# ACGME Program Requirements for Graduate Medical Education in Addiction Medicine

Applications will be accepted from programs for which the Sponsoring Institution also sponsors an ACGME-accredited program in at least one of the following specialties: anesthesiology, emergency medicine, family medicine, internal medicine, obstetrics and gynecology, pediatrics, preventive medicine, or psychiatry.

Applications for accreditation of addiction medicine fellowship programs will be accepted by the Review Committees for Family Medicine, Internal Medicine, and Psychiatry. Applications for accreditation are available on the Program Requirements and FAQs and Applications page of each specialty's section of the website.

If the program is not affiliated with an ACGME-accredited program in family medicine, internal medicine, or psychiatry, the program may apply as a residency-independent fellowship (see the ACGME Manual of Policies and Procedures Subject 15.b.(2).(b). In this circumstance, email ads@acgme.org for instructions prior to initiating the application.

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# ACGME Program Requirements for Graduate Medical Education in Addition Medicine

#### Common Program Requirements (One-Year Fellowship) are in BOLD

Where applicable, text in italics describes the underlying philosophy of the requirements in that section. These philosophic statements are not program requirements and are therefore not citable.

Background and Intent: These fellowship requirements reflect the fact that these learners have already completed the first phase of graduate medical education. Thus, the Common Program Requirements (One-Year Fellowship) are intended to explain the differences.

#### Introduction

**Int.A.** 

Fellowship is advanced graduate medical education beyond a core residency program for physicians who desire to enter more specialized practice. Fellowship-trained physicians serve the public by providing subspecialty care, which may also include core medical care, acting as a community resource for expertise in their field, creating and integrating new knowledge into practice, and educating future generations of physicians. Graduate medical education values the strength that a diverse group of physicians brings to medical care.

Fellows who have completed residency are able to practice independently in their core specialty. The prior medical experience and expertise of fellows distinguish them from physicians entering into residency training. The fellow's care of patients within the subspecialty is undertaken with appropriate faculty supervision and conditional independence. Faculty members serve as role models of excellence, compassion, professionalism, and scholarship. The fellow develops deep medical knowledge, patient care skills, and expertise applicable to their focused area of practice. Fellowship is an intensive program of subspecialty clinical and didactic education that focuses on the multidisciplinary care of patients. Fellowship education is often physically, emotionally, and intellectually demanding, and occurs in a variety of clinical learning environments committed to graduate medical education and the well-being of patients, residents, fellows, faculty members, students, and all members of the health care team.

In addition to clinical education, many fellowship programs advance fellows' skills as physician-scientists. While the ability to create new knowledge within medicine is not exclusive to fellowship-educated physicians, the fellowship experience expands a physician's abilities to pursue hypothesis-driven scientific inquiry that results in contributions to the medical literature and patient care. Beyond the clinical subspecialty expertise achieved, fellows develop mentored relationships built on an infrastructure that promotes collaborative research.

Int.B. Definition of Subspecialty

Addiction medicine fellowships are multispecialty training programs that focus on the provision of care for persons with unhealthy substance use, substance use disorders (SUDs), and other addictive disorders. Addiction medicine physicians work in diverse settings, including clinical medicine, public health, education, and research. Addiction medicine physicians treat patients across the lifespan who have different degrees of disease severity—from those at risk, to those with advanced and complicated disease, to those in recovery. An addiction medicine fellowship provides fellows with experience in the prevention, clinical evaluation, treatment, and long-term monitoring of SUDs. The educational program emphasizes the management of medical, psychiatric, and social sequelae in the comprehensive care of these patients and is informed by a wide range of evidence-based interventions.

## Int.C. Length of Educational Program

The educational program in addiction medicine must be 12 months in length. (Core)\*

Fellows must complete the program within 24 months of matriculation.

## I. Oversight

Int.C.1.

#### I.A. Sponsoring Institution

The Sponsoring Institution is the organization or entity that assumes the ultimate financial and academic responsibility for a program of graduate medical education consistent with the ACGME Institutional Requirements.

When the Sponsoring Institution is not a rotation site for the program, the most commonly utilized site of clinical activity for the program is the primary clinical site.

Background and Intent: Participating sites will reflect the health care needs of the community and the educational needs of the fellows. A wide variety of organizations may provide a robust educational experience and, thus, Sponsoring Institutions and participating sites may encompass inpatient and outpatient settings including, but not limited to a university, a medical school, a teaching hospital, a nursing home, a school of public health, a health department, a public health agency, an organized health care delivery system, a medical examiner's office, an educational consortium, a teaching health center, a physician group practice, a federally qualified health center, a surgery center, an academic and private single-specialty clinic, or an educational foundation.

I.A.1.

I.B. Participating Sites

A participating site is an organization providing educational experiences or educational assignments/rotations for fellows.

The program must be sponsored by one ACGME-accredited

Sponsoring Institution. (Core)

89		
90	I.B.1.	The program, with approval of its Sponsoring Institution, must
91		designate a primary clinical site. (Core)
92		
93	I.B.1.a)	An addiction medicine program will be accredited only if the
94	,	Sponsoring Institution also sponsors an Accreditation Council for
95		Graduate Medical Education (ACGME)-accredited program in at
96		least one of the following specialties: anesthesiology; emergency
97		medicine; family medicine; internal medicine; obstetrics and
98		gynecology; pediatrics; preventive medicine; or psychiatry. (Core)
99		gymosology, podladios, proventivo modiomo, or poyomadly.
100	I.B.2.	There must be a program letter of agreement (PLA) between the
101		program and each participating site that governs the relationship
102		between the program and the participating site providing a required
103		assignment. (Core)
104		accignment.
105	I.B.2.a)	The PLA must:
106		THO I EXTINACT
107	I.B.2.a).(1)	be renewed at least every 10 years; and, (Core)
108	1.Β.Σ.α).(1)	be followed at loads every to yours, and,
109	I.B.2.a).(2)	be approved by the designated institutional official
110	1.Β.Σ.α).(Σ)	(DIO). (Core)
111		(510).
112	I.B.3.	The program must monitor the clinical learning and working
113	1.0.3.	environment at all participating sites. (Core)
114		environment at an participating sites.
115	I.B.3.a)	At each participating site there must be one faculty member,
116	1. <b>D</b> .J.aj	designated by the program director, who is accountable for
117		fellow education for that site, in collaboration with the
117		program director. (Core)
119		program director. Was
119		

Background and Intent: While all fellowship programs must be sponsored by a single ACGME-accredited Sponsoring Institution, many programs will utilize other clinical settings to provide required or elective training experiences. At times it is appropriate to utilize community sites that are not owned by or affiliated with the Sponsoring Institution. Some of these sites may be remote for geographic, transportation, or communication issues. When utilizing such sites, the program must designate a faculty member responsible for ensuring the quality of the educational experience. In some circumstances, the person charged with this responsibility may not be physically present at the site, but remains responsible for fellow education occurring at the site. The requirements under I.B.3. are intended to ensure that this will be the case.

Suggested elements to be considered in PLAs will be found in the ACGME Program Director's Guide to the Common Program Requirements. These include:

- Identifying the faculty members who will assume educational and supervisory responsibility for fellows
- Specifying the responsibilities for teaching, supervision, and formal evaluation of fellows
- Specifying the duration and content of the educational experience

- Stating the policies and procedures that will govern fellow education during the assignment
- I.B.4. The program director must submit any additions or deletions of participating sites routinely providing an educational experience, required for all fellows, of one month full time equivalent (FTE) or more through the ACGME's Accreditation Data System (ADS). (Core)

I.C. The program, in partnership with its Sponsoring Institution, must engage in practices that focus on mission-driven, ongoing, systematic recruitment and retention of a diverse and inclusive workforce of residents (if present), fellows, faculty members, senior administrative staff members, and other relevant members of its academic community. (Core)

Background and Intent: It is expected that the Sponsoring Institution has, and programs implement, policies and procedures related to recruitment and retention of minorities underrepresented in medicine and medical leadership in accordance with the Sponsoring Institution's mission and aims. The program's annual evaluation must include an assessment of the program's efforts to recruit and retain a diverse workforce, as noted in V.C.1.c).(5).(c).

132		
133	I.D.	Resources
134		
135	I.D.1.	The program, in partnership with its Sponsoring Institution, must
136		ensure the availability of adequate resources for fellow education.
137		(Core)
138		
139	I.D.1.a)	Programs must have access to an inpatient care facility. (Core)
140		
141	I.D.1.a).(1)	There should be at least one acute care general hospital
142		with a full range of services, including medical and surgical
143		services, intensive care units, emergency services, a
144		diagnostic laboratory, and imaging services. (Core)
145		
146	I.D.2.	The program, in partnership with its Sponsoring Institution, must
147		ensure healthy and safe learning and working environments that
148		promote fellow well-being and provide for: (Core)
149		p
150	I.D.2.a)	access to food while on duty; (Core)
151		doods to rood will on daty,
152	I.D.2.b)	safe, quiet, clean, and private sleep/rest facilities available
153		and accessible for fellows with proximity appropriate for safe
154		patient care, if the fellows are assigned in-house call; (Core)

Background and Intent: Care of patients within a hospital or health system occurs continually through the day and night. Such care requires that fellows function at their peak abilities, which requires the work environment to provide them with the ability to meet their basic needs within proximity of their clinical responsibilities. Access to food and rest are examples of these basic needs, which must be met while fellows are working. Fellows should have access to refrigeration where food may be

stored. Food should be available when fellows are required to be in the hospital overnight. Rest facilities are necessary, even when overnight call is not required, to accommodate the fatigued fellow.

I.D.2.c) clean and private facilities for lactation that have refrigeration capabilities, with proximity appropriate for safe patient care;

Background and Intent: Sites must provide private and clean locations where fellows may lactate and store the milk within a refrigerator. These locations should be in close proximity to clinical responsibilities. It would be helpful to have additional support within these locations that may assist the fellow with the continued care of patients, such as a computer and a phone. While space is important, the time required for lactation is also critical for the well-being of the fellow and the fellow's family, as outlined in VI.C.1.d).(1).

I.D.2.d) security and safety measures appropriate to the participating site: and. (Core)

I.D.2.e) accommodations for fellows with disabilities consistent with the Sponsoring Institution's policy. (Core)

I.D.3. Fellows must have ready access to subspecialty-specific and other appropriate reference material in print or electronic format. This must include access to electronic medical literature databases with full text capabilities. (Core)

I.D.4. The program's educational and clinical resources must be adequate to support the number of fellows appointed to the program. (Core)

I.E. A fellowship program usually occurs in the context of many learners and other care providers and limited clinical resources. It should be structured to optimize education for all learners present.

