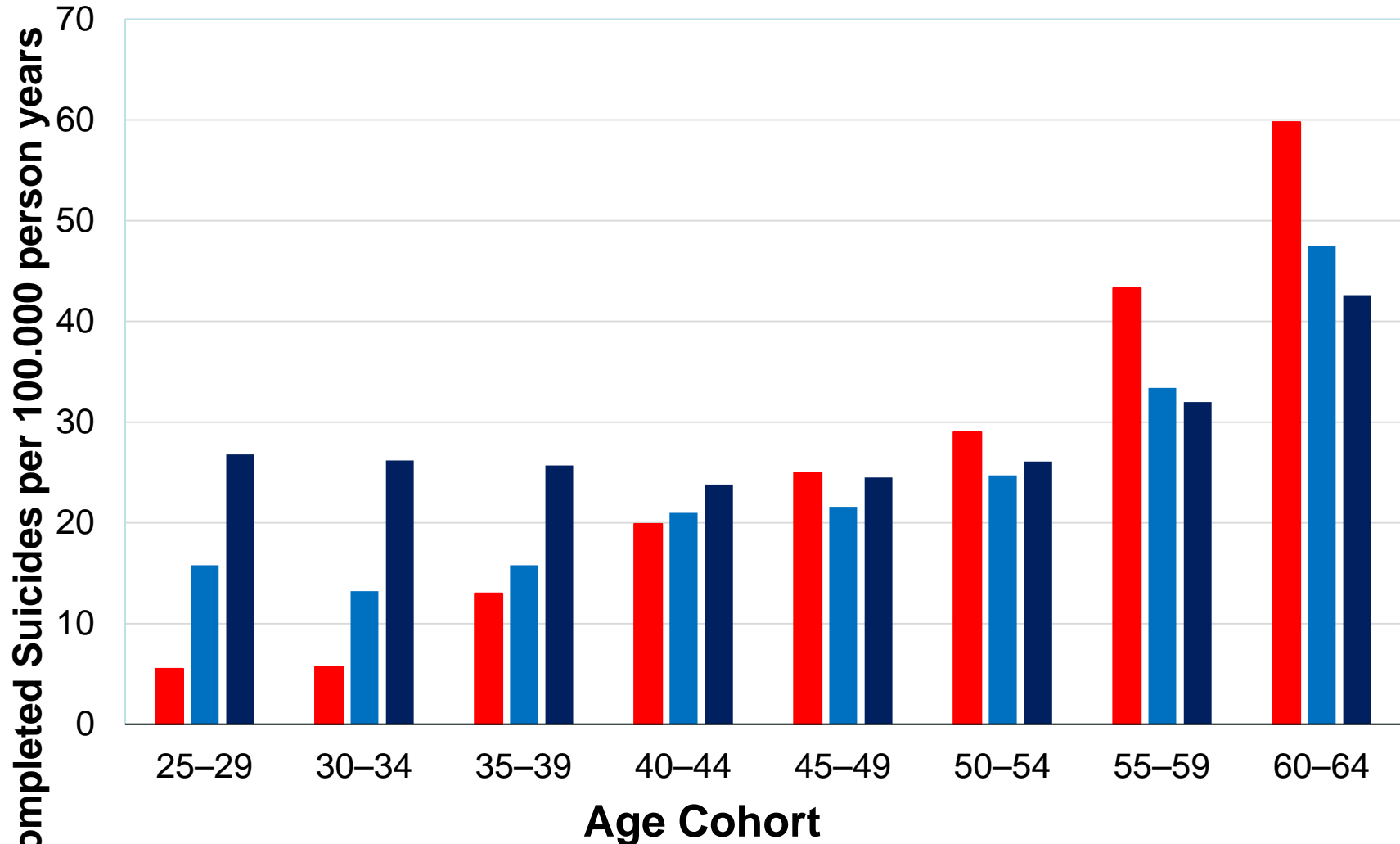
NOVEMBER 17-18, 2015



Where Are We?

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Chief Executive Officer
ACGME

Incidence of Suicide Among White Male Physicians, Dentists, and General Population



■ Physician ■ Dentist ■ Population

Occup Med (Lond). 2008. 58 (1): 25-29.

