

Supplemental Guide: **Surgical Critical Care** ACGME

January 2022

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Milestones Supplemental Guide

This document provides additional guidance and examples for the Surgical Critical Care Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available on the <u>Resources</u> page of the Milestones section of the ACGME website.

Patient Care 1: Respiratory Failure	
Overall Intent: To evaluate and manage critically ill patients with respiratory failure and dysfunction	
Milestones	Examples
Level 1 Requires direct supervision in basic management of patients with respiratory failure	 Needs prompting to recognize respiratory failure in critically ill patients and initiate appropriate interventions
Level 2 Manages patients with respiratory failure	 Appropriately evaluates respiratory failure and implements and manages the use of supplemental oxygen, non-invasive ventilatory support, and mechanical ventilation in critically ill patients
Level 3 Recognizes the need for and initiates advanced ventilator techniques for patients with respiratory failure	 Evaluates respiratory failure in critically ill patients and recognizes the need for prone positioning or airway pressure ventilation
Level 4 Independently manages patients with respiratory failure, including use of advanced ventilator techniques	 Proficiently assesses critically ill patients with respiratory failure, and competently selects and manages advanced ventilatory support devices and modes
Level 5 Is recognized as a resource or completes a quality improvement or research project regarding management of patients with respiratory failure	 Develops a quality improvement project to implement ventilator weaning guidelines and educates general surgery and other residents rotating in the intensive care unit (ICU) Develops guidelines for the initiation of prone ventilation in critically ill patients
Assessment Models or Tools	 Direct observation and direct supervision Evaluation/feedback from trainees Evaluation from the interprofessional team (advance practice providers, nursing, respiratory therapists)
Curriculum Mapping	•
Notes or Resources	 ARDS [Acute Respiratory Distress Syndrome] Definition Task Force, Ranieri VM, Rubenfeld GD, et al. Acute respiratory distress syndrome: the Berlin Definition. <i>JAMA</i>. 2012;307(23):2526-2533. https://jamanetwork.com/journals/jama/fullarticle/10.1001/jama.2012.5669. 2021. Fan E, Brodie D, Slutsky AS. Acute respiratory distress syndrome: Advances in diagnosis and treatment. <i>JAMA</i>. 2018;319(7):698-710. https://jamanetwork.com/journals/jama/article-abstract/2673154. 2021. Fielding-Singh V, Matthay MA, Calfee CS. Beyond low tidal volume ventilation: Treatment adjuncts for severe respiratory failure in acute respiratory distress syndrome. <i>Crit Care Med</i>. 2018;46(11):1820-1831. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6277052/pdf/nihms-1502549.pdf_2021

Siegel MD. Acute respiratory distress syndrome: Clinical features, diagnosis, and
complications in adults. UpToDate. https://www.uptodate.com/contents/acute-respiratory-
distress-syndrome-clinical-features-diagnosis-and-complications-in-adults. 2021.

Patient Care 2: Nutritional Support Overall Intent: To manage critically ill patients with or at risk of malnutrition	
Milestones	Examples
Level 1 Requires direct supervision in assessment and initial management of nutritional support in critically ill patients	Determines optimal enteral nutrition support with the assistance of a dietician
Level 2 Recognizes the need for nutritional support in critically ill patients but still requires indirect supervision in the assessment and initial management	 Selects formula and rate for enteral nutrition of a critically ill patient with review by dietician or critical care faculty member
Level 3 Independently performs assessment of nutritional needs and initiates nutritional support in critically ill patients	Chooses optimal nutritional support (enteral/parenteral/mixed) for the critically ill patient
Level 4 Independently performs nutritional assessment and manages nutritional support for special populations of critically ill patients, including traumatic brain injury, immunodeficient, extracorporeal membrane oxygenation (ECMO), complex gastrointestinal surgical patients	• Formulates and initiates a plan of nutritional support for a complex general surgery patient with enterocutaneous fistulae
Level 5 Is recognized as a resource or completes a quality improvement or research project in nutritional assessment and support of critically ill patients	 Develops hospital-based nutritional support guidelines for critically ill patients Educates general surgery residents on nutritional assessment and proper initiation and maintenance of nutritional support
Assessment Models or Tools	 Direct observation/supervision Evaluation and feedback by more junior learners Interprofessional team feedback
Curriculum Mapping	
Notes or Resources	 Elke G, van Zanten ARH, Lemieux M, et al. Enteral versus parenteral nutrition in critically -ill patients: An updated systematic review and meta-analysis of randomized controlled trials. <i>Crit Care</i>. 2016;20(1):117. <u>https://ccforum.biomedcentral.com/articles/10.1186/s13054-016-1298-1.2021</u>. McClave SA, Taylor BE, Martindale RG, et al. Guidelines for the provision and assessment of nutrition support therapy in the adult critically-ill patient: Society of Critical Medicine (SCCM) and American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.).

J Parenter Enteral Nutr. 2016;40(2):159-211.
https://aspenjournals.onlinelibrary.wiley.com/doi/full/10.1177/0148607115621863. 2021.
• Singer P, Reintam Blaser A, Berger MM, et al. ESPEN guidelines on clinical nutrition in
the intensive care unit. <i>Clin Nutr</i> . 2019;38(1):48-79.
https://www.clinicalnutritionjournal.com/article/S0261-5614(18)32432-4/fulltext. 2021.

Patient Care 3: Shock/Resuscitation	
Overall Intent: To diagnose and manage patients demonstrating various forms of shock	
Milostonos	Examples
Level 1 Independently recognizes shock and initiates indicated resuscitation in critically ill patients	 Recognizes clinical and laboratory parameters of shock and uses them to manage resuscitation Recognizes hypoperfusion in a septic patient and gives a fluid bolus
Level 2 Individualizes resuscitation based on the type of shock and assessment of the response to therapy, and employs monitoring for critically ill patients	 Identifies septic shock and implements Surviving Sepsis Campaign guidelines in a critically ill patient
Level 3 Employs advanced monitoring techniques to guide resuscitation for critically ill patients, including special patient populations	 Independently determines type of shock and proficiently implements management plan in trauma patient with history of cirrhosis and chronic obstructive pulmonary disease (COPD) Uses bedside ultrasound to evaluate volume status in a critically ill patient with hypotension
Level 4 Performs complex resuscitation, including use of advanced monitoring techniques, particularly in special patient populations	 Employs bedside ultrasound to evaluate cardiac function in a patient in septic shock who has pre-existing cardiac disease
Level 5 <i>Is recognized as a resource or</i> <i>completes a quality improvement or research</i> <i>project or develops a protocol for shock</i> <i>resuscitation</i>	 Instructs residents in the use of advanced ultrasound techniques to evaluate volume status in a hypotensive patient
Assessment Models or Tools	 Direct observation Evaluation from more junior residents in the ICU
Curriculum Mapping	•
Notes or Resources	 Ho VP, Kaafarani H, Rattan R, et al. Sepsis 2019: What surgeons need to know. <i>Surg Infect (Larchmt)</i>. 2020;21(3):195-204. https://www.liebertpub.com/doi/10.1089/sur.2019.126?url_ver=Z39.88-2003𝔯_id=ori:rid:crossref.org𝔯_dat=cr_pub%20%200pubmed. 2021. Nikravan S, Song P, Bughrara N, Díaz-Gómez JL. Focused ultrasonography for septic shock resuscitation. <i>Current Opinion in Critical Care</i>. 2020;26(3):296-302. https://journals.lww.com/co-criticalcare/Abstract/2020/06000/Focused ultrasonography for septic shock.12.aspx.2021.

Surviving Sepsis. Guidelines and Bundles.
https://www.sccm.org/SurvivingSepsisCampaign/Guidelines. 2021.
• Tisherman SA, Barie P, Bokhari F, et al. Clinical practice guideline: Endpoints of
resuscitation. The Journal of Trauma: Injury, Infection, and Critical Care. 2004;57(4):898-
912.
https://journals.lww.com/jtrauma/Fulltext/2004/10000/Clinical_Practice_Guideline_Endpo
ints_of.34.aspx. 2021.