I.E.1. Fellows should contribute to the education of residents in core programs, if present. (Core)

Background and Intent: The clinical learning environment has become increasingly complex and often includes care providers, students, and post-graduate residents and fellows from multiple disciplines. The presence of these practitioners and their learners enriches the learning environment. Programs have a responsibility to monitor the learning environment to ensure that fellows' education is not compromised by the presence of other providers and learners, and that fellows' education does not compromise core residents' education.

II. Personnel

186 II.A. Program Director187

188 189	II.A.1.	There must be one faculty member appointed as program director with authority and accountability for the overall program, including
190		compliance with all applicable program requirements. (Core)
191		
192	II.A.1.a)	The Sponsoring Institution's Graduate Medical Education
193		Committee (GMEC) must approve a change in program
194		director. (Core)
195		
196	II.A.1.b)	Final approval of the program director resides with the
197		Review Committee. (Core)
198		

Background and Intent: While the ACGME recognizes the value of input from numerous individuals in the management of a fellowship, a single individual must be designated as program director and made responsible for the program. This individual will have dedicated time for the leadership of the fellowship, and it is this individual's responsibility to communicate with the fellows, faculty members, DIO, GMEC, and the ACGME. The program director's nomination is reviewed and approved by the GMEC. Final approval of program directors resides with the Review Committee.

200 201 202 203	II.A.2.	The program director must be provided with support adequate for administration of the program based upon its size and configuration. (Core)
204 205 206 207	II.A.2.a)	At a minimum, the program director must be provided with the salary support required to devote 20 percent FTE of non-clinical time to the administration of the program. (Core)
208 209 210 211	II.A.2.b)	The Sponsoring Institution must provide the program director with a minimum of 0.2 full-time equivalent (FTE) protected time to carry out the educational, administrative, and leadership responsibilities of the fellowship. (Core)

199

Background and Intent: Twenty percent FTE is defined as one day per week.

"Administrative time" is defined as non-clinical time spent meeting the responsibilities of the program director as detailed in requirements II.A.4.-II.A.4.a).(16).

The requirement does not address the source of funding required to provide the specified salary support.

	salary support.	
213		
214	II.A.3.	Qualifications of the program director:
215		
216	II.A.3.a)	must include subspecialty expertise and qualifications
217		acceptable to the Review Committee; (Core)
218		
219	II.A.3.b)	must include current certification in the subspecialty for
220		which they are the program director by the American Board
221		of Preventive Medicine (ABPM) or by the American Osteopathic
222		Board of Family Physicians (AOBFP), American Osteopathic
223		Board of Internal Medicine (AOBIM), or American Osteopathic
224		Board of Neurology and Psychiatry (AOBNP), or subspecialty

225 226		qualifications that are acceptable to the Review Committee;
227		
228	II.A.3.c)	must include current medical licensure and appropriate medical
229		staff appointment; and, (Core)
230		
231	II.A.3.d)	must include ongoing clinical activity. (Core)
232		
233	II.A.4.	Program Director Responsibilities
234		
235		The program director must have responsibility, authority, and
236		accountability for: administration and operations; teaching and
237		scholarly activity; fellow recruitment and selection, evaluation, and
238		promotion of fellows, and disciplinary action; supervision of fellows;
239		and fellow education in the context of patient care. (Core)
240		
241	II.A.4.a)	The program director must:
242		
243	II.A.4.a).(1)	be a role model of professionalism; (Core)
244		

Background and Intent: The program director, as the leader of the program, must serve as a role model to fellows in addition to fulfilling the technical aspects of the role. As fellows are expected to demonstrate compassion, integrity, and respect for others, they must be able to look to the program director as an exemplar. It is of utmost importance, therefore, that the program director model outstanding professionalism, high quality patient care, educational excellence, and a scholarly approach to work. The program director creates an environment where respectful discussion is welcome, with the goal of continued improvement of the educational experience.

245246

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II.A.4.a).(2)

design and conduct the program in a fashion
consistent with the needs of the community, the
mission(s) of the Sponsoring Institution, and the
mission(s) of the program; (Core)

Background and Intent: The mission of institutions participating in graduate medical education is to improve the health of the public. Each community has health needs that vary based upon location and demographics. Programs must understand the social determinants of health of the populations they serve and incorporate them in the design and implementation of the program curriculum, with the ultimate goal of addressing these needs and health disparities.

251 252

255

252 **II.A.4.a).(3)** 253 254 administer and maintain a learning environment conducive to educating the fellows in each of the ACGME Competency domains; (Core)

Background and Intent: The program director may establish a leadership team to assist in the accomplishment of program goals. Fellowship programs can be highly complex. In a complex organization the leader typically has the ability to delegate authority to others, yet remains accountable. The leadership team may include physician and non-physician personnel with varying levels of education, training, and experience.

256		
257	II.A.4.a).(4)	develop and oversee a process to evaluate candidates
258		prior to approval as program faculty members for
259		participation in the fellowship program education and
260		at least annually thereafter, as outlined in V.B.; (Core)
261		
262	II.A.4.a).(5)	have the authority to approve program faculty
263		members for participation in the fellowship program
264		education at all sites; (Core)
265		
266	II.A.4.a).(6)	have the authority to remove program faculty
267		members from participation in the fellowship program
268		education at all sites; (Core)
269		
270	II.A.4.a).(7)	have the authority to remove fellows from supervising
271	, , ,	interactions and/or learning environments that do not
272		meet the standards of the program; (Core)
273		

Background and Intent: The program director has the responsibility to ensure that all who educate fellows effectively role model the Core Competencies. Working with a fellow is a privilege that is earned through effective teaching and professional role modeling. This privilege may be removed by the program director when the standards of the clinical learning environment are not met.

There may be faculty in a department who are not part of the educational program, and the program director controls who is teaching the residents.

274		-
275	II.A.4.a).(8)	submit accurate and complete information required
276		and requested by the DIO, GMEC, and ACGME; (Core)
277		
278	II.A.4.a).(9)	provide applicants who are offered an interview with
279		information related to the applicant's eligibility for the
280		relevant subspecialty board examination(s); (Core)
281		
282	II.A.4.a).(10)	provide a learning and working environment in which
283		fellows have the opportunity to raise concerns and
284		provide feedback in a confidential manner as
285		appropriate, without fear of intimidation or retaliation;
286		(core)
287	II A A -> /44>	
288	II.A.4.a).(11)	ensure the program's compliance with the Sponsoring
289		Institution's policies and procedures related to
290		grievances and due process; (Core)
291 292	II A 4 a) (12)	angura the program's compliance with the Spancering
292	II.A.4.a).(12)	ensure the program's compliance with the Sponsoring Institution's policies and procedures for due process
293 294		when action is taken to suspend or dismiss, not to
29 <del>4</del> 295		promote, or not to renew the appointment of a fellow;
296		(Core)
297		
201		

Background and Intent: A program does not operate independently of its Sponsoring Institution. It is expected that the program director will be aware of the Sponsoring Institution's policies and procedures, and will ensure they are followed by the program's leadership, faculty members, support personnel, and fellows.

II.A.4.a).(13)	ensure the program's compliance with the Sponsoring Institution's policies and procedures on employment and non-discrimination; (Core)
II.A.4.a).(13).(a)	Fellows must not be required to sign a non-
	competition guarantee or restrictive covenant.
	(Core)
II.A.4.a).(14)	document verification of program completion for all
	graduating fellows within 30 days; (Core)
II.A.4.a).(15)	provide verification of an individual fellow's
, ,	completion upon the fellow's request, within 30 days;
	and, <sup>(Core)</sup>
	•
	II.A.4.a).(13).(a) II.A.4.a).(14)

Background and Intent: Primary verification of graduate medical education is important to credentialing of physicians for further training and practice. Such verification must be accurate and timely. Sponsoring Institution and program policies for record retention are important to facilitate timely documentation of fellows who have previously completed the program. Fellows who leave the program prior to completion also require timely documentation of their summative evaluation.

II.A.4.a).(16)

obtain review and approval of the Sponsoring
Institution's DIO before submitting information or
requests to the ACGME, as required in the Institutional
Requirements and outlined in the ACGME Program
Director's Guide to the Common Program
Requirements. (Core)

#### II.B. Faculty

Faculty members are a foundational element of graduate medical education – faculty members teach fellows how to care for patients. Faculty members provide an important bridge allowing fellows to grow and become practice ready, ensuring that patients receive the highest quality of care. They are role models for future generations of physicians by demonstrating compassion, commitment to excellence in teaching and patient care, professionalism, and a dedication to lifelong learning. Faculty members experience the pride and joy of fostering the growth and development of future colleagues. The care they provide is enhanced by the opportunity to teach. By employing a scholarly approach to patient care, faculty members, through the graduate medical education system, improve the health of the individual and the population.

Faculty members ensure that patients receive the level of care expected from a specialist in the field. They recognize and respond to the needs of

339 340 341 342 343 344	a n F	he patients, fellows, community, and institution. Faculty members provide appropriate levels of supervision to promote patient safety. Faculty members create an effective learning environment by acting in a professional manner and attending to the well-being of the fellows and hemselves.
	educating fel	and Intent: "Faculty" refers to the entire teaching force responsible for lows. The term "faculty," including "core faculty," does not imply or ademic appointment or salary support.
345 346 347 348 349	II.B.1.	For each participating site, there must be a sufficient number of faculty members with competence to instruct and supervise all fellows at that location. (Core)
350 351 352 353 354 355	II.B.1.a)	In addition to the program director, there must be at least one faculty member certified in addiction medicine by the ABPM, AOBFP, AOBIM, or AOBNP, in the subspecialty or with subspecialty qualifications that are acceptable to the Review Committee. (Core)
356 357	II.B.2.	Faculty members must:
358	II.B.2.a)	be role models of professionalism; (Core)
359 360 361 362	II.B.2.b)	demonstrate commitment to the delivery of safe, quality, cost-effective, patient-centered care; (Core)
	with patient s during reside strive for imp	and Intent: Patients have the right to expect quality, cost-effective care safety at its core. The foundation for meeting this expectation is formed ency and fellowship. Faculty members model these goals and continually provement in care and cost, embracing a commitment to the patient and ty they serve.
363 364 365	II.B.2.c)	demonstrate a strong interest in the education of fellows; (Core)
366 367 368	II.B.2.d)	devote sufficient time to the educational program to fulfill their supervisory and teaching responsibilities; (Core)
369 370 371	II.B.2.e)	administer and maintain an educational environment conducive to educating fellows; and, (Core)
372 373 374	II.B.2.f)	pursue faculty development designed to enhance their skills. (Core)
375	II.B.3.	Faculty Qualifications
376 377 378 379	II.B.3.a)	Faculty members must have appropriate qualifications in their field and hold appropriate institutional appointments.
380 381	II.B.3.b)	Subspecialty physician faculty members must:

382		
383	II.B.3.b).(1)	have current certification in the subspecialty by the
384		American Board of Preventive Medicine or the American
385		Osteopathic Board of Family Physicians, Internal
386		Medicine, or Neurology and Psychiatry, or possess
387		qualifications judged acceptable to the Review
388		Committee. (Core)
389		
390	II.B.3.c)	Any non-physician faculty members who participate in
391		fellowship program education must be approved by the
392		program director. (Core)
393		

Background and Intent: The provision of optimal and safe patient care requires a team approach. The education of fellows by non-physician educators enables the fellows to better manage patient care and provides valuable advancement of the fellows' knowledge. Furthermore, other individuals contribute to the education of the fellow in the basic science of the subspecialty or in research methodology. If the program director determines that the contribution of a non-physician individual is significant to the education of the fellow, the program director may designate the individual as a program faculty member or a program core faculty member.

