Course Overview
The ACGME’s long-standing Leadership Skills Training Program for Chief Residents has been adapted into a virtual format introducing leadership models that provide a transitional experience into the role of chief resident. The virtual course consists of small-group breakout sessions providing chief residents the tools, skills, and learning opportunities to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and leader.

Program Information
Registration Fee: $450
Fee covers online assessments, handouts, and access to the course syllabus at the conclusion of the program.

ACGME Faculty
Maureen “Mo” G. Leffler, DO, MPH
Course Director, Department of Education; Chief Wellness Officer, Nemours Children’s Health System; Pediatric Rheumatologist, Nemours, Al duPont Hospital for Children; Clinical Assistant Professor of Pediatrics, Thomas Jefferson University

Faculty members from the University of Colorado, Denver and Washington University School of Medicine co-facilitate the sessions.

2021 LEADERSHIP SKILLS TRAINING PROGRAM FOR CHIEF RESIDENTS

This workshop is open to chief residents from all specialties. Each workshop includes 90-minute weekly sessions over seven weeks and is limited to 60 participants.

Course Dates: Friday Mornings
9:00-10:30 a.m. Central
May 7, 14, 21, 28
June 4, 11, 18

REGISTER HERE!

Registration and Participation Information
Registered participants are expected to attend all seven sessions via Zoom. Participants are encouraged to block off 15 minutes before and after each session on their calendars to ensure they arrive on time and are prepared to be engaged for the full 90-minute session. There will be no breaks during each session. Participants must have a device equipped with a camera and microphone, as video and audio capability are a prerequisite for participation. Participation by phone is not permissible.

Registration Deadline: April 5, 2021

Email questions to Ann Riley: ariley@acgme.org.

Cancellation Policy
Cancellations made before March 31 will receive a refund minus a $50 processing fee. After March 31, no refunds will be given. Email registration@acgme.org to cancel.

Paying for Registration
The ACGME accepts Visa, MasterCard, AMEX, and Discover. Once credit card payment is made, a registration email and receipt will automatically be sent to the email address associated with the registration.
Agenda Topics and Objectives

**Session 1: Orientation to the Diverse Leadership Roles and Challenges of Chief Residency**
**Objective:** Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role

**Session 2: Discovering Your Personal Leadership Strengths and Weaknesses – Part 1**
**Objective:** Increase individual and group awareness of self and others’ personalities and diversity, and learn to manage oneself more effectively in a leadership role

**Session 3: Discovering Your Personal Leadership Strengths and Weaknesses – Part 2**
**Objective:** Continue the work from Session 2 to increase individual and group awareness of self and others’ personalities and diversity, and learn to manage oneself more effectively in a leadership role

**Session 4: Dynamics of Group Function**
**Objective:** Learn how group dynamics play a major role in the effectiveness of a group at maintaining cohesion to achieve its goals

**Session 5: Conflict and Power Dynamics in Hierarchical Organizations**
**Objective:** Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area; analyze your own experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing your efficacy as a leader and ability to work with hospital administrators

**Session 6: Diversity, Equity, and Inclusion**
**Objective:** Understand how our own background affects us as a leader and develop skills to manage the complexity of the issue at both the individual and group levels

**Session 7: Individual and Programmatic Well-Being, and Adjournment**
**Objective:** Increase ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resilience within oneself and one’s program.