Patient Care 4: Renal Disorders of Critically III Patients Overall Intent: To diagnose and manage acute and chronic renal dysfunction in critically ill patients	
Milestones	Examples
Level 1 Recognizes and categorizes patients with renal disorders	 Initiates fluids for a hypovolemic patient with acute kidney injury and determines response and ongoing fluid needs
Level 2 Initiates treatment of renal disorders based on stage and etiology	 Recognizes the difference in treatment of a patient with prerenal azotemia from hypovolemia versus fluid overload and initiates appropriate treatment Understands the indications for renal replacement therapy and makes a daily determination for a patient's acute renal replacement needs
Level 3 Directs management and assesses response to treatment	 Identifies patients with acute and chronic kidney disease and understands the classification (e.g., Kidney Disease: Improving Global Outcomes (KDIGO); Risk of renal injury, Injury to the kidney, Failure of kidney function, Loss of kidney function, End stage disease (RIFLE); Acute Kidney Injury Network (AKIN)); and management of each
Level 4 Provides comprehensive management of patients with renal disorders, including management of patients requiring renal replacement therapy	 Initiates renal replacement therapy in conjunction with nephrology consultant
Level 5 Recognized by peers as a resource, completes quality improvement or research project regarding management of patients with renal disorders	 Performs quality improvement project for the proper initiation and management of continuous renal replacement therapy in the ICU
Assessment Models or Tools	 Direct observation Evaluation of residents Simulation
Curriculum Mapping	•
Notes or Resources	 Heung M, Yessayan L. Renal replacement therapy in acute kidney injury: Controversies and consensus. <i>Crit Care Clin</i>. 2017;33(2):365-378. https://www.criticalcare.theclinics.com/article/S0749-0704(16)30115-4/fulltext. 2021. Khwaja A. KDIGO clinical practice guidelines for acute kidney injury. <i>Nephron Clin Pract</i>. 2012;120(4):c179-284. https://www.karger.com/Article/FullText/339789. 2021. Koeze J, Keus F, Dieperink W, van der Horst IC, Zijlstra JG, van Meurs M. Incidence, timing and outcome of AKI in critically-ill patients varies with the definition used and the addition of urine output criteria. <i>BMC Nephrol</i>. 2017;18(1):70. https://www.karger.com/Article/FullText/339789. 2021.

Patient Care 5: Trauma and Thermal Injury	
Overall Intent: To evaluate and manage critically injured patients and those with thermal injuries	
Milestones	Examples
Level 1 With direct supervision, initiates appropriate management of the critically injured patient	Requires supervision in assessment and initial management of critically injured patients
Level 2 With indirect supervision, assesses critically injured patients and prioritizes and initiates management	 Initiates the acute management of critically injured patients but receives feedback and validation of plans from faculty members
Level 3 Independently assesses and manages critically injured patients and prioritizes management in the treatment of common injuries and complications	 Leads a trauma resuscitation independently and manages typical operative intervention for a stab wound to the right colon Leads a burn resuscitation independently and manages mechanical ventilation for a patient with smoke inhalation
Level 4 Independently assesses and manages critically injured patients, including treatment of complex injuries and complications through initial evaluation and into the operating room/intensive care unit (ICU)	 Manages complex injuries in a blunt polytrauma patient with competing interests (traumatic brain injury, orthopaedic fractures, abdominal injuries) Manages a patient with thermal and traumatic injuries
Level 5 Is recognized as a resource in the assessment and management of critically injured patients or completes a quality improvement or research project regarding management of critically injured patients	 Recognized by more junior residents for education in trauma management and care of critically injured patients Develops guidelines for intracranial pressure management in the ICU
Assessment Models or Tools	 Consultant feedback Direct evaluation Resident feedback
Curriculum Mapping	•
Notes or Resources	 American Burn Association. Advanced Burn Life Support (ABLS) Provider Manual 2018 Update. Chicago, IL: American Burn Association; 2018. <u>http://ameriburn.org/wp-content/uploads/2019/08/2018-abls-providermanual.pdf</u>. 2021. American College of Surgeons Committee on Trauma. Advanced Trauma Life Support (ATLS) Student Course Manual. 10th ed. Chicago, IL: American College of Surgeons; 2018. <u>https://viaaerearcp.files.wordpress.com/2018/02/atls-2018.pdf</u>. 2021. ISBI Practice Guidelines Committee, Steering Subcommittee, Advisory Subcommittee. ISBI practice guidelines for burn care. Burns. 2016;42(5):953-1021.

https://www.sciencedirect.com/science/article/pii/S0305417916301449?via%3Dihub.
2021.
• ISBI Practice Guidelines Committee, Advisory Subcommittee, Steering Subcommittee. ISBI practice guidelines for burn care, part 2. <i>Burns</i> . 2018;44(7):1617-1706.
https://www.sciencedirect.com/science/article/abs/pii/S0305417918308143?via%3Dihub.
2021.

Patient Care 6: Cardiovascular Disorders of Critically III Patients Overall Intent: To diagnose and manage critically ill patients with cardiac disorders	
Milestones	Examples
Level 1 Requires direct supervision in the	 Diagnoses acute myocardial infarction, dysrhythmias, heart failure but requires direct
assessment and initial management of common	supervision for initial management in the ICU
cardiovascular disorders in critically ill patients	
Level 2 Requires indirect supervision in the	 Initiates treatment and management of dysrhythmias with feedback and validation of
assessment and management of common	plans by faculty members and/or consultants
cardiovascular disorders in critically ill patients	
Level 3 Independently performs assessment	 Evaluates and manages a patient with hypertensive crisis
and manages common cardiovascular disorders	
In childen and anthe diagnages and provides	
comprehensive management of complex	 Appropriately assesses fluid status in a patient with heart failure and evaluates need for diversis or instrumes
comprehensive management of comprex	division of individual terms and monogram and of dividual terms
	• Independently initiates treatment and management of dysmythmas
Level 5 is recognized as a resource of	 Leads a quality improvement initiative within the ICU to develop guidelines for the use of nulmenent extent extents and traine have staff and numing.
completes a quality improvement of critically ill	pulmonary aftery catheters and trains house stall and hursing
project regarding management of childany in patients with cardiovascular disorders	
Assessment Models or Tools	Intraprofessional team feedback
	Consultant feedback
	Besident feedback
Curriculum Mapping	
Notes or Resources	January CT Wann LS Alpert IS et al. 2014 AHA/ACC/HPS guideline for the
	• January CT, Warn LS, Alpen JS, et al. 2014 AnA/ACC/TICS guideline for the management of nations with atrial fibrillation: A report of the American College of
	Cardiology/American Heart Association Task Force on practice guidelines and the Heart
	Rhythm Society J Am Coll Cardiol 2014;64(21);e1–e76
	https://www.jacc.org/doi/full/10.1016/i.jacc.2014.03.022, 2021.
	January CT, Wann LS, Caulkins H, et al. 2019 AHA/ACC/HRS Focused Update of the
	2014 AHA/ACC/HRS guideline for the management of patients with atrial fibrillation: a
	report of the American College of Cardiology/American Heart Association Task Force on
	practice guidelines and the Heart Rhythm Society. J Am Coll Cardiol. 2019;74(1):104-
	132. https://www.ahajournals.org/doi/pdf/10.1161/CIR.000000000000665. 2021.

Patient Care 7: Neurologic Disorders of Critically III Patients	
Overall Intent: To diagnose and manage critically ill patients with neurologic dysfunction	
Milestones	Examples
Level 1 Requires direct supervision to recognize the stages and treatment of coma, delirium, seizures, and other neurologic disorders	 Needs direction for the work-up and management of delirium in critically ill patients Needs close oversight for the work-up and management of the patient with traumatic brain injury
Level 2 Requires indirect supervision to assess and treat patients with coma, delirium, seizures, and other neurologic disorders	 Assesses and manages patients with coma Evaluates and manages patient with traumatic brain injury
Level 3 Independently recognizes and manages multiple etiologies of coma, delirium, and other neurologic disorders	 Initiates an appropriate regimen to decrease the risk of delirium Initiates management for elevated intracranial pressure in patient with traumatic brain injury
Level 4 <i>Provides comprehensive management</i> of multiple etiologies of coma, delirium, seizures, and other neurologic disorders	 Educates ancillary staff and patient's family regarding the concerns for delirium as part of a multidisciplinary approach to management Demonstrates understanding of devastating brain injury and evaluation for brain death
Level 5 <i>Is recognized as a resource or</i> <i>completes a quality improvement or research</i> <i>project regarding management of patients with</i> <i>coma, delirium, seizures, and other neurologic</i> <i>disorders</i>	 Leads a quality improvement initiative to develop guidelines for prevention and treatment of delirium in the ICU
Assessment Models or Tools	 Intraprofessional team feedback Consultant feedback Direct supervision Resident feedback
Curriculum Mapping	•
Notes or Resources	 Brain Trauma Foundation. Guidelines for the Management of Severe TBI, 4th ed. <u>https://braintrauma.org/guidelines/guidelines-for-the-management-of-severe-tbi-4th-ed#/.</u>2021. Como JJ, Diaz JJ, Dunham CM, et al. Practice management guidelines for identification of cervical spine injuries following trauma: Update from the Eastern Association for the Surgery of Trauma Practice Management Guidelines Committee. <i>J Trauma</i>. 2009;67(3):651-659. <u>https://www.east.org/Content/documents/practicemanagementguidelines/EAST%20PMG cervical%20spine_2009.pdf</u>. 2021.