394		
395 396 397 398 399 400 401	II.B.3.d)	Any other specialty physician faculty members must have current certification in their specialty by the appropriate American Board of Medical Specialties (ABMS) member board or American Osteopathic Association (AOA) certifying board, or possess qualifications judged acceptable to the Review Committee. (Core)
401 402 403 404 405 406 407	II.B.3.d).(1)	At least one physician certified in psychiatry by the American Board of Psychiatry and Neurology ABPN or the American Osteopathic Board of Neurology and Psychiatry AOBNP must have a continuous and meaningful role in the fellowship. (Core)
408 409 410 411 412 413 414 415 416	II.B.3.d).(2)	At least one American Board of Medical Specialties (ABMS)- or American Osteopathic Association (AOA)-certified non-psychiatrist physician with specialty expertise from at least one of the following disciplines must have a continuous and meaningful role in the fellowship: anesthesiology, emergency medicine, family medicine, internal medicine, neurology, obstetrics and gynecology, pediatrics, preventive medicine, or surgery. (Core)
417 418	II.B.4.	Core Faculty
419 420 421 422		Core faculty members must have a significant role in the education and supervision of fellows and must devote a significant portion of their entire effort to fellow education and/or administration, and must, as a component of their activities, teach, evaluate, and provide

423 424 formative feedback to fellows. (Core)

Background and Intent: Core faculty members are critical to the success of fellow education. They support the program leadership in developing, implementing, and assessing curriculum and in assessing fellows' progress toward achievement of competence in the subspecialty. Core faculty members should be selected for their broad knowledge of and involvement in the program, permitting them to effectively evaluate the program, including completion of the annual ACGME Faculty Survey.

II.B.4.a)	Core faculty members must be designated by the program
	director. (Core)
II.B.4.b)	Core faculty members must complete the annual ACGME
	Faculty Survey. (Core)
U.D. 4 -\	Lead PC and the formula Provides the second by at least and account
I.B.4.c)	In addition to the program director, there must be at least one core faculty member. (Core)
	lacuity member.
I.C.	Program Coordinator
II.C.1.	There must be administrative support for program coordination. (Core)
<b>r</b>	
_	and Intent: The requirement does not address the source of funding
required	to provide the specified salary support.
II D	Oth on Duc annous Done on the
II.D.	Other Program Personnel
	The program, in partnership with its Sponsoring Institution, must jointly
	ensure the availability of necessary personnel for the effective
	administration of the program. (Core)
	adminionation of the program.
II.D.1.	There must be professional personnel available to the program from
	clinical disciplines, such that educational goals of the program can be
	met. (Core)
II.D.2.	There must be clinicians available to the program, such that fellows
	receive training in the treatment of SUDs and related consequences
	across the lifespan. (Core)
II.D.3.	There must be clinicians available to the program with expertise in the
	proper evaluation and management of pain conditions, such that fellows

Background and Intent: Multiple personnel may be required to effectively administer a program. These may include staff members with clerical skills, project managers, education experts, and staff members to maintain electronic communication for the program. These personnel may support more than one program in more than one discipline.

which pain can be treated. (Detail)

receive exposure to and gain understanding of the multiple modalities by

# III. Fellow Appointments

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Addiction Medicine Tracked Changes Copy
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462	III.A.	Eligibility Criteria			
463 464 465 466 467 468 469 470 471 472 473 474	III.A.1.	Eligibility Requirements – Fellowship Programs			
		All required clinical education for entry into ACGME-accredited fellowship programs must be completed in an ACGME-accredited residency program, an AOA-approved residency program, a program with ACGME International (ACGME-I) Advanced Specialty Accreditation, or a Royal College of Physicians and Surgeons of Canada (RCPSC)-accredited or College of Family Physicians of Canada (CFPC)-accredited residency program located in Canada.			
	Background and Intent: Eligibility for ABMS or AOA Board certification may not be satisfied by fellowship training. Applicants must be notified of this at the time of application, as required in II.A.4.a).(9).				
475 476 477 478 479 480 481 482 483 484 485 486 487 488 490 491 492 493 494 495 496 497 498 499 500 501 502 503 504 505 506 507 508 509 509 509 509 509 509 509 509 509 509	III.A.1.a)	Fellowship programs must receive verification of each entering fellow's level of competence in the required field, upon matriculation, using ACGME, ACGME-I, or CanMEDS Milestones evaluations from the core residency program. (Core)			
	III.A.1.b)	Prior to appointment in the program, fellows must have satisfactorily completed a residency program that satisfies the requirements in III.A.1. (Core)			
	III.A.1.c)	Fellow Eligibility Exception			
		The Review Committees for Anesthesiology, Emergency Medicine, Family Medicine, Internal Medicine, Pediatrics, Preventive Medicine, and Psychiatry will allow the following exception to the fellowship eligibility requirements:			
	III.A.1.c).(1)	An ACGME-accredited fellowship program may accept an exceptionally qualified international graduate applicant who does not satisfy the eligibility requirements listed in III.A.1., but who does meet all of the following additional qualifications and conditions: (Core)			
	III.A.1.c).(1)	evaluation by the program director and fellowship selection committee of the applicant's suitability to enter the program, based on prior training and review of the summative evaluations of training in the core specialty; and, (Core)			
	III.A.1.c).(1)	review and approval of the applicant's exceptional qualifications by the GMEC; and, (Core)			

510 511 512	III.A.1.c).(1).(c)	verification of Educational Commission for Foreign Medical Graduates (ECFMG) certification. (Core)
513 514 515 516	III.A.1.c).(2)	Applicants accepted through this exception must have an evaluation of their performance by the Clinical Competency Committee within 12 weeks of
517 518		matriculation. (Core)

Background and Intent: An exceptionally qualified international graduate applicant has (1) completed a residency program in the core specialty outside the continental United States that was not accredited by the ACGME, AOA, ACGME-I, RCPSC or CFPC, and (2) demonstrated clinical excellence, in comparison to peers, throughout training. Additional evidence of exceptional qualifications is required, which may include one of the following: (a) participation in additional clinical or research training in the specialty or subspecialty; (b) demonstrated scholarship in the specialty or subspecialty; and/or (c) demonstrated leadership during or after residency. Applicants being considered for these positions must be informed of the fact that their training may not lead to certification by ABMS member boards or AOA certifying boards.

In recognition of the diversity of medical education and training around the world, this early evaluation of clinical competence required for these applicants ensures they can provide quality and safe patient care. Any gaps in competence should be addressed as per policies for fellows already established by the program in partnership with the **Sponsoring Institution.** 

- III.B. The program director must not appoint more fellows than approved by the Review Committee. (Core)
- III.B.1. All complement increases must be approved by the Review Committee. (Core)
- IV. **Educational Program**

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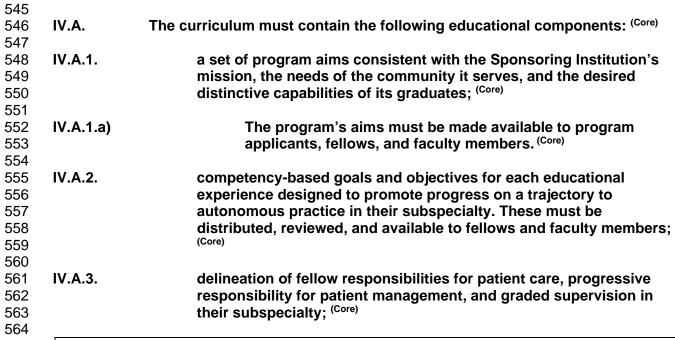
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The ACGME accreditation system is designed to encourage excellence and innovation in graduate medical education regardless of the organizational affiliation, size, or location of the program.

The educational program must support the development of knowledgeable, skillful physicians who provide compassionate care.

In addition, the program is expected to define its specific program aims consistent with the overall mission of its Sponsoring Institution, the needs of the community it serves and that its graduates will serve, and the distinctive capabilities of physicians it intends to graduate. While programs must demonstrate substantial compliance with the Common and subspecialty-specific Program Requirements, it is recognized that within this framework, programs may place different emphasis on research, leadership, public health, etc. It is expected that the program aims will reflect the nuanced program-specific goals for it and its graduates; for example, it is expected that a program aiming to prepare physician-scientists will have a different curriculum from one focusing on community health.



Background and Intent: These responsibilities may generally be described by PGY level and specifically by Milestones progress as determined by the Clinical Competency Committee. This approach encourages the transition to competency-based education. An advanced learner may be granted more responsibility independent of PGY level and a learner needing more time to accomplish a certain task may do so in a focused rather than global manner.

IV.A.4. structured educational activities beyond direct patient care; and,

Background and Intent: Patient care-related educational activities, such as morbidity and mortality conferences, tumor boards, surgical planning conferences, case discussions, etc., allow fellows to gain medical knowledge directly applicable to the patients they serve. Programs should define those educational activities in which fellows are expected to participate and for which time is protected. Further specification can be found in IV.C.

IV.A.5. advancement of fellows' knowledge of ethical principles foundational to medical professionalism. (Core)

#### IV.B. ACGME Competencies

Background and Intent: The Competencies provide a conceptual framework describing the required domains for a trusted physician to enter autonomous practice. These Competencies are core to the practice of all physicians, although the specifics are further defined by each subspecialty. The developmental trajectories in each of the Competencies are articulated through the Milestones for each subspecialty. The focus in fellowship is on subspecialty-specific patient care and medical knowledge, as well as refining the other competencies acquired in residency.