The Iceberg

Suicide

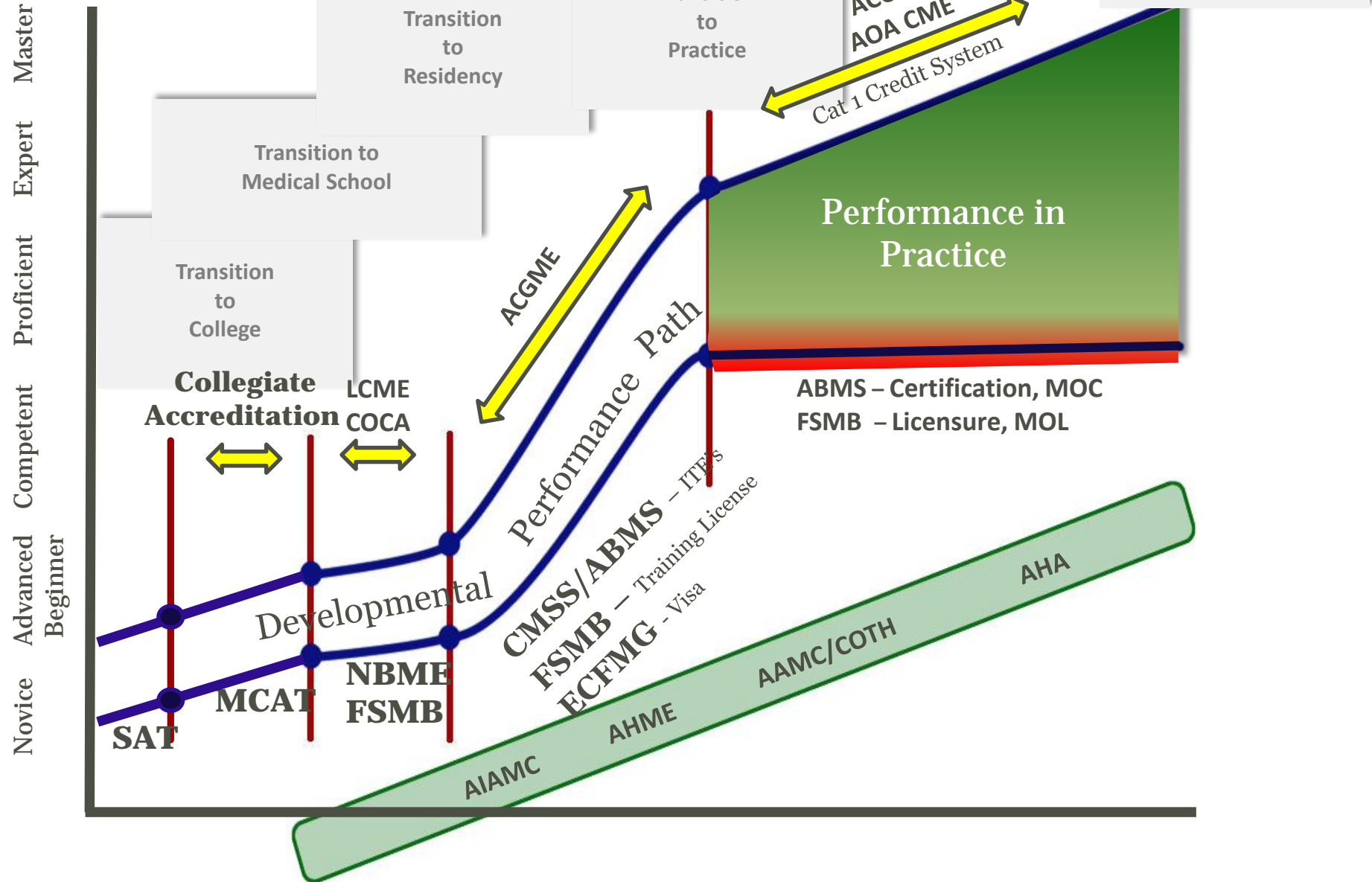
Clinical Depression
Other Illness

Physician Burnout

- Occupational Hazard
- Across the Continuum
- Environmental/Cultural/Mistreatment



The Continuum of Development of the Specialist Physician



Other Observations

- Conditions in the Clinical Learning Environment have insidiously, yet dramatically, changed
 - Cultural challenges within medicine, differing across specialties, remain
 - Cultural challenges at the institutional level remain
- The Faculty as Practicing Physicians, Program Directors, and DIO's are under similar or parallel pressures, and are at increased risk for burnout, and if depressed, death by suicide
- Some tools already exist, need dissemination



Other Observations

- Burnout and Depression create a condition of suboptimal physician performance, which is not consistent with our commitment to quality and safety of patient care
- Suicide is an unacceptable loss of colleague, friend and caregiver. Its impact is pervasive and long-lasting.



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1. From your personal and/or organizational perspective, what are the next steps you think the profession needs to take in order to sustain this effort?



2. What would you be able (willing) to commit to do personally/organizationally over the next year to tackle this challenge?



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3. Over the next four years, would you be willing to commit to attending an annual meeting convened by the ACGME to learn about the progress made across the continuum, and to report on your or your organization's progress on enhancing physician well-being and changing the culture?



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Thank You

- For your participation at this meeting
- For sharing your wisdom and expertise
- For your future engagement in efforts to address the challenges we collectively face