• Devlin JW, Skrobik Y, Gélinas C, et al. Clinical practice guidelines for the prevention and
management of pain, agitation/sedation, delirium, immobility, and sleep disruption in adult
patients in the ICU. Crit Care Med. 2018;46(9):e825-e873.
https://journals.lww.com/ccmjournal/Fulltext/2018/09000/Clinical Practice Guidelines for
the Prevention.29.aspx. 2021.
• Kim DY, Biffl W, Bokhari F, et al. Evaluation and management of blunt cerebrovascular
injury: A practice management guideline from the Eastern Association for the Surgery of
Trauma. J Trauma Acute Care Surg. 2020;88(6):875-887.
https://www.east.org/Content/documents/practicemanagementguidelines/evaluation and
management_of_blunt_cerebrovascular_injury.pdf. 2021.

Patient Care 8: Gastrointestinal Disorders of Critically III Patients Overall Intent: To prevent, diagnose, and manage gastrointestinal disorders in critically ill patients	
Milestones	Examples
Level 1 Requires direct supervision to diagnose and manage acute GI disorders	 Needs direction for the work-up and management of patient with gastrointestinal bleeding
Level 2 Requires indirect supervision to diagnose and manage acute GI disorders	 Initiates treatment for gastrointestinal bleeding seen in critically ill patients
Level 3 Independently diagnoses and manages acute GI disorders	 Works collaboratively with gastroenterology to manage gastrointestinal bleeding in a patient with cirrhosis Determines appropriate intervention in a patient with gastrointestinal bleeding and
	cirrhosis
Level 4 Provides comprehensive management of acute GI disorders	 Manages patients with acute hepatic failure
Level 5 Is recognized as a resource or completes a quality improvement or research project regarding management of patients with acute GI disorders	 Directs residents in the management of a patient with acute hepatic failure
Assessment Models or Tools	 Intraprofessional team feedback Consultant feedback Direct supervision Resident feedback
Curriculum Mapping	•
Notes or Resources	 Nanchal R, Subramanian R, Karvellas CJ, et al. Guidelines for the management of adult acute and acute-on-chronic liver failure in the ICU: Cardiovascular, endocrine, hematologic, pulmonary and renal considerations: Executive summary. <i>Crit Care Med</i>. 2020;48(3):415-419. <u>https://journals.lww.com/ccmjournal/Fulltext/2020/03000/Guidelines for the Management of Adult Acute_and.17.aspx</u>. 2021. Otani S, Coopersmith CM. Gut integrity in critical illness. <i>J Intensive Care</i>. 2019;7(1):17. <u>https://jintensivecare.biomedcentral.com/articles/10.1186/s40560-019-0372-6</u>. 2021. Ye Z, Reintam Blaser A, Lytvyn L, et al. Gastrointestinal bleeding prophylaxis for critically -ill patients: A clinical practice guideline. <i>BMJ</i>. 2020;368:I6722. https://www.bmj.com/content/368/bmj.I6722. 2021.

Patient Care 9: Infectious Diseases of Critically III Surgical Patients Overall Intent: To prevent, diagnose, and manage infections and infectious complications in critically ill patients		
Milestones	Examples	
Level 1 Requires direct supervision to diagnose common infections and infectious complications (e.g. pneumonia, bacteremia)	Needs direction for antibiotic selection for a patient with suspected pneumonia	
Level 2 Demonstrates the ability to diagnose and initiate management for frequently encountered infectious diseases and infectious complications	 Initiates appropriate testing/work-up in patients with concerns for infection Initiate antibiotics for a presumed pneumonia in an appropriate timeframe Understands the necessity and role of source control 	
Level 3 Diagnoses and manages atypical infectious diseases and infectious complications and demonstrates appropriate antimicrobial stewardship	 Tailors antibiotic therapy based on culture results, local antibiograms, and patient condition Demonstrates knowledge of potential complications of indiscriminate antibiotic use including recognition of multi-drug resistant organism Diagnoses and manages a patient with fungemia 	
Level 4 Provides comprehensive management (prevention, diagnosis, and treatment) of infectious diseases, infectious complications, and multi-drug resistant organisms	 Demonstrates ability to manage immunocompromised critically ill patients and understands potential issues with management of this cohort Demonstrates understanding and ability to recognize and manage patients with multi-drug resistant organism 	
Level 5 <i>Is recognized by peers as a resource or completes quality improvement or research project regarding management of an infectious complication</i>	 Promotes antibiotic stewardship program in the ICU Leads a quality improvement project in the ICU on the management of the most common ICU infections 	
Assessment Models or Tools	 Intraprofessional team feedback Consultant feedback Direct supervision Resident feedback 	
Curriculum Mapping	•	
Notes or Resources	 Pickens CI, Wunderink RG. Principles and practice of antibiotic stewardship in the ICU. <i>Chest.</i> 2019;156(1):163-171. <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7118241/</u>. 2021. Sartelli M, Kluger Y, Ansaloni L, et al. Knowledge, awareness, and attitude towards infection prevention and management among surgeons: Identifying the surgeon champion. <i>World J Emerg Surg</i>. 2018;13:37. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6098571/. 2021. 	

Surgical Critical Care. Empiric Antibiotic Use in Critically-III Patients.
http://www.surgicalcriticalcare.net/Guidelines/empiric_antibiotics.pdf. 2021.

Patient Care 1	0: Procedural	Competence
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Overall Intent: To demonstrates progressive knowledge and technical performance of increasingly complex procedures in critically ill patients

Milestones	Examples
Level 1 Requires direct supervision to perform	Performs central venous catheterization with guidance and correctly obtains and
common ICU procedures (e.g., peripheral	interprets post-procedure chest radiograph
arterial or central venous catheterization) and	
recognize complications	Deufermen en statue en ste eterrization with out evidence in a computer athie notion.
procedures	• Performs central venous catheterization without guidance in a coagulopathic patient
procedures	
Recognizes and manages straightforward	Manages a pneumothorax with chest tube insertion as a complication of central venous
procedural complications	catheter insertion
Level 3 Performs routine ICU procedures in	Performs placement of fiberoptic bronchoscopy device and adjusts based on failure to
patients at high risk for procedural complications	capture and correct arrythmia
	Performs cardiac echo for volume assessment
Assesses patients at high risk for procedural	Places a PA catheter
complications and describes management	Performs venous cannulation for initiation of urgent renal replacement therapy
Level 4 Performs specialized ICU procedures	Places a resuscitative endovascular balloon occlusion of the aorta catheter and
(e.g., transvenous pacing, inferior vena cava	appropriately manages the resulting reperfusion injury
niter placement)	
Independently manages procedural	Performs emergency endoscony for bleeding
complications	
Level 5 Independently performs advanced ICU	Independently cannulates a patient for venovenous extracorporeal membrane
procedures (e.g., ECMO, intra-aortic balloon	oxygenation and manages initial support
pump), and appropriately manages their	
complications	
Assessment Models or Tools	Direct observation
	Resident feedback
Curriculum Monning	• Support start member feedback
	•
Notes of Resources	• Keller JM, Steinbach TC, Adamson R, et al. ICU emergencies simulation curriculum for
	https://www.nchi.nlm.nih.gov/pmc/articles/PMC6346282/_2021

• Kelm DJ, Ridgeway JL, Ratelle JT, et al. Characteristics of effective teachers of invasive bedside procedures: A multi-institutional qualitative study. <i>Chest</i> . 2020;158(5):2047-2057. https://journal.chestnet.org/article/S0012-3692(20)31411-2/fulltext. 2021.
Procedural competence includes the following:
\circ airway management (e.g., bag valve mask, supraglottic airways, intubation, surgical
airway)
o bronchoscopy
\circ catheter placement (e.g., arterial, central venous, dialysis access, pulmonary artery)
 chest tubes and thoracentesis
 complex wound care (e.g., fasciotomy, negative pressure therapy, burn wound care) ultrasound evaluation and procedural guidance
SCORE. Module Resources.
https://www.surgicalcore.org/modules.aspx?f_specialties=General+Surgery&f_competenc
<u>v=Patient+Care</u> . 2021.
SCORE. Module Resources.
https://www.surgicalcore.org/modules.aspx?f_specialties=Surgical+Critical+Care+-
+Fellowship+Level&f_moduletype=Operation%2fProcedure. 2021.