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576 577	IV.B.1.	into the curriculum: (Core)
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579	IV.B.1.a)	Professionalism
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581		Fellows must demonstrate a commitment to professionalism
582		and an adherence to ethical principles. (Core)
583		
584	IV.B.1.b)	Patient Care and Procedural Skills
585		

Background and Intent: Quality patient care is safe, effective, timely, efficient, patient-centered, equitable, and designed to improve population health, while reducing per capita costs. (See the Institute of Medicine [IOM]'s *Crossing the Quality Chasm: A New Health System for the 21st Century*, 2001 and Berwick D, Nolan T, Whittington J. *The Triple Aim: care, cost, and quality. Health Affairs.* 2008; 27(3):759-769.). In addition, there should be a focus on improving the clinician's well-being as a means to improve patient care and reduce burnout among residents, fellows, and practicing physicians.

These organizing principles inform the Common Program Requirements across all Competency domains. Specific content is determined by the Review Committees with input from the appropriate professional societies, certifying boards, and the community.

587 588 589 590 591	IV.B.1.b).(1)	Fellows must be able to provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health. (Core)
592 593	IV.B.1.b).(1).(a)	Fellows must demonstrate competence in:
594 595 596 597 598 599 600 601	IV.B.1.b).(1).(a).(i)	comprehensive assessment, diagnosis, and treatment of patients with substance-related health problems and SUDs along a continuum of care, including inpatient/residential, outpatient treatments, early intervention, harm reduction, and prevention; (Core)
602 603 604 605 606 607	IV.B.1.b).(1).(a).(ii)	providing care to patients in different settings, such as inpatient medicallymanaged withdrawal programs, SUD treatment programs, consultation services, and integrated clinics; (Core)
608 609 610 611 612 613	IV.B.1.b).(1).(a).(iii)	providing care to SUD patients with diversity in age, gender, socioeconomic status, limited language proficiency or literacy, and comorbid medical and psychiatric conditions; (Core)
614 615	IV.B.1.b).(1).(a).(iv)	screening, brief intervention, and motivational interviewing; (Core)

616 617 618 619 620 621 622 623	IV.B.1.b).(1).(a).(v) IV.B.1.b).(1).(a).(vi)	working with an interdisciplinary team that includes other medical specialists, counselors, psychologists, family members, and/or other stakeholders involved in the patient's care; and, (Core)  providing continuity of care to patients. (Core)
624 625 626 627 628	IV.B.1.b).(2)	Fellows must be able to perform all medical, diagnostic, and surgical procedures considered essential for the area of practice. (Core)
629	IV.B.1.c)	Medical Knowledge
630 631 632 633 634 635		Fellows must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to patient care. (Core)
636 637	IV.B.1.c).(1)	Fellows must demonstrate knowledge of:
638 639 640 641	IV.B.1.c).(1).(a)	the medical model of addiction, including a basic knowledge of neurobiology and changes in brain structures associated with addiction; (Core)
642 643 644 645 646	IV.B.1.c).(1).(b)	pharmacology of common psychoactive substances, including alcohol, nicotine, stimulants, sedative-hypnotics, depressants, opioids, inhalants, hallucinogens, and cannabinoids; (Core)
647 648 649 650 651	IV.B.1.c).(1).(c)	epidemiology of substance use, SUDs, and the genetic and environmental influences on the development and maintenance of these disorders; (Core)
652 653 654 655 656 657 658 659 660 661	IV.B.1.c).(1).(d)	the impact of substance use, including psychosocial and medicolegal implications, in diverse populations and cultures, such as in women, neonates, children, adolescents, families, the elderly, sexual and gender minorities, patients with physical or mental trauma or other injuries, military personnel and dependents, health care professionals, employees, and persons involved in the criminal justice system; (Core)
662 663	IV.B.1.c).(1).(e)	common behavioral addictions; (Core)
664 665 666	IV.B.1.c).(1).(f)	prevention of SUDs, including identification of risk and protective factors; (Core)

667 668 669 670	IV.B.1.c).(1).(g)	screening, brief intervention strategies appropriate to substance use risk level, and referral to treatment; (Core)
671 672 673 674 675 676 677	IV.B.1.c).(1).(h)	comprehensive substance use assessment and re- assessment, including diagnostic interview, use of standardized questionnaires, lab tests, imaging studies, physical examinations, mental status examinations, consultative reports and collateral information; (Core)
678 679 680 681	IV.B.1.c).(1).(i)	identification and treatment of common co- occurring conditions, such as medical, psychiatric, and pain conditions; (Core)
682 683 684 685	IV.B.1.c).(1).(j)	matching patient treatment needs with levels of intervention, including crisis services, hospitalization, and SUD treatment programs; (Core)
686 687 688	IV.B.1.c).(1).(k)	pharmacotherapy and psychosocial interventions for SUDs across the age spectrum; (Core)
689 690	IV.B.1.c).(1).(I)	intoxication and withdrawal management; (Core)
691 692 693 694 695	IV.B.1.c).(1).(m)	the mechanisms of action and effects of use and abuse of alcohol, sedatives, opioids, and other drugs, and the pharmacotherapies and other modalities used to treat these; (Core)
696 697 698 699 700	IV.B.1.c).(1).(n)	the safe prescribing and monitoring of controlled medications to patients with or without SUDs, including accessing and interpreting prescription drug monitoring systems; and, (Core)
701 702 703 704 705 706 707	IV.B.1.c).(1).(0)	the effects of substance use, intoxication, and withdrawal on pregnancy and the fetus, and the pharmacologic agents prescribed for the treatment of intoxication, withdrawal, and management, including opioid, alcohol, and sedative hypnotic withdrawal. (Core)
708	IV.B.1.d)	Practice-based Learning and Improvement
709 710 711 712 713 714		Fellows must demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and lifelong learning. (Core)

Background and Intent: Practice-based learning and improvement is one of the defining characteristics of being a physician. It is the ability to investigate and evaluate the care of patients, to appraise and assimilate scientific evidence, and to

continuously improve patient care based on constant self-evaluation and lifelong learning.

The intention of this Competency is to help a fellow refine the habits of mind required to continuously pursue quality improvement, well past the completion of fellowship.

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IV.B.1.e)	Interpersonal and Communication Skills
	Fellows must demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and health professionals. (Core)
IV.B.1.f)	Systems-based Practice
	Fellows must demonstrate an awareness of and responsiveness to the larger context and system of health care, including the social determinants of health, as well as the ability to call effectively on other resources to provide optimal health care. (Core)
IV.C.	Curriculum Organization and Fellow Experiences
IV.C.1.	The curriculum must be structured to optimize fellow educational experiences, the length of these experiences, and supervisory continuity. (Core)
IV.C.1.a)	The curriculum must be designed consistent with the program's aims (IV.A.1.) and must demonstrate a systematic approach, with attention to evidence-based principles and scientific literature, standards of the profession, and developmental appropriateness for learners. (Core)
IV.C.1.b)	The assignment of rotations must be structured to minimize the frequency of rotational transitions. (Core)
IV.C.2.	The program must provide instruction and experience in pain management if applicable for the subspecialty, including recognition of the signs of addiction. (Core)
IV.C.2.a)	For addiction medicine programs, instruction and experience in pain management is applicable. (Core)
IV.C.3.	The structured clinical portion of addiction medicine fellowship education must be composed of a variety of learning experiences, including structured clinical rotations, continuity ambulatory clinic experiences, longitudinal didactic sessions, and scholarly activities. (Core)
IV.C.3.a)	The curriculum must include at least nine months of clinical experience that includes:

761 762 763 764 765 766 767 768 769 770 771 772 773 774 775 776 777 788 779 780 781 782 783 784 785 786 787 788 790 791 792 793 794 795 796 797 798 799 800 801 802 803 804 804 805 806 806 807 806 807 807 807 807 807 807 807 807 807 807	IV.C.3.a).(1)		at least three months of structured inpatient rotations, including inpatient addiction treatment programs, hospital-based rehabilitation programs, medically-managed residential programs where the fellow is directly involved with patient assessment and treatment planning, and/or general medical facilities or teaching hospitals where the fellow provides consultation services to other physicians in the Emergency Department for patients admitted with a primary medical, surgical, obstetrical, or psychiatric diagnosis; (Core)
	IV.C.3.a).(2)		at least three months of outpatient experience, including intensive outpatient treatment or "day treatment" programs, addiction medicine consult services in an ambulatory care setting, pharmacotherapy, and/or other medical services where the fellow is directly involved with patient assessment, counseling, treatment planning, and coordination with outpatient services; and, (Core)
	IV.C.3.a).(3)		at least one half-day per week for at least 12 months, excluding vacation, devoted to providing continuity care to a panel of patients who have an addiction disorder, in which the fellow serves as either a specialty consultative physician with care focused on the addiction disorder or as a physician who provides comprehensive care for the patient panel, including diagnosis and treatment of substance-related problems and other addictions. (Core)
	IV.C.3.b)		The didactic curriculum must include:
	IV.C.3.b).(1)		at least one half-day per week for at least 12 months, excluding vacation, devoted to longitudinal learning experiences, such as didactic sessions, individual or small group tutoring sessions with program faculty members, and/or mentored self-directed learning. (Core)
	IV.C.3.b).(1).(a)		These experiences must address the core competencies of addiction medicine as listed in IV.A.2. (Core)
	IV.C.3.b).(1).(b)		Sessions must reflect the goals of the program and the fellows. (Core)
	IV.C.3.b).(1).(c)		At least one faculty member must be present at each didactic session. (Core)
806 807 808	IV.C.3.c)		A maximum of three months should be spent on fellow electives or scholarly activities. (Core)
809 810 811	IV.D.	Scholarship	

812 813 814 815 816 817 818 819			scientist who evaluate the practice lifeld environment participation Program Red integration, a	both an art and a science. The physician is a humanistic or cares for patients. This requires the ability to think critically, literature, appropriately assimilate new knowledge, and ong learning. The program and faculty must create an at that fosters the acquisition of such skills through fellow in scholarly activities as defined in the subspecialty-specific quirements. Scholarly activities may include discovery, application, and teaching.
821 822 823 824 825 826 827 828 829			programs proscientists, and reflect its mile for example quality improprograms miles.	recognizes the diversity of fellowships and anticipates that epare physicians for a variety of roles, including clinicians, and educators. It is expected that the program's scholarship will ssion(s) and aims, and the needs of the community it serves., some programs may concentrate their scholarly activity on expension over the propulation health, and/or teaching, while other ight choose to utilize more classic forms of biomedical the focus for scholarship.
830 831	IV.D.	1.	Progr	am Responsibilities
832 833 834	IV.D.	1.a)		The program must demonstrate evidence of scholarly activities, consistent with its mission(s) and aims. (Core)
835 836	IV.D.	2.	Facult	ty Scholarly Activity
837 838 839 840 841	IV.D.:	2.a)		Faculty members must participate in scholarly activities appropriate to the subspecialty, including local, regional, and national specialty societies, research, presentations, or publications. (Core)
842 843 844	IV.D.:	2.b)		Faculty members should regularly participate in organized clinical discussions, rounds, journal clubs, and conferences. (Detail)
845 846	IV.D.	3.	Fellov	v Scholarly Activity
847 848 849 850	IV.D.:	3.a)		The program must provide structured, supervised, regular opportunities for fellows to explore and analyze emerging scientific evidence pertinent to the practice of addiction medicine. (Core)
851 852 853 854 855	IV.D.:	3.b)		Fellows must have didactic and experiential learning opportunities in the scholarship of teaching and leadership, and have the opportunity to teach addiction medicine to health care students, trainees, and/or other learners. (Core)
856 857 858	IV.D.:	3.c)		Fellows should actively participate in scientific inquiry, either through direct participation in research, or scholarly projects that make use of scientific methods. (Detail)
859 860	V.	Evalua	ition	
861 862	V.A.		Fellow Evalu	ation

Background and Intent: Feedback is ongoing information provided regarding aspects of one's performance, knowledge, or understanding. The faculty empower fellows to provide much of that feedback themselves in a spirit of continuous learning and self-reflection. Feedback from faculty members in the context of routine clinical care should be frequent, and need not always be formally documented.

Formative and summative evaluation have distinct definitions. Formative evaluation is *monitoring fellow learning* and providing ongoing feedback that can be used by fellows to improve their learning in the context of provision of patient care or other educational opportunities. More specifically, formative evaluations help:

- fellows identify their strengths and weaknesses and target areas that need work
- program directors and faculty members recognize where fellows are struggling and address problems immediately

Summative evaluation is evaluating a fellow's learning by comparing the fellows against the goals and objectives of the rotation and program, respectively. Summative evaluation is utilized to make decisions about promotion to the next level of training, or program completion.

End-of-rotation and end-of-year evaluations have both summative and formative components. Information from a summative evaluation can be used formatively when fellows or faculty members use it to guide their efforts and activities in subsequent rotations and to successfully complete the fellowship program.

Feedback, formative evaluation, and summative evaluation compare intentions with accomplishments, enabling the transformation of a new specialist to one with growing subspecialty expertise.

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Faculty members must directly observe, evaluate, and frequently provide feedback on fellow performance during each rotation or similar educational assignment. (Core)

Background and Intent: Faculty members should provide feedback frequently throughout the course of each rotation. Fellows require feedback from faculty members to reinforce well-performed duties and tasks, as well as to correct deficiencies. This feedback will allow for the development of the learner as they strive to achieve the Milestones. More frequent feedback is strongly encouraged for fellows who have deficiencies that may result in a poor final rotation evaluation.

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V.A.1.b)

V.A.1.a)

Evaluation must be documented at the completion of the assignment. (Core)

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74 **V.A.1.b).(1)** 

Evaluations must be completed at least every three months. (Core)

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V.A.1.c)

The program must provide an objective performance evaluation based on the Competencies and the subspecialty-specific Milestones. and must: (Core)

880 881 882 883	V.A.1.c).(1)	use multiple evaluators (e.g., faculty members, peers, patients, self, and other professional staff members); and, (Core)
884		
885	V.A.1.c).(2)	provide that information to the Clinical Competency
886		Committee for its synthesis of progressive fellow
887		performance and improvement toward unsupervised
888		practice. (Core)
889		

Background and Intent: The trajectory to autonomous practice in a subspecialty is documented by the subspecialty-specific Milestones evaluation during fellowship. These Milestones detail the progress of a fellow in attaining skill in each competency domain. It is expected that the most growth in fellowship education occurs in patient care and medical knowledge, while the other four domains of competency must be ensured in the context of the subspecialty. They are developed by a subspecialty group and allow evaluation based on observable behaviors. The Milestones are considered formative and should be used to identify learning needs. This may lead to focused or general curricular revision in any given program or to individualized learning plans for any specific fellow.

890 891 V.A.1.d) The program director or their designee, with input from the **Clinical Competency Committee, must:** 892 893 894 V.A.1.d).(1) meet with and review with each fellow their documented semi-annual evaluation of performance, 895 896 including progress along the subspecialty-specific Milestones. (Core) 897 898 899 V.A.1.d).(2) develop plans for fellows failing to progress, following institutional policies and procedures. (Core) 900

Background and Intent: Learning is an active process that requires effort from the teacher and the learner. Faculty members evaluate a fellow's performance at least at the end of each rotation. The program director or their designee will review those evaluations, including their progress on the Milestones, at a minimum of every six months. Fellows should be encouraged to reflect upon the evaluation, using the information to reinforce well-performed tasks or knowledge or to modify deficiencies in knowledge or practice. Working together with the faculty members, fellows should develop an individualized learning plan.

Fellows who are experiencing difficulties with achieving progress along the Milestones may require intervention to address specific deficiencies. Such intervention, documented in an individual remediation plan developed by the program director or a faculty mentor and the fellow, will take a variety of forms based on the specific learning needs of the fellow. However, the ACGME recognizes that there are situations which require more significant intervention that may alter the time course of fellow progression. To ensure due process, it is essential that the program director follow institutional policies and procedures.

903 904 905	V.A.1.e)	The evaluations of a fellow's performance must be accessible for review by the fellow. (Core)
906 907	V.A.2.	Final Evaluation
908 909 910	V.A.2.a)	The program director must provide a final evaluation for each fellow upon completion of the program. (Core)
911 912 913 914 915 916	V.A.2.a).(1)	The subspecialty-specific Milestones, and when applicable the subspecialty-specific Case Logs, must be used as tools to ensure fellows are able to engage in autonomous practice upon completion of the program. (Core)
917 918	V.A.2.a).(2)	The final evaluation must:
919 920 921 922 923	V.A.2.a).(2).(a)	become part of the fellow's permanent record maintained by the institution, and must be accessible for review by the fellow in accordance with institutional policy; (Core)
924 925 926 927	V.A.2.a).(2).(b)	verify that the fellow has demonstrated the knowledge, skills, and behaviors necessary to enter autonomous practice; (Core)
928 929 930	V.A.2.a).(2).(c)	consider recommendations from the Clinical Competency Committee; and, <sup>(Core)</sup>
931 932 933	V.A.2.a).(2).(d)	be shared with the fellow upon completion of the program. (Core)
934 935 936	V.A.3.	A Clinical Competency Committee must be appointed by the program director. (Core)
937 938 939 940 941 942 943	V.A.3.a)	At a minimum the Clinical Competency Committee must include three members, at least one of whom is a core faculty member. Members must be faculty members from the same program or other programs, or other health professionals who have extensive contact and experience with the program's fellows. (Core)
944 945	V.A.3.b)	The Clinical Competency Committee must:
946 947 948	V.A.3.b).(1)	review all fellow evaluations at least semi-annually; (Core)
949 950 951	V.A.3.b).(2)	determine each fellow's progress on achievement of the subspecialty-specific Milestones; and, (Core)

952 V.A.3.b).(3) meet prior to the fellows' semi-annual evaluations and advise the program director regarding each fellow's progress. (Core)
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956 V.B. Faculty Evaluation

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V.B.1.

The program must have a process to evaluate each faculty member's performance as it relates to the educational program at least annually. (Core)

Background and Intent: The program director is responsible for the education program and for whom delivers it. While the term faculty may be applied to physicians within a given institution for other reasons, it is applied to fellowship program faculty members only through approval by a program director. The development of the faculty improves the education, clinical, and research aspects of a program. Faculty members have a strong commitment to the fellow and desire to provide optimal education and work opportunities. Faculty members must be provided feedback on their contribution to the mission of the program. All faculty members who interact with fellows desire feedback on their education, clinical care, and research. If a faculty member does not interact with fellows, feedback is not required. With regard to the diverse operating environments and configurations, the fellowship program director may need to work with others to determine the effectiveness of the program's faculty performance with regard to their role in the educational program. All teaching faculty members should have their educational efforts evaluated by the fellows in a confidential and anonymous manner. Other aspects for the feedback may include research or clinical productivity, review of patient outcomes, or peer review of scholarly activity. The process should reflect the local environment and identify the necessary information. The feedback from the various sources should be summarized and provided to the faculty on an annual basis by a member of the leadership team of the program.

V.B.1.a)

This evaluation must include a review of the faculty member's clinical teaching abilities, engagement with the educational program, participation in faculty development related to their skills as an educator, clinical performance, professionalism, and scholarly activities. (Core)

V.B.1.b)

This evaluation must include written, confidential evaluations by the fellows. (Core)

V.B.2. Faculty members must receive feedback on their evaluations at least annually. (Core)

Background and Intent: The quality of the faculty's teaching and clinical care is a determinant of the quality of the program and the quality of the fellows' future clinical care. Therefore, the program has the responsibility to evaluate and improve the program faculty members' teaching, scholarship, professionalism, and quality care. This section mandates annual review of the program's faculty members for this purpose, and can be used as input into the Annual Program Evaluation.

V.C. Program Evaluation and Improvement

978 979 980 981	V.C.1.	The program director must appoint the Program Evaluation Committee to conduct and document the Annual Program Evaluation as part of the program's continuous improvement process. (Core)
982		
983	V.C.1.a)	The Program Evaluation Committee must be composed of at
984		least two program faculty members, at least one of whom is a
985		core faculty member, and at least one fellow. <sup>(Core)</sup>
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987	V.C.1.b)	Program Evaluation Committee responsibilities must include:
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989	V.C.1.b).(1)	acting as an advisor to the program director, through
990	, , ,	program oversight; (Core)
991		
992	V.C.1.b).(2)	review of the program's self-determined goals and
993	, , ,	progress toward meeting them; (Core)
994		, ,
995	V.C.1.b).(3)	guiding ongoing program improvement, including
996		development of new goals, based upon outcomes;
997		and, <sup>(Core)</sup>
998		<b>,</b>
999	V.C.1.b).(4)	review of the current operating environment to identify
1000		strengths, challenges, opportunities, and threats as
1001		related to the program's mission and aims. (Core)
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Background and Intent: In order to achieve its mission and train quality physicians, a program must evaluate its performance and plan for improvement in the Annual Program Evaluation. Performance of fellows and faculty members is a reflection of program quality, and can use metrics that reflect the goals that a program has set for itself. The Program Evaluation Committee utilizes outcome parameters and other data to assess the program's progress toward achievement of its goals and aims.