Medical Knowledge 1: Pathophysiology, Pharmacology, and Therapeutics in Critical Care Overall Intent: To demonstrate progressive knowledge of pathophysiology and treatment of critical care conditions occurring in surgical patients

Milestones	Examples
Level 1 Demonstrates knowledge of pathophysiology, pharmacology, therapeutics, and complications of common critical care conditions	Demonstrates knowledge of pathophysiology and treatment of patients with sepsis
Synthesizes and prioritizes differential diagnosis for common critical care conditions, with indirect supervision	
Level 2 Demonstrates knowledge of	Demonstrates knowledge of pathophysiology and treatment of patients with acute
pathophysiology, pharmacology, therapeutics,	respiratory distress syndrome
conditions	Demonstrates knowledge of the impact of the following patient factors on the pathophysiology and treatment of surgical conditions:
Synthesizes and prioritizes differential diagnosis for common critical care conditions	 congestive heart failure diabetes liver failure renal failure
Level 3 Synthesizes and applies knowledge of	Demonstrates knowledge of pathophysiology and treatment of patients with abdominal
and complications of complex critical care conditions	 • Understands the comprehensive management of the patient with ARDS
Independently synthesizes and prioritizes differential diagnosis for complex critical care conditions	
Level 4 Serves as a resource for knowledge of pathophysiology, pharmacology, therapeutics, and complications of complex critical care conditions	 Teaches residents pathophysiology and treatment of patients with multi-system organ failure
Synthesizes and prioritizes differential diagnosis and anticipates potential complications for complex critical care conditions	• Synthesizes knowledge of pathophysiology and treatment to patients with multi-system organ failure who have significant underling conditions such as congestive heart failure, chronic renal failure, or hepatic disease

	 Utilizes knowledge of disease process and therapeutics to care for and direct the management of the patient with sepsis-related multi-system organ dysfunction who has COPD and ESRD
Level 5 Advances knowledge of pathophysiology, pharmacology, therapeutics, and complications of complex critical care conditions	 Publishes institutional experience with abdominal compartment syndrome Designs clinical trial Contributes patients to clinical trials
Is recognized by peers as an expert in synthesizing and prioritizing differential diagnosis complex critical care conditions and anticipating potential complications	• Develops an institutional guideline for management of abdominal compartment syndrome
Assessment Models or Tools	Direct observation
	End-of-rotation evaluation
	Morbidity and mortality (M and M) conference
Curriculum Mapping	•

Medical Knowledge 2: Prognosis in Critical Care Conditions		
Overall Intent: To use clinical, laboratory, and radiologic data along with knowledge of current literature to develop appropriate prognoses		
for critically ill patients, allowing for appropriate treatment, goals of care, and communication		
Milestones	Examples	
Level 1 Recognizes clinical course, including prognosis, of common critical care conditions	 Recognizes the application of scoring systems for outcomes of a patient with traumatic brain injury Discusses probability of suprimel, and potential outcomes, in a patient with moderate 	
	• Discusses probability of survival, and potential outcomes, in a patient with moderate traumatic brain injury and communicates that information to the team	
Level 2 Identifies clinical course for patients with complex critical care conditions, including prognostic uncertainty	 Recognizes the increased risk of mortality for a patient with severe traumatic brain injury and discusses the uncertainty of outcomes with patient's family members 	
Level 3 Formulates anticipated clinical course for patients with complex critical care conditions by integrating prognostic factors, tools, and models	 Uses a recognized tool to help the clinical team evaluate the patient's chance of survival with multi-organ system failure Facilitates discussion and institution of palliative care plan 	
Level 4 Facilitates consensus of prognosis for patients with complex critical care conditions in collaboration with other care providers	• Uses clinical data and published literature to help a multidisciplinary team formulate a clinical care plan for a comatose patient with traumatic brain injury and respiratory and renal failure	
Level 5 Advances knowledge of application of tools for prognostication in complex critical care conditions	 Publishes a review article on the prognosis of patients with severe traumatic brain injury 	
Assessment Models or Tools	Direct observation End-of-rotation evaluation	
Curriculum Mapping		
Notes or Resources	 American College of Surgeons. Surgical Palliative Care: A Residents Guide. Chicago, IL: American College of Surgeons; 2009. https://www.facs.org/~/media/files/education/palliativecare/surgicalpalliativecareresidents. ashx. 2021. Goettler CE, Waibel BH, Goodwin J, et al. Trauma intensive care unit survival: How good is an educated guess? J Trauma. 2010;68(6):1279-87. https://pubmed.ncbi.nlm.nih.gov/20539170/. 2021. Raith EP, Udy AA, Bailey M, et al. Prognostic accuracy of the SOFA Score, SIRS Criteria, and qSOFA Score for in-hospital mortality among adults with suspected infection admitted to the intensive care unit. JAMA. 2017;317(3):290-300. https://jamanetwork.com/journals/jama/fullarticle/2598267. 2021. 	

• Raj R, Skrifvars M, Bendel S, et al. Predicting six-month mortality of patients with
traumatic brain injury: Usefulness of common intensive care severity scores. Crit Care.
2014;18(2):R60. https://ccforum.biomedcentral.com/articles/10.1186/cc13814. 2021.

Medical Knowledge 3: Clinical Reasoning in Critical Care		
Overall Intent: To engage in the collection, analysis, and interpretation of clinical information to develop and implement treatment, while also		
recognizing and correcting errors in thought processes		
Milestones	Examples	
Level 1 Demonstrates sound clinical reasoning	 Establishes treatment priorities in the management of critically ill patients 	
in common critical care problems	 Prioritizes common to rare diagnoses in critical care patients 	
Level 2 Identifies errors in clinical reasoning within critical care	 Changes an emergency room diagnosis of sepsis to massive pulmonary embolus by reviewing clinical evidence and correcting bias errors associated with the incorrect diagnosis 	
Level 3 Applies clinical reasoning principles to	 Reassesses a patient with persistent shock on appropriate antibiotics and considers 	
direct patient care in complex critical care problems	adrenal insufficiency when the patient is not responding to therapy	
Level 4 Reviews the clinical decision-making of	• During a team discussion of a trauma patient with cardiogenic shock presenting with low	
oneself and the team to identify areas for improvement	urine output, recognizes that the team anchored on the diagnosis of hypovolemia by the overnight resident	
Level 5 Coaches and mentors others in clinical	Includes common clinical reasoning errors and tools to avoid when presenting a lecture	
reasoning and helps them to recognize and	on the diagnosis and management of shock	
avoid cognitive errors		
Assessment Models or Tools	Direct supervision	
	Feedback of residents and intraprofessional team	
Curriculum Mapping	•	
Notes or Resources	 Hayes MM, Chatterjee S, Schwartzstein RM. Critical thinking in critical care: Five strategies to improve teaching and learning in the intensive care unit. <i>Ann Am Thorac Soc</i>. 2017;14(4):569-575. <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5461985/</u>. 2021. Kaur AP, Levinson AT, Monteiro JFG, Carino GP. The impact of errors on healthcare professionals in the critical care setting. <i>J Crit Care</i>. 2019;52:16-21. <u>https://www.sciencedirect.com/science/article/abs/pii/S0883944118313066</u>. 2021. Royce CS, Hayes MM, Schwartzstein RM. Teaching critical thinking: A case for instruction in cognitive biases to reduce diagnostic errors and improve patient safety. <i>Acad Med</i>. 2019;94(2):187-194. <u>https://journals.lww.com/academicmedicine/Fulltext/2019/02000/Teaching_Critical_Thinking_A_Case_for_Instruction.20.aspx</u>. 2021. SCORE. Module Content. <u>https://www.surgicalcore.org/modulecontent.aspx?id=1000754</u>. 2021. 	

Systems-Based Practice 1: Patient Safety and Quality Improvement (QI)	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients,	
families, and health care professionals, as well a	as conducting a QI project
Milestones	Examples
Level 1 Demonstrates knowledge of common patient safety events	 Knows that a near miss is a patient safety event
Demonstrates knowledge of how to report patient safety events	Knows how to report a near miss
Demonstrates knowledge of basic quality improvement methodologies and metrics	Identifies a root cause analysis as a method for QI
Level 2 Identifies system factors that lead to patient safety events	 Identifies difference between individual and system factors in safety events
Reports patient safety events through institutional reporting systems (simulated or actual)	Reports a medication administration error
Describes local quality improvement initiatives (e.g., infection rate, hand hygiene, opioid use)	• Describes Centers for Medicare and Medicaid Services (CMS) patient safety indicators as a QI marker for their program
Level 3 Participates in analysis of patient safety events (simulated or actual)	Prepares for M and M presentations
Participates in disclosure of patient safety events to patients and their families (simulated or actual)	 Has participated in discussions with patients and/or families about a medication administration error
Participates in local quality improvement initiatives	Participates in a root cause analysis group
Level 4 Conducts analysis of patient safety events and offers error prevention strategies (simulated or actual)	Collaborates with a team to lead the analysis of a medication administration error
Discloses patient safety events to patients and their families (simulated or actual)	 Leads communications with patients/families about a medication administration error events in a simulated situation

Demonstrates the skills required to identify, develop, implement, and analyze a quality improvement project	 Has initiated and completed a QI project using the CMS patient safety indicators, including communication with stakeholders
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	Leads process to reduce medication administration errors
Mentors others in the disclosure of patient safety events	Creates an error disclosure simulation for residents
Creates, implements, and assesses quality improvement initiatives at the institutional or community level	Leads a multidisciplinary team focused on fall prevention
Assessment Models or Tools	 Direct observation E-learning module with assessment Medical record (chart) audit M and M conference Portfolio Reflection Simulation
Curriculum Mapping	•
Notes or Resources	 ACS. Quality In-Training Initiative (QITI). <u>https://qiti.acsnsqip.org/qiti/</u>. 2021. Institute of Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u>. 2021.

Systems-Based Practice 2: System Navigation for Patient-Centered Care		
Overall Intent: To effectively havigate the health care system, including the interdisciplinary team and other care providers, to adapt care to a specific patient population to ensure high quality patients autoemen, particularly in critically ill patients.		
Milestones	Fxamples	
Level 1 Demonstrates knowledge of indications	Identifies the members of the interprofessional team and describes their roles	
and resources for care coordination		
Performs safe and effective transitions of	 Performs an effective hand-off of care of an intubated patient 	
care/hand-offs in routine clinical situations		
Level 2 Coordinates multidisciplinary care of	• Contacts interprofessional team members, such as social workers and consultants	
Performs safe and effective transitions of	Performs an effective hand-off of a patient in septic shock	
care/hand-offs in complex clinical situations		
Level 3 Coordinates and/or leads	• For the critically ill patient, the fellow coordinates a multidisciplinary team and prioritizes	
multidisciplinary care of patients in complex	peri-operative management	
critical care situations		
Supervises safe and effective transitions of	• Supervises the team in transition of care and hand-offs of care during trauma and	
care/hand-offs of junior residents	emergency surgery	
Level 4 Coordinates care of patients with	• Directs post-hospital care of homeless person with complex surgical illness such as	
barriers to health care access or other	perforated viscus with post-ICU syndrome	
disparities in care	 Provides efficient hand-off of care from the ICU to a rehabilitation center 	
Deschase conflicts in transitions of core between		
teams	Resolves conflicts between teams for operative prioritization in a patient with multiple	
Level 5 Leads the design and implementation of	Injuries	
improvements to care coordination	• Takes a leadership fole in designing and implementing changes to improve the care	
Leads in the design and implementation of	Creates innovative hand-off of care tools	
improvements to transitions of care		
Assessment Models or Tools	Direct observation	
	Multisource feedback	
Curriculum Monning	Keview of hand-off checklists between units	
Notes or Resources	Ageney for Healtheare Research and Quality, https://www.chrg.gov/. 2021	
NOLES OF RESOURCES	• Agency for meaningare Research and Quality. <u>https://www.anrq.gov/</u> . 2021.	

• Team STEPS/I PASS

Systems-Based Practice 3: Community and Population Health Overall Intent: To adapt care to a specific patient population to ensure high-quality patient outcomes, with emphasis on the ICU environment

Milestones	Examples
Level 1 Demonstrates knowledge of population	Identifies that patients in different socioeconomic circumstances may have different
and community health needs and disparities	abilities to access health care once discharged from the ICU
	 Identifies that patients in different socioeconomic circumstances may have different comorbidities due to a lack of access to health care
Level 2 Identifies specific population and	Identifies that geographic remoteness may be a factor in how patients receive health care
community health needs and inequities for the	Identifies that patients in urban neighborhoods have an increased risk for penetrating
local population	trauma
	Identifies socioeconomic status as a risk for specific types of injuries or illness
Level 3 Uses local resources effectively to meet the needs of a patient population and	 Identifies and understands local resources available for discharge and support of patient without defined housing
community	 Identifies socioeconomic factors impacting patient's ability to access rehabilitation services and/or follow-up and potential alternatives
Level 4 Participates in changing and adapting	Assists in designing outreach program for post-discharge recovery
practice to provide for the needs of specific	Assists to design protocols for procedural sedation in patients with opioid use disorders
populations	
Level 5 Leads innovations and advocates for	Leads development of a project to enable greater access to in-person interpreters in the
populations and communities with health care inequities	hospital
Assessment Models or Tools	Checklists
	Direct observation
	Medical record (chart) audit
	Multisource feedback
Curriculum Mapping	•
Notes or Resources	 CDC. Population Health Training in Place Program (PH-TIPP)
	https://www.cdc.gov/pophealthtraining/whatis.html. 2021.
	• Skochelak SE, Hawkins RE, Lawson LE, Starr SR, Borkan J, Gonzalo JD. <i>Health</i>
	Systems Science. 1st ed. Philadelphia, PA: Elsevier; 2016. ISBN:9780702070372.
	TissuePathology. In Pursuit of Patient-Centered Care.
	https://tissuepathology.com/2016/03/29/in-pursuit-of-patient-centered-
	Care/#axzzbe/nosAns. 2021.

Systems-Based Practice 4: Physician Role in Health Care Systems		
Overall Intent: To understand the surgeon's role in the complex health care system, and how to optimize the system to improve patient care		
and the health system's performance, with partic	cular emphasis on the ICU environment	
Milestones	Examples	
Level 1 Describes basic health payment systems, including government, private, public, and uninsured care, as well as different practice models	 Describes payment systems, such as Medicare, Medicaid, the Veterans Affairs (VA), and commercial third-party payors 	
Describes and identifies administrative roles in a surgical critical care unit	 Understands the leadership structure of the ICU in relationship to the hospital environment 	
Level 2 Describes how working within the health care system impacts patient care	 Understands how improving patient satisfaction improves patient compliance Applies knowledge of health plan features, including formularies and network requirements, in patient care situations 	
Identifies the key components and responsibilities of an ICU director for administration for a surgical critical care unit	 Identifies interdisciplinary teamwork, establishment of policies and procedures for the unit, conflict resolution, coordination of resources and service line evaluation, integration with other disciplines/service lines within the institution 	
Level 3 Analyzes how personal practice affects the system	 Understands, accesses, and analyzes their own individual performance data; relevant data may include: incidence of hospital acquired infections, in patients on the trauma service, compared to benchmarks patient satisfaction data percentage of intubated patients the fellow managed who had an appropriate "ventilator bundle" implemented 	
Demonstrates knowledge of administrative leadership activities for the surgical critical care unit	 Understands how the ICU medical director and nurse manager collaborate to improve patient care 	
Level 4 Uses shared decision making in patient care, taking into consideration patient risks and benefits	 Leads discussion with patients/family regarding goals of care at the end of life 	
Participates in key activities of administrative leadership for surgical critical care unit	Joins a unit based clinical leadership committee	