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1004	V.C.1.c)	The Program Evaluation Committee should consider the
1005		following elements in its assessment of the program:
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1007	V.C.1.c).(1)	fellow performance; <sup>(Core)</sup>
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1009	V.C.1.c).(2)	faculty development; and, (Core)
1010		
1011	V.C.1.c).(3)	progress on the previous year's action plan(s). (Core)
1012		
1013	V.C.1.d)	The Program Evaluation Committee must evaluate the
1014		program's mission and aims, strengths, areas for
1015		improvement, and threats. <sup>(Core)</sup>
1016		
1017	V.C.1.e)	The annual review, including the action plan, must:
1018		
1019	V.C.1.e).(1)	be distributed to and discussed with the members of
1020		the teaching faculty and the fellows; and, <sup>(Core)</sup>
1021		
1022	V.C.1.e).(2)	be submitted to the DIO. (Core)

1023 1024 1025	V.C.2.	The program must participate in a Self-Study prior to its 10-Year Accreditation Site Visit. (Core)
1026 1027 1028 1029	V.C.2.a)	A summary of the Self-Study must be submitted to the DIO. (Core)

Background and Intent: Outcomes of the documented Annual Program Evaluation can be integrated into the 10-year Self-Study process. The Self-Study is an objective, comprehensive evaluation of the fellowship program, with the aim of improving it. Underlying the Self-Study is this longitudinal evaluation of the program and its learning environment, facilitated through sequential Annual Program Evaluations that focus on the required components, with an emphasis on program strengths and self-identified areas for improvement. Details regarding the timing and expectations for the Self-Study and the 10-Year Accreditation Site Visit are provided in the ACGME Manual of Policies and Procedures. Additionally, a description of the Self-Study process, as well as information on how to prepare for the 10-Year Accreditation Site Visit, is available on the ACGME website.

1030		
1031	V.C.3.	One goal of ACGME-accredited education is to educate physicians
1032		who seek and achieve board certification. One measure of the
1033		effectiveness of the educational program is the ultimate pass rate.
1034		
1035		The program director should encourage all eligible program
1036		graduates to take the certifying examination offered by the
1037		applicable American Board of Medical Specialties (ABMS) member
1038		board or American Osteopathic Association (AOA) certifying board.
1039		
1040	V.C.3.a)	For subspecialties in which the ABMS member board and/or
1041		AOA certifying board offer(s) an annual written exam, in the
1042		preceding three years, the program's aggregate pass rate of
1043		those taking the examination for the first time must be higher
1044		than the bottom fifth percentile of programs in that
1045		subspecialty. (Outcome)‡
1046		
1047	V.C.3.b)	For subspecialties in which the ABMS member board and/or
1048		AOA certifying board offer(s) a biennial written exam, in the
1049		preceding six years, the program's aggregate pass rate of
1050		those taking the examination for the first time must be higher
1051		than the bottom fifth percentile of programs in that
1052		subspecialty. <sup>(Outcome)</sup>
1053		
1054	V.C.3.c)	For subspecialties in which the ABMS member board and/or
1055		AOA certifying board offer(s) an annual oral exam, in the
1056		preceding three years, the program's aggregate pass rate of
1057		those taking the examination for the first time must be higher
1058		than the bottom fifth percentile of programs in that
1059		subspecialty. (Outcome)
1060	\/ O O -I\	For each an established a subtable that ADMO many 1
1061	V.C.3.d)	For subspecialties in which the ABMS member board and/or
1062		AOA certifying board offer(s) a biennial oral exam, in the

preceding six years, the program's aggregate pass rate of those taking the examination for the first time must be higher than the bottom fifth percentile of programs in that subspecialty. (Outcome)

For each of the exams referenced in V.C.3.a)-d), any program whose graduates over the time period specified in the requirement have achieved an 80 percent pass rate will have met this requirement, no matter the percentile rank of the program for pass rate in that subspecialty. (Outcome)

Background and Intent: Setting a single standard for pass rate that works across subspecialties is not supportable based on the heterogeneity of the psychometrics of different examinations. By using a percentile rank, the performance of the lower five percent (fifth percentile) of programs can be identified and set on a path to curricular and test preparation reform.

There are subspecialties where there is a very high board pass rate that could leave successful programs in the bottom five percent (fifth percentile) despite admirable performance. These high-performing programs should not be cited, and V.C.3.e) is designed to address this.

 V.C.3.f)

V.C.3.e)

Programs must report, in ADS, board certification status annually for the cohort of board-eligible fellows that graduated seven years earlier. (Core)

Background and Intent: It is essential that fellowship programs demonstrate knowledge and skill transfer to their fellows. One measure of that is the qualifying or initial certification exam pass rate. Another important parameter of the success of the program is the ultimate board certification rate of its graduates. Graduates are eligible for up to seven years from fellowship graduation for initial certification. The ACGME will calculate a rolling three-year average of the ultimate board certification rate at seven years post-graduation, and the Review Committees will monitor it.

The Review Committees will track the rolling seven-year certification rate as an indicator of program quality. Programs are encouraged to monitor their graduates' performance on board certification examinations.

In the future, the ACGME may establish parameters related to ultimate board certification rates.

VI. The Learning and Working Environment

Fellowship education must occur in the context of a learning and working environment that emphasizes the following principles:

 • Excellence in the safety and quality of care rendered to patients by fellows today

- Excellence in the safety and quality of care rendered to patients by today's fellows in their future practice
- Excellence in professionalism through faculty modeling of:
  - the effacement of self-interest in a humanistic environment that supports the professional development of physicians
  - o the joy of curiosity, problem-solving, intellectual rigor, and discovery
- Commitment to the well-being of the students, residents, fellows, faculty members, and all members of the health care team

Background and Intent: The revised requirements are intended to provide greater flexibility within an established framework, allowing programs and fellows more discretion to structure clinical education in a way that best supports the above principles of professional development. With this increased flexibility comes the responsibility for programs and fellows to adhere to the 80-hour maximum weekly limit (unless a rotation-specific exception is granted by a Review Committee), and to utilize flexibility in a manner that optimizes patient safety, fellow education, and fellow well-being. The requirements are intended to support the development of a sense of professionalism by encouraging fellows to make decisions based on patient needs and their own well-being, without fear of jeopardizing their program's accreditation status. In addition, the proposed requirements eliminate the burdensome documentation requirement for fellows to justify clinical and educational work hour variations.

Clinical and educational work hours represent only one part of the larger issue of conditions of the learning and working environment, and Section VI has now been expanded to include greater attention to patient safety and fellow and faculty member well-being. The requirements are intended to support programs and fellows as they strive for excellence, while also ensuring ethical, humanistic training. Ensuring that flexibility is used in an appropriate manner is a shared responsibility of the program and fellows. With this flexibility comes a responsibility for fellows and faculty members to recognize the need to hand off care of a patient to another provider when a fellow is too fatigued to provide safe, high quality care and for programs to ensure that fellows remain within the 80-hour maximum weekly limit.

VI.A. Patient Safety, Quality Improvement, Supervision, and Accountability

 VI.A.1. Patient Safety and Quality Improvement

All physicians share responsibility for promoting patient safety and enhancing quality of patient care. Graduate medical education must prepare fellows to provide the highest level of clinical care with continuous focus on the safety, individual needs, and humanity of their patients. It is the right of each patient to be cared for by fellows who are appropriately supervised; possess the requisite knowledge, skills, and abilities; understand the limits of their knowledge and experience; and seek assistance as required to provide optimal

patient care.

1115 1116 1117 1118 1119 1120 1121 1122 1123 1124 1125		Fellows must demonstrate the ability to analyze the care they provide, understand their roles within health care teams, and play an active role in system improvement processes. Graduating fellows will apply these skills to critique their future unsupervised practice and effect quality improvement measures.  It is necessary for fellows and faculty members to consistently work in a well-coordinated manner with other health care professionals to achieve organizational patient safety goals.
1126 1127	VI.A.1.a)	Patient Safety
1128 1129	VI.A.1.a).(1)	Culture of Safety
1130 1131 1132 1133 1134 1135 1136		A culture of safety requires continuous identification of vulnerabilities and a willingness to transparently deal with them. An effective organization has formal mechanisms to assess the knowledge, skills, and attitudes of its personnel toward safety in order to identify areas for improvement.
1137 1138 1139 1140 1141	VI.A.1.a).(1).(a)	The program, its faculty, residents, and fellows must actively participate in patient safety systems and contribute to a culture of safety.
1142 1143 1144 1145	VI.A.1.a).(1).(b)	The program must have a structure that promotes safe, interprofessional, team-based care. (Core)
1146 1147	VI.A.1.a).(2)	Education on Patient Safety
1148 1149 1150 1151		Programs must provide formal educational activities that promote patient safety-related goals, tools, and techniques. (Core)
1131		ntent: Optimal patient safety occurs in the setting of a coordinated earning and working environment.
1152 1153	VI.A.1.a).(3)	Patient Safety Events
1154 1155 1156 1157 1158 1159 1160 1161 1162 1163		Reporting, investigation, and follow-up of adverse events, near misses, and unsafe conditions are pivotal mechanisms for improving patient safety, and are essential for the success of any patient safety program. Feedback and experiential learning are essential to developing true competence in the ability to identify causes and institute sustainable systems-based changes to ameliorate patient safety vulnerabilities.