Level 5 Advocates or leads change to enhance systems for high-value, efficient, and effective patient care	Develops an order set to reduce unneeded laboratory tests
Demonstrates proficiency in administrative leadership, including knowledge of regulatory	Uses established national guidelines to reduce order duplication and unnecessary lab testing and imaging to enhance trajectory of patient care
requirements	 Participates with institutional recertification processes
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Multiple choice test
	Multisource feedback
	Quality Improvement project
Curriculum Mapping	•
Notes or Resources	 Agency for Healthcare Research and Quality. Measuring the Quality of Physician Care. https://www.ahrq.gov/professionals/quality-patient- safety/talkingquality/create/physician/challenges.html. 2021. Agency for Healthcare Research and Quality. Major Physician Measurement Sets. https://www.ahrq.gov/professionals/quality-patient- safety/talkingquality/create/physician/measurementsets.html. 2021. The Commonwealth Fund. Health System Data Center. https://datacenter.commonwealthfund.org/#ind=1/sc=1. 2021. Dzau VJ, McClellan M, Burke S, et al. Vital directions for health and health care: priorities form a national academy of medicine initiative. JAMA. 2017;317(14):1461-1470. https://nam.edu/vital-directions-for-health-health-care-priorities-from-a-national-academy- of-medicine-initiative/. 2021. The Kaiser Family Foundation. www.kff.org. 2021. The Kaiser Family Foundation. Topic: Health Reform. http://kff.org/health-reform/. 2021. The National Academy for Medicine. Vital Directions for Health and Health Care: A Policy Initiative of the National Academy for Medicine. https://nam.edu/initiatives/vital-directions- for-health-and-health-care/, 2021.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice Overall Intent: To evaluate and incorporate evidence, integrated with patient values, into clinical practice with emphasis on the ICU environment

Milestones	Examples
Level 1 Demonstrates how to access and use available evidence, and incorporate patient preferences and values into the care of critically ill patients	 Performs a literature review on indications and benefits of high-flow nasal cannula to reduce the need for intubation and mechanical ventilation
Level 2 Articulates clinical questions and uses scientific literature, guidelines, and algorithms integrated with patient preference to guide care of critically ill patients	 A trauma patient who refuses blood products and the fellow performs a targeted literature review looking at outcomes for different treatment approaches Performs a targeted literature review of different treatment approaches for management of the trauma patient who refuses blood products
Level 3 Locates and applies the best available evidence, integrated with patient preference, to the care of critically ill patients with complex conditions	 Performs a literature review and evaluates and implements published guidelines for transfusion threshold in critically ill patients
Level 4 Critically appraises and applies evidence, even in the face of uncertain and/or conflicting evidence, to guide care of critically ill patients	• Leads a journal club on the timing of renal replacement therapy during critical illness
Level 5 Coaches others to critically appraise and apply evidence to the care of critically ill patients with complex conditions, and/or participates in the development of guidelines	 Presents a review of available evidence to a hospital guidelines committee to advocate for the use of thromboelastogram in the management of trauma patients Develops a guideline based on a series of research articles on the controversial topic of steroid use in acute respiratory distress syndrome
Assessment Models or Tools	Direct observation Multisource feedback
Curriculum Mapping	•
Notes or Resources	 The ABIM Foundation. Choosing Wisely. <u>http://www.choosingwisely.org/</u>. 2021. American College of Physicians. High Value Care. <u>https://www.acponline.org/clinical-information/high-value-care</u>. 2021. Costs of Care. <u>https://costsofcare.org/</u>. 2021. Dartmouth-Hitchcock. Center for Shared Decision Making. <u>https://med.dartmouth-hitchcock.org/csdm_toolkits.html</u>. 2021.

Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth		
Overall Intent: To become a lifelong learner and incorporate learning, feedback, and outcomes into practice and develop clear objectives		
and goals for improvement in a personalized for	m of a learning plan	
Milestones	Examples	
Level 1 Establishes goals for personal and	Identifies need to improve through self-reflection	
professional development	Seeks ways to improve	
	Uses a self-assessment tool to identify opportunities for improvement	
Level 2 Identifies opportunities for performance	Identifies low Multidisciplinary Critical Care Knowledge Assessment Program (MCCKAP)	
improvement; designs a learning plan	score below their expectation and creates a study plan	
	Uses simulation to improve endotracheal intubations	
Level 3 Integrates performance feedback and	 Incorporates expert feedback to further improve intubations for difficult airways 	
practice data to develop and implement a	Meets with a mentor in an ongoing basis to maintain preparation for American Board of	
learning plan	Surgery Surgical Critical Care certifying examination	
Level 4 Revises learning plan for personal	Seeks a new area for learning if previous plan is completed successfully, such as	
growth based on performance data	improving critical care echocardiography skills	
	• Improves endotracheal intubation skills but continues to work on fiber optic skills after self-	
	reflection and feedback	
Level 5 Coaches others in the design and	 Independently identifies and coaches residents struggling with technical skills 	
Implementation of learning plans		
	Monter/epoch evolution of loorning plan	
	Multisourse feedback	
Curriculum Manning		
	Device AF, Device D, Friedender D, Oemersie O, Histo Dt, Devicin of commutations	
Notes of Resources	• Burke AE, Benson B, Englander R, Carraccio C, Hicks PJ. Domain of competence:	
	S54 https://www.acadomicpodsipl.pot/articlo/S1876.2850(12)00222.1/pdf.2021	
	• Hojat M. Veloski, H. Connella, IS. Measurement and correlates of physicians' lifelong	
	learning Academic Medicine 2009;84(8):1066-1074	
	https://journals.lww.com/academicmedicine/fulltext/2009/08000/Measurement_and_Correl	
	ates of Physicians Lifelong.21.aspx. 2021.	
	• Lockspeiser TM. Schmitter PA. Lane JL. Hanson JL. Rosenberg AA. Park YS. Assessing	
	residents' written learning goals and goal writing skill: validity evidence for the learning	
	goal scoring rubric. Academic Medicine. 2013;88(10):1558-1563.	
	https://journals.lww.com/academicmedicine/fulltext/2013/10000/Assessing Residents W	
	ritten Learning Goals and 39. aspx. 2021.	

Professionalism 1: Ethical Principles Overall Intent: To recognize relevant ethical principles and apply them in practice, and use appropriate resources for managing ethical dilemmas

Milestones	Examples
Level 1 Demonstrates knowledge of the ethical	• Discusses the basic principles underlying ethics and professionalism, and how they apply
principles underlying informed consent,	in various situations
surrogate decision making, advance directives,	Identifies a surrogate decision maker for impaired patients
confidentiality, error disclosure, stewardship of	
limited resources, and related topics	
Level 2 Analyzes straightforward situations	• Teaches team members the basic principles of ethics, the elements of informed consent,
using ethical principles	and the importance of maintaining confidentiality in public spaces
Level 3 Recognizes need to seek help in	Obtains institutional guidance on obtaining consent for blood transfusion in pediatric
managing and resolving complex ethical	Jehovah's Witness patient
situations	 Analyzes difficult real or hypothetical ethics case scenarios or situations, recognizes own limitations
Level 4 Independently recognizes and uses	Manages a near miss or sentinel event in a multidisciplinary fashion
appropriate resources for managing and	• Identifies and addresses the ethical dilemmas of performing procedures in patients with a
resolving ethical dilemmas as needed	do not resuscitate order
	 Recognizes and manages situations of medical futility
	Resolves goals of care conflicts between family members
Level 5 Identifies and seeks to address system-	Identifies and seeks to address system-wide factors or barriers to promoting a culture of
level factors that induce or exacerbate ethical	ethical behavior through participation in a root cause analysis review committee
problems or impede their resolution	
Assessment Models or Tools	Direct observation
	Global evaluation
	Multisource feedback
	Simulation
Curriculum Mapping	•
Notes or Resources	American Medical Association. Ethics. <u>https://www.ama-assn.org/delivering-care/ama-</u>
	<u>code-medical-ethics</u> . 2021.
	 American College of Surgeons. Code of Professional Conduct.
	https://www.facs.org/about-acs/statements/stonprin#code. 2021.
	• Ferreres AR, Angelos P, Singer EA. Ethical Issues in Surgical Care. American College of
	Surgeons. https://www.facs.org/Education/Division-of-Education/Publications/Ethical-
	Issues-in-Surgical-Care. 2021.
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• Taylor LJ, Nabozny MJ, Steffens NM, et al. A framework to improve surgeon
communication in high-stakes surgical decisions: Best case/worst case. JAMA Surg.
2017;152(6):531-538. <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5479749/</u> . 2021.