1164		
1165	VI.A.1.a).(3).(a)	Residents, fellows, faculty members, and other
1166	, , , , ,	clinical staff members must:
1167		
1168	VI.A.1.a).(3).(a).(i)	know their responsibilities in reporting
1169	, , , , , ,	patient safety events at the clinical site;
1170		(Core)
1171		
1172	VI.A.1.a).(3).(a).(ii)	know how to report patient safety
1173	, , , , , ,	events, including near misses, at the
1174		clinical site; and, (Core)
1175		
1176	VI.A.1.a).(3).(a).(iii)	be provided with summary information
1177	, , , , , ,	of their institution's patient safety
1178		reports. (Core)
1179		•
1180	VI.A.1.a).(3).(b)	Fellows must participate as team members in
1181	, , , , ,	real and/or simulated interprofessional clinical
1182		patient safety activities, such as root cause
1183		analyses or other activities that include
1184		analysis, as well as formulation and
1185		implementation of actions. (Core)
1186		·
1187	VI.A.1.a).(4)	Fellow Education and Experience in Disclosure of
1188	, , ,	Adverse Events
1189		
1190		Patient-centered care requires patients, and when
1191		appropriate families, to be apprised of clinical
1192		situations that affect them, including adverse events.
1193		This is an important skill for faculty physicians to
1194		model, and for fellows to develop and apply.
1195		
1196	VI.A.1.a).(4).(a)	All fellows must receive training in how to
1197		disclose adverse events to patients and
1198		families. <sup>(Core)</sup>
1199		
1200	VI.A.1.a).(4).(b)	Fellows should have the opportunity to
1201		participate in the disclosure of patient safety
1202		events, real or simulated. (Detail)†
1203		
1204	VI.A.1.b)	Quality Improvement
1205		
1206	VI.A.1.b).(1)	Education in Quality Improvement
1207		
1208		A cohesive model of health care includes quality-
1209		related goals, tools, and techniques that are necessary
1210		in order for health care professionals to achieve
1211		quality improvement goals.
1212		

1213 1214 1215 1216	VI.A.1.b).(1).(a)	Fellows must receive training and experience in quality improvement processes, including an understanding of health care disparities. (Core)
1217 1218	VI.A.1.b).(2)	Quality Metrics
1219 1220 1221 1222		Access to data is essential to prioritizing activities for care improvement and evaluating success of improvement efforts.
1223 1224 1225 1226	VI.A.1.b).(2).(a)	Fellows and faculty members must receive data on quality metrics and benchmarks related to their patient populations. (Core)
1227 1228	VI.A.1.b).(3)	Engagement in Quality Improvement Activities
1229 1230 1231 1232		Experiential learning is essential to developing the ability to identify and institute sustainable systemsbased changes to improve patient care.
1232 1233 1234 1235 1236	VI.A.1.b).(3).(a)	Fellows must have the opportunity to participate in interprofessional quality improvement activities. (Core)
1237 1238 1239	VI.A.1.b).(3).(a).(i)	This should include activities aimed at reducing health care disparities. (Detail)
1240 1241	VI.A.2.	Supervision and Accountability
1242 1243 1244 1245 1246 1247 1248 1249 1250	VI.A.2.a)	Although the attending physician is ultimately responsible for the care of the patient, every physician shares in the responsibility and accountability for their efforts in the provision of care. Effective programs, in partnership with their Sponsoring Institutions, define, widely communicate, and monitor a structured chain of responsibility and accountability as it relates to the supervision of all patient care.
1251 1252 1253 1254 1255 1256		Supervision in the setting of graduate medical education provides safe and effective care to patients; ensures each fellow's development of the skills, knowledge, and attitudes required to enter the unsupervised practice of medicine; and establishes a foundation for continued professional growth.
1257 1258 1259 1260 1261 1262 1263	VI.A.2.a).(1)	Each patient must have an identifiable and appropriately-credentialed and privileged attending physician (or licensed independent practitioner as specified by the applicable Review Committee) who is responsible and accountable for the patient's care.  (Core)

1264 1265 1266	VI.A.2.a).(1).(a)	This information must be available to fellows, faculty members, other members of the health care team, and patients. (Core)
1267		
1268	VI.A.2.a).(1).(b)	Fellows and faculty members must inform each
1269		patient of their respective roles in that patient's
1270		care when providing direct patient care. (Core)
1271		
1272	VI.A.2.b)	Supervision may be exercised through a variety of methods.
1273	•	For many aspects of patient care, the supervising physician
1274		may be a more advanced fellow. Other portions of care
1275		provided by the fellow can be adequately supervised by the
1276		appropriate availability of the supervising faculty member or
1277		fellow, either on site or by means of telecommunication
1278		technology. Some activities require the physical presence of
1279		the supervising faculty member. In some circumstances,
1280		supervision may include post-hoc review of fellow-delivered
1281		care with feedback.
1282		

Background and Intent: There are circumstances where direct supervision without physical presence does not fulfill the requirements of the specific Review Committee. Review Committees will further specify what is meant by direct supervision without physical presence in specialties where allowed. "Physically present" is defined as follows: The teaching physician is located in the same room (or partitioned or curtained area, if the room is subdivided to accommodate multiple patients) as the patient and/or performs a face-to-face service.

1200		
1284	VI.A.2.b).(1)	The program must demonstrate that the appropriate
1285		level of supervision in place for all fellows is based on
1286		each fellow's level of training and ability, as well as
1287		patient complexity and acuity. Supervision may be
1288		exercised through a variety of methods, as appropriate
1289		to the situation. <sup>(Core)</sup>
1290		
1291	VI.A.2.b).(2)	The program must define when physical presence of a
1292		supervising physician is required. (Core)
1293		
1294	VI.A.2.c)	Levels of Supervision
1295		
1296		To promote appropriate fellow supervision while providing
1297		for graded authority and responsibility, the program must use
1298		the following classification of supervision: (Core)
1299		
1300	VI.A.2.c).(1)	Direct Supervision:
1301		
1302	VI.A.2.c).(1).(a)	the supervising physician is physically present
1303		with the fellow during the key portions of the
1304		patient interaction. (Core)
1305		
1306	VI.A.2.c).(2)	Indirect Supervision: the supervising physician is not
1307		providing physical or concurrent visual or audio

1308 1309 1310		supervision but is immediately available to the fellow for guidance and is available to provide appropriate direct supervision. (Core)
1311		uncet super vision.
1312 1313 1314 1315	VI.A.2.c).(3)	Oversight – the supervising physician is available to provide review of procedures/encounters with feedback provided after care is delivered. (Core)
1316 1317 1318 1319 1320	VI.A.2.d)	The privilege of progressive authority and responsibility, conditional independence, and a supervisory role in patient care delegated to each fellow must be assigned by the program director and faculty members. (Core)
1321 1322 1323 1324	VI.A.2.d).(1)	The program director must evaluate each fellow's abilities based on specific criteria, guided by the Milestones. (Core)
1325 1326 1327 1328 1329	VI.A.2.d).(2)	Faculty members functioning as supervising physicians must delegate portions of care to fellows based on the needs of the patient and the skills of each fellow. (Core)
1330 1331 1332 1333 1334 1335	VI.A.2.d).(3)	Fellows should serve in a supervisory role to junior fellows and residents in recognition of their progress toward independence, based on the needs of each patient and the skills of the individual resident or fellow. (Detail)
1336 1337 1338 1339	VI.A.2.e)	Programs must set guidelines for circumstances and events in which fellows must communicate with the supervising faculty member(s). (Core)
1340 1341 1342 1343 1344	VI.A.2.e).(1)	Each fellow must know the limits of their scope of authority, and the circumstances under which the fellow is permitted to act with conditional independence. (Outcome)
		and Intent: The ACGME Glossary of Terms defines conditional ce as: Graded, progressive responsibility for patient care with defined
1345 1346 1347 1348 1349 1350	VI.A.2.f)	Faculty supervision assignments must be of sufficient duration to assess the knowledge and skills of each fellow and to delegate to the fellow the appropriate level of patient care authority and responsibility. (Core)
1351 1352	VI.B.	Professionalism
1353 1354 1355	VI.B.1.	Programs, in partnership with their Sponsoring Institutions, must educate fellows and faculty members concerning the professional responsibilities of physicians, including their obligation to be

1356 1357		appropriately rested and fit to provide the care required by their patients. (Core)
1358		·
1359	VI.B.2.	The learning objectives of the program must:
1360		
1361	VI.B.2.a)	be accomplished through an appropriate blend of supervised
1362		patient care responsibilities, clinical teaching, and didactic
1363		educational events; (Core)
1364		
1365	VI.B.2.b)	be accomplished without excessive reliance on fellows to
1366		fulfill non-physician obligations; and, <sup>(Core)</sup>
1367		

Background and Intent: Routine reliance on fellows to fulfill non-physician obligations increases work compression for fellows and does not provide an optimal educational experience. Non-physician obligations are those duties which in most institutions are performed by nursing and allied health professionals, transport services, or clerical staff. Examples of such obligations include transport of patients from the wards or units for procedures elsewhere in the hospital; routine blood drawing for laboratory tests; routine monitoring of patients when off the ward; and clerical duties, such as scheduling. While it is understood that fellows may be expected to do any of these things on occasion when the need arises, these activities should not be performed by fellows routinely and must be kept to a minimum to optimize fellow education.

VI.B.2.c) ensure manageable patient care responsibilities. (Core)

Background and Intent: The Common Program Requirements do not define "manageable patient care responsibilities" as this is variable by specialty and PGY level. Review Committees will provide further detail regarding patient care responsibilities in the applicable specialty-specific Program Requirements and accompanying FAQs. However, all programs, regardless of specialty, should carefully assess how the assignment of patient care responsibilities can affect work compression.

VI.B.3. The program director, in partnership with the Sponsoring Institution, must provide a culture of professionalism that supports patient safety and personal responsibility. (Core)

VI.B.4. Fellows and faculty members must demonstrate an understanding of their personal role in the:

VI.B.4.a) provision of patient- and family-centered care; (Outcome)

VI.B.4.b) safety and welfare of patients entrusted to their care, including the ability to report unsafe conditions and adverse events: (Outcome)

Background and Intent: This requirement emphasizes that responsibility for reporting unsafe conditions and adverse events is shared by all members of the team and is not solely the responsibility of the fellow.

VI.B.4.c) assurance of their fitness for work, including: (Outcome)

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Background and Intent: This requirement emphasizes the professional responsibility of faculty members and fellows to arrive for work adequately rested and ready to care for patients. It is also the responsibility of faculty members, fellows, and other members of the care team to be observant, to intervene, and/or to escalate their concern about fellow and faculty member fitness for work, depending on the situation, and in accordance with institutional policies.

decerdance with methaticial periode.		
VI.B.4.c).(1)	management of their time before, during, and after clinical assignments; and, (Outcome)	
VI.B.4.c).(2)	recognition of impairment, including from illness, fatigue, and substance use, in themselves, their peers, and other members of the health care team. (Outcome)	
VI.B.4.d)	commitment to lifelong learning; (Outcome)	
VI.B.4.e)	monitoring of their patient care performance improvement indicators; and, (Outcome)	
VI.B.4.f)	accurate reporting of clinical and educational work hours, patient outcomes, and clinical experience data. (Outcome)	
VI.B.5.	All fellows and faculty members must demonstrate responsiveness to patient needs that supersedes self-interest. This includes the recognition that under certain circumstances, the best interests of the patient may be served by transitioning that patient's care to another qualified and rested provider. (Outcome)	
VI.B.6.	Programs, in partnership with their Sponsoring Institutions, must provide a professional, equitable, respectful, and civil environment that is free from discrimination, sexual and other forms of harassment, mistreatment, abuse, or coercion of students, fellows, faculty, and staff. (Core)	
VI.B.7.	Programs, in partnership with their Sponsoring Institutions, should have a process for education of fellows and faculty regarding unprofessional behavior and a confidential process for reporting, investigating, and addressing such concerns. (Core)	
VI.C.	Well-Being	
	Psychological, emotional, and physical well-being are critical in the development of the competent, caring, and resilient physician and require proactive attention to life inside and outside of medicine. Well-being requires that physicians retain the joy in medicine while managing their own real life stresses. Self-care and responsibility to support other members of the health care team are important components of professionalism; they are also skills that must be modeled, learned, and nurtured in the context of other aspects of fellowship training.	