Professionalism 2: Professional Behavior and Accountability	
Overall Intent: To take responsibility for one's actions, and the impact of them on patients and other members of the health care team, and	
recognize the limits of one's own knowledge and	d skill
Milestones	Examples
Level 1 Describes when and how to	 Knows how to report unprofessional behavior at the institution
appropriately report lapses in professional behavior	 Apologizes to team member(s) for unprofessional behavior without prompting
Recognizes limits in one's own knowledge/skills and seeks help	 Asks for help to perform a procedure that is unfamiliar or uncomfortable
Level 2 Takes responsibility for one's own	Communicates expectations for professional behavior to other team members
professional behavior	 Promotes graduated responsibility for team members based on their skill/knowledge base
Recognizes limits in the team's knowledge/skills and seeks help	 Aids more junior residents struggling with performing procedures
Level 3 Demonstrates professional behavior in complex or stressful situations and reports lapses in professional behavior	 Asks for help after attempting a difficult procedure without success
Exhibits appropriate confidence and self- awareness of limits in knowledge/skills	 Asks for help leading family meeting where withdrawal of life-sustaining treatment will be discussed
Level 4 Intervenes to prevent and correct lapses	 Recognizes fatigue in team members and takes action to mitigate it
in professional behavior in oneself and others	 Intervenes to address unprofessional behavior in other team members
Aids junior learners in recognition of limits in knowledge/skills	• Reports harassment of students and residents to appropriate institutional official
Level 5 Coaches others when their behavior fails to meet professional expectations	 Coaches others on how to avoid conflict with team members
Assessment Models or Tools	Compliance with deadlines and timelines
	Direct observation
	Multisource feedback
	Simulation
Curriculum Mapping	•
Notes or Resources	American College of Surgeons. Code of Professional Conduct.
	https://www.facs.org/about-acs/statements/stonprin#code. 2021.
	Code of conduct from institutional manual

Professionalism 3: Self-Awareness and Help-Seeking Overall Intent: To identify, use, manage, improve, and seek help for personal and professional well-being for self and others		
Milestones	Examples	
Level 1 Identifies the institutional resources available to manage personal, physical, and emotional health	 Completes institutional-learning module(s) related to fatigue management Shows how to access an institutional crisis line 	
Demonstrates knowledge of the principles of physician well-being and fatigue mitigation	Requests time off for medical or dental appointment	
Level 2 Monitors personal health and wellness and appropriately mitigates fatigue and/or stress	• Tracks work hours and adjusts schedule to comply with work hours and reduce fatigue	
Manages personal time and assures fitness for duty	Has a regular wellness program	
Level 3 Promotes healthy habits and creates an emotionally healthy environment for colleagues	 Ensures more junior residents leave the hospital at an appropriate time 	
Models appropriate management of personal health issues, fatigue, and stress	 Pro-actively communicates with team and stays home when ill 	
Level 4 Recognizes and appropriately addresses signs and symptoms of burnout, depression, suicidal ideation, potential for violence, and/or substance abuse in other members of the health care team	Brings concerns about other team members to the program director	
Proactively modifies schedules or intervenes in other ways to assure that those caregivers	 Arranges for a resident to take a day off if the resident is fatigued and/or approaching clinical and educational work hour limits 	
under one's supervision maintain personal wellness and do not compromise patient safety	 Arranges resident schedules to ensure residents have appropriate time off such as one day off in seven 	
Level 5 Coaches others when emotional responses or limitations in knowledge/skills do not meet professional expectations	 Leads a mindfulness or wellness program with residents and/or staff members Organizes program activities to improve well-being 	
Assessment Models or Tools	 Direct observation Group interview or discussions for team activities Individual interview 	

	 Institutional online training modules Participation in institutional well-being programs Self-assessment and personal learning plan
Curriculum Mapping	•
Notes or Resources	 This subcompetency is not intended to evaluate a fellow's well-being. Rather, the intent is to ensure that each fellow has the fundamental knowledge of factors that affect well-being, the mechanisms by which those factors affect well-being, and available resources and tools to improve well-being. ACGME. "Well-Being Tools and Resources." <u>https://dl.acgme.org/pages/well-being-tools-resources</u>. Accessed 2022. Local resources, including Employee Assistance Programs National Academy of Medicine. Clinician Resilience and Well-being. 2021.

Interpersonal and Communication Skills 1: Patient and Family-Centered Communication

Overall Intent: To deliberately use language and behaviors to form a therapeutic relationship with a patient and his or her family; to use self-reflection to recognize and avoid personal biases in the doctor-patient relationship; and to organize and lead communication around shared decision making

Milestones	Examples
Level 1 Communicates with patients and their families in an understandable and respectful	• Self-monitors and controls tone, non-verbal responses, and language during patient interview
manner	Asks questions to invite the patient's participation
	• Accurately communicates their role to patients and families, and identifies common communication barriers (e.g., loss of hearing, language, aphasia) in patient and family encounters
Provides timely updates to patients and their families	 Updates patients and patients' families on changing conditions in a timely fashion Provides patients with routine follow-up information (e.g., wrist x-ray obtained earlier in the day is normal, hematocrit is stable, etc.)
Level 2 Customizes communication, avoiding personal biases and communication barriers, with patients and families	 Identifies complex communication barriers (e.g., culture, religious beliefs, health literacy) in patient and family encounters
Actively listens to patients and their families to elicit preferences and expectations	• Leads a discussion about acute pain management with the patient and the family, reassessing the patient's and family's understanding and anxiety
Level 3 Delivers complex and difficult information to patients and their families	• Coordinates the therapeutic relationship with a challenging patient (e.g., angry, non- compliant)
	• Acts to mitigate identified communication barriers, including reflection on implicit biases (e.g., preconceived ideas about patients of certain race or weight)
Uses shared decision making to make a	Acknowledges uncertainty in a patient's medical complexity and prognosis
personalized care plan	• Independently engages in shared decision making with the patient and family members, including a recommended acute pain management plan to align a patient's unique goals with treatment options
Level 4 Facilitates difficult discussions specific to patient and patient's family needs	Facilitates family conference when family members disagree about the goals of care
Effectively negotiates and manages conflict among patients, their families, and the health care team	Negotiates care management with all parties around medically ineffective therapies

Level 5 Coaches others in the facilitation of	Mentors/coaches and supports colleagues in self-awareness and reflection to promote	
crucial conversations	communication	
Coaches others in conflict resolution	Creates a curriculum to teach conflict resolution in family conferences	
Assessment Models or Tools	Direct observation	
	Kalamazoo Essential Elements Communication Checklist (Adapted)	
	Mini-clinical evaluation exercise	
	Multisource feedback	
	Self-assessment including self-reflection exercises	
	Standardized patients or structured case discussions	
Curriculum Mapping	•	
Notes or Resources	American Academy of Hospice and Palliative Medicine. Hospice and Palliative Medicine Competencies Project. <u>http://aahpm.org/fellowships/competencies#competencies-toolkit</u> . 2021.	
	ACS. Communicating with Patients about Surgical Errors and Adverse Outcomes. <u>https://web4.facs.org/ebusiness/ProductCatalog/product.aspx?ID=229</u> . 2021.	
	ACS. Disclosing Surgical Error Vignettes.	
	https://web4.facs.org/ebusiness/ProductCatalog/product.aspx?ID=157. 2021.	
	• Baile WF, Buckman R, Lenzi R, et al. SPIKES - a six-step protocol for delivering bad news: application to the patient with cancer. <i>Oncologist</i> . 2000;5:302-311.	
	https://theoncologist.onlinelibrary.wiley.com/doi/full/10.1634/theoncologist.5-4-	
	• Laidlaw A. Hart J. Communication skills: an essential component of medical curricula	
	Part I: Assessment of clinical communication: AMEE Guide No. 51 Med Teach	
	2011:33(1):6-8. https://www.tandfonline.com/doi/full/10.3109/0142159X.2011.531170.	
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	Makoul G. The SEGUE Framework for teaching and assessing communication skills.	
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	2021.	
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	https://pubmed.ncbi.nlm.nih.gov/11299158/. 2021.	
	• O'Sullivan P, Chao S, Russell M, Levine S, Fabiny A. Development and implementation of	
	an objective structured clinical examination to provide formative feedback on	
	communication and interpersonal skills in geriatric training. <i>J Am Geriatr Soc.</i>	

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<u>5415.2008.01860.x</u> . 2021.
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communication skills and professionalism in residents. BMC Med Educ. 2009;9:1.
https://bmcmededuc.biomedcentral.com/articles/10.1186/1472-6920-9-1. 2021.
SCORE modules
Team STEPS

Interpersonal and Communication Skills 2: Interprofessional and Team Communication		
Overall Intent: To effectively communicate with the multidisciplinary health care team, including consultants, in both straightforward and		
complex situations, with particular emphasis on the ICU setting		
Milestones	Examples	
Level 1 Clearly and concisely requests and	Informs consult service of the recommendation	
responds to a consultation	Allows others to express their opinions	
Uses language that values all members of the	 Politely accepts requests for consult in the emergency department 	
health care team	Consistently uses inclusive language	
Level 2 Verifies understanding of	 Uses closed-loop communications and restating to verify emergency department 	
recommendations when providing or receiving a	understands plan or consult recommendations	
consultation		
Communication information officially to all		
Communicates information ellectively to all	Asks for specialist consultation in complex diabetes management	
Solicits feedback on performance as a member	Specifies urgeney of consult request	
of the health care team	• Specifies digency of consult request	
Level 3 Coordinates recommendations from	• Leads a complex trauma resuscitation, using closed-loop communication, to ensure each	
different members of the health care team to	patient care task is assigned and completed	
optimize patient care	Leads a team debrief after a patient death	
Uses active listening to adapt communication	Demonstrates active listening by asking team members about their concerns and	
style to fit team needs	questions during patient rounds	
Communicates concerns and provides feedback		
to neers and learners	Respectfully provides feedback to medical students about their presentations during	
Level A Resolves conflict within the	Morning rounds	
interdisciplinary team	• Negotiates with other clinical services to optimize care for a complex medical patient with	
	Surgical issues	
Maintains effective communication in a crisis	Identifies then mentors/coaches more junior resident to improve communication skills	
situation	within the team	
	• Deciding with the neurosurgery team when a patient with multiple system injuries can	
	appropriately be taken to the operating room for spinal stabilization	

Interpersonal and Communication Skills 3: Communication within Health Care Systems

Overall Intent: To develop skills and behaviors that allows the resident to communicate effectively within the context of a health care system

Milestones	Examples
Level 1 Verifies and accurately records current	Creates an accurate, original note containing the reading of a pre-operative
and relevant information in the patient's chart	echocardiography report, and concisely summarizes the assessment and plan to proceed with the planned operation
Level 2 Concisely documents diagnostic and	Documents the basic information of a pre-operative echocardiogram for a patient with mild approximately a pre-operative antimization incorporating a plan for terrested
patient course for common conditions	volume resuscitation as needed
Level 3 Concisely documents diagnostic and	• Documents the interpretation and implications of the preoperative echocardiogram in a
therapeutic reasoning, accurately reflecting patient course for complex conditions	patient with sepsis and severe aortic stenosis and clearly lays out a plan for volume status, heart rate management and intra-operative transesophageal echocardiogram
Level 4 Concisely documents diagnostic and therapeutic reasoning, accurately reflecting patient course for all conditions while satisfying institutional billing needs and compliance	• Crafts a note with details of assessment and plan for patient with metastatic cancer but reasonable quality of life and anticipated life expectancy; communicates with the surgical attending and relevant medical teams as well as the anesthetic team to coordinate appropriate expectations peri-operatively; documents the wishes of the patient not to have a tracheostomy if prolonged ventilator support is needed, and codes the encounter with the appropriate evaluation and management elements
Level 5 Mentors others in documenting	Mentors/coaches colleagues how to improve clinical notes, including terminology, billing
diagnostic and therapeutic reasoning, and	compliance, conciseness, and inclusion of all required elements
accurately renecting patient course	 Monitors and educates learners of Health Insurance Portability and Accountability Act (HIPAA)-compliant electronic communication (e.g., texting)
Assessment Models or Tools	Chart stimulated recall
	Direct observation
	Medical record (chart) audit
Ourriedour Manufact	Multisource feedback
	•
Notes or Resources	 Bierman JA, Hutmeyer KK, Liss DT, Weaver AC, Heiman HL. Promoting responsible electronic documentation: validity evidence for a checklist to assess progress notes in the electronic health record. <i>Teach Learn Med.</i> 2017;29(4):420-432. https://www.tandfonline.com/doi/abs/10.1080/10401334.2017.1303385?journalCode=htlm20.2021. U.S. Department of Health & Human Services. Health Information Privacy.
	HHS.gov/hipaa. 2021.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are where the subcompetencies are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Respiratory Failure	PC1: Respiratory Failure
PC2: Nutritional Support	PC2: Nutritional Support
PC3: Shock/Resuscitation	PC3: Shock/Resuscitation
PC4: Acute Kidney Injury	PC4: Renal Disorders of Critically III Patients
PC5: Trauma and Burns	PC5: Trauma and Thermal Injury
PC6: Cardiac Disorders of Critically-III Patients	PC6: Cardiovascular Disorders of Critically III Patients
PC7: Neurologic Disorders of Critically-III Patients	PC7: Neurologic Disorders of Critically III Patients
PC8: Gastrointestinal (GI) Disorders of Critically-III Patients	PC8: Gastrointestinal Disorders of Critically III Patients
PC9: Infectious Diseases of Critically-III Surgical Patients	PC9: Infectious Diseases of Critically III Surgical Patients
PC10: Procedural Competence*	PC10: Procedural Competence
MK1: Respiratory Failure (Ventilator-Associated Events)	MK1: Pathophysiology, Pharmacology, and Therapeutics in Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK2: Nutritional Support	MK1: Pathophysiology, Pharmacology, and Therapeutics in Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK3: Shock/Resuscitation	MK1: Pathophysiology, Pharmacology, and Therapeutics in
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK4: Acute Kidney Injury	MK1: Pathophysiology, Pharmacology, and Therapeutics in
······································	Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK5: Trauma and Burns	MK1: Pathophysiology, Pharmacology, and Therapeutics in
	Critical Care

	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK6: Cardiac Disorders of Critically-III Patients	MK1: Pathophysiology, Pharmacology, and Therapeutics in
	Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK7: Neurologic Disorders of Critically-III Patients	MK1: Pathophysiology, Pharmacology, and Therapeutics in
	Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK8: GI Disorders of Critically-III Patients	MK1: Pathophysiology, Pharmacology, and Therapeutics in
	Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
MK9: Infectious Diseases of Critically-III Surgical	MK1: Pathophysiology, Pharmacology, and Therapeutics in
Patients	Critical Care
	MK2: Prognosis in Critical Care Conditions
	MK3: Clinical Reasoning in Critical Care
SBP1: Administrative Responsibility	SBP1: Patient Safety and Quality Improvement (QI)
SBP2: Coordination and Transitions of Care	SBP2: System Navigation for Patient-Centered Care
	SBP3: Community and Population Health
	SBP4: Physician Role in Health Care Systems
PBLI1: Improvement of Care	PBLI1: Evidence-Based and Informed Practice
	SBP1: Patient Safety and Quality Improvement
PBLI2: Teaching	
PBLI3: Self-Directed Learning	PBLI2: Reflective Practice and Commitment to Personal Growth
PROF1: Professionalism and Personal Behavior	PROF2: Professional Behavior and Accountability
PROF2: Ethical Issues in Critically-III Patients	PROF1: Ethical Principles
PROF3: Personal Responsibility	PROF2: Professional Behavior and Accountability
PROF4: Healthy Work Environment	PROF3: Self-Awareness and Help-Seeking
ICS1: Effective Communication with Patients and	ICS1: Patient- and Family-Centered Communication
Families	
ICS2: Effective Communication with the HealthCare	ICS2: Interprofessional and Team Communication
Team	
	ICS3: Communication within Health Care Systems

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - <u>https://meridian.allenpress.com/jgme/issue/13/2s</u>

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: <u>https://www.acgme.org/residents-and-fellows/the-acgme-for-residents-and-fellows/</u>

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: https://www.acgme.org/milestones/research/

- Milestones National Report, updated each fall
- *Milestones Predictive Probability Report,* updated each fall
- *Milestones Bibliography*, updated twice each year

Developing Faculty Competencies in Assessment courses - <u>https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/</u>

Assessment Tool: Direct Observation of Clinical Care (DOCC) - <u>https://dl.acgme.org/pages/assessment</u>

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - <u>https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation</u>

Remediation Toolkit - https://dl.acgme.org/courses/acgme-remediation-toolkit

Learn at ACGME has several courses on Assessment and Milestones - <u>https://dl.acgme.org/</u>