Fellows and faculty members are at risk for burnout and depression. Programs, in partnership with their Sponsoring Institutions, have the same responsibility to address well-being as other aspects of resident competence. Physicians and all members of the health care team share responsibility for the well-being of each other. For example, a culture which encourages covering for colleagues after an illness without the expectation of reciprocity reflects the ideal of professionalism. A positive culture in a clinical learning environment models constructive behaviors, and prepares fellows with the skills and attitudes needed to thrive throughout their careers.

Background and Intent: The ACGME is committed to addressing physician well-being for individuals and as it relates to the learning and working environment. The creation of a learning and working environment with a culture of respect and accountability for physician well-being is crucial to physicians' ability to deliver the safest, best possible care to patients. The ACGME is leveraging its resources in four key areas to support the ongoing focus on physician well-being: education, influence, research, and collaboration. Information regarding the ACGME's ongoing efforts in this area is available on the ACGME website.

As these efforts evolve, information will be shared with programs seeking to develop and/or strengthen their own well-being initiatives. In addition, there are many activities that programs can utilize now to assess and support physician well-being. These include culture of safety surveys, ensuring the availability of counseling services, and attention to the safety of the entire health care team.

VI.C.1. The responsibility of the program, in partnership with the Sponsoring Institution, to address well-being must include:

VI.C.1.a)

efforts to enhance the meaning that each fellow finds in the experience of being a physician, including protecting time with patients, minimizing non-physician obligations, providing administrative support, promoting progressive autonomy and flexibility, and enhancing professional relationships; (Core)

VI.C.1.b) attention to scheduling, work intensity, and work compression that impacts fellow well-being; (Core)

VI.C.1.c) evaluating workplace safety data and addressing the safety of fellows and faculty members; (Core)

Background and Intent: This requirement emphasizes the responsibility shared by the Sponsoring Institution and its programs to gather information and utilize systems that monitor and enhance fellow and faculty member safety, including physical safety. Issues to be addressed include, but are not limited to, monitoring of workplace injuries, physical or emotional violence, vehicle collisions, and emotional well-being after adverse events.

1461 VI.C.1.d) policies and programs that encourage optimal fellow and faculty member well-being; and, (Core) 1462 1463 Background and Intent: Well-being includes having time away from work to engage with family and friends, as well as to attend to personal needs and to one's own health, including adequate rest, healthy diet, and regular exercise.

1464

VI.C.1.d).(1) 1465 Fellows must be given the opportunity to attend medical, mental health, and dental care appointments, 1466 1467 including those scheduled during their working hours. (Core)

1468 1469

> Background and Intent: The intent of this requirement is to ensure that fellows have the opportunity to access medical and dental care, including mental health care, at times that are appropriate to their individual circumstances. Fellows must be provided with time away from the program as needed to access care, including appointments scheduled during their working hours.

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VI.C.1.e)

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Background and Intent: Programs and Sponsoring Institutions are encouraged to review materials in order to create systems for identification of burnout, depression, and substance abuse. Materials and more information are available on the Physician Wellbeing section of the ACGME website (http://www.acgme.org/What-We-Do/Initiatives/Physician-Well-Being).

must: (Core)

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1483 1484

1489

VI.C.1.e).(1)

encourage fellows and faculty members to alert the program director or other designated personnel or programs when they are concerned that another fellow, resident, or faculty member may be displaying signs of burnout, depression, substance abuse, suicidal ideation, or potential for violence: (Core)

attention to fellow and faculty member burnout, depression,

depression, and substance abuse, including means to assist

those who experience these conditions. Fellows and faculty

symptoms in themselves and how to seek appropriate care.

The program, in partnership with its Sponsoring Institution,

and substance abuse. The program, in partnership with its Sponsoring Institution, must educate faculty members and

fellows in identification of the symptoms of burnout,

members must also be educated to recognize those

Background and Intent: Individuals experiencing burnout, depression, substance abuse, and/or suicidal ideation are often reluctant to reach out for help due to the stigma associated with these conditions, and are concerned that seeking help may have a negative impact on their career. Recognizing that physicians are at increased risk in these areas, it is essential that fellows and faculty members are able to report their concerns when another fellow or faculty member displays signs of any of these conditions, so that the program director or other designated personnel, such as the department chair, may assess the situation and intervene as necessary to facilitate

access to appropriate care. Fellows and faculty members must know which personnel, in addition to the program director, have been designated with this responsibility; those personnel and the program director should be familiar with the institution's impaired physician policy and any employee health, employee assistance, and/or wellness programs within the institution. In cases of physician impairment, the program director or designated personnel should follow the policies of their institution for reporting.

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1491	VI.C.1.e).(2)	provide access to appropriate tools for self-screening;
1492		and, <sup>(Core)</sup>
1493		
1494	VI.C.1.e).(3)	provide access to confidential, affordable mental
1495		health assessment, counseling, and treatment,
1496		including access to urgent and emergent care 24
1497		hours a day, seven days a week. (Core)

1497 1498

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Background and Intent: The intent of this requirement is to ensure that fellows have immediate access at all times to a mental health professional (psychiatrist, psychologist, Licensed Clinical Social Worker, Primary Mental Health Nurse Practitioner, or Licensed Professional Counselor) for urgent or emergent mental health issues. In-person, telemedicine, or telephonic means may be utilized to satisfy this requirement. Care in the Emergency Department may be necessary in some cases, but not as the primary or sole means to meet the requirement.

The reference to affordable counseling is intended to require that financial cost not be a barrier to obtaining care.

1733		
1500	VI.C.2.	There are circumstances in which fellows may be unable to attend
1501		work, including but not limited to fatigue, illness, family
1502		emergencies, and parental leave. Each program must allow an
1503		appropriate length of absence for fellows unable to perform their
1504		patient care responsibilities. (Core)
1505		
1506	VI.C.2.a)	The program must have policies and procedures in place to
1507	•	ensure coverage of patient care. (Core)
1508		•
1509	VI.C.2.b)	These policies must be implemented without fear of negative
1510	,	consequences for the fellow who is or was unable to provide
1511		the clinical work. <sup>(Core)</sup>
1512		

Background and Intent: Fellows may need to extend their length of training depending on length of absence and specialty board eligibility requirements. Teammates should assist colleagues in need and equitably reintegrate them upon return.

1513 1514 1515	VI.D.	Fatigue Mitigation
1515	VI.D.1.	Programs must:
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1518	VI.D.1.a)	educate all faculty members and fellows to recognize the
1519		signs of fatigue and sleep deprivation; (Core)
1520		

1521 1522 1523	VI.D.1.b)	educate all faculty members and fellows in alertness management and fatigue mitigation processes; and, (Core)
1524 1525 1526	VI.D.1.c)	encourage fellows to use fatigue mitigation processes to manage the potential negative effects of fatigue on patient care and learning. (Detail)
1527		-

Background and Intent: Providing medical care to patients is physically and mentally demanding. Night shifts, even for those who have had enough rest, cause fatigue. Experiencing fatigue in a supervised environment during training prepares fellows for managing fatigue in practice. It is expected that programs adopt fatigue mitigation processes and ensure that there are no negative consequences and/or stigma for using fatigue mitigation strategies.

This requirement emphasizes the importance of adequate rest before and after clinical responsibilities. Strategies that may be used include, but are not limited to, strategic napping; the judicious use of caffeine; availability of other caregivers; time management to maximize sleep off-duty; learning to recognize the signs of fatigue, and self-monitoring performance and/or asking others to monitor performance; remaining active to promote alertness; maintaining a healthy diet; using relaxation techniques to fall asleep; maintaining a consistent sleep routine; exercising regularly; increasing sleep time before and after call; and ensuring sufficient sleep recovery periods.

1529 1530	VI.D.2.	Each program must ensure continuity of patient care, consistent with the program's policies and procedures referenced in VI.C.2–
1531		VI.C.2.b), in the event that a fellow may be unable to perform their
1532		patient care responsibilities due to excessive fatigue. (Core)
1533		
1534	VI.D.3.	The program, in partnership with its Sponsoring Institution, must
1535		ensure adequate sleep facilities and safe transportation options for
1536		fellows who may be too fatigued to safely return home. (Core)
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1538	VI.E.	Clinical Responsibilities, Teamwork, and Transitions of Care
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1540	VI.E.1.	Clinical Responsibilities
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1542		The clinical responsibilities for each fellow must be based on PGY
1543		level, patient safety, fellow ability, severity and complexity of patient
1544		illness/condition, and available support services. (Core)
1545		

Background and Intent: The changing clinical care environment of medicine has meant that work compression due to high complexity has increased stress on fellows. Faculty members and program directors need to make sure fellows function in an environment that has safe patient care and a sense of fellow well-being. Some Review Committees have addressed this by setting limits on patient admissions, and it is an essential responsibility of the program director to monitor fellow workload. Workload should be distributed among the fellow team and interdisciplinary teams to minimize work compression.

VI.E.2. Teamwork

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1548 1549 1550 1551 1552 1553		Fellows must care for patients in an environment that maximizes communication. This must include the opportunity to work as a member of effective interprofessional teams that are appropriate to the delivery of care in the subspecialty and larger health system. (Core)
1554 1555 1556 1557 1558 1559	VI.E.2.a)	Interprofessional teams include consulting physicians, psychologists, nurses, social workers, case managers, and other professional/paraprofessional staff members involved in evaluating and treating patients. (Detail)
1560 1561	VI.E.3.	Transitions of Care
1562 1563 1564 1565	VI.E.3.a)	Programs must design clinical assignments to optimize transitions in patient care, including their safety, frequency, and structure. (Core)
1565 1566 1567 1568 1569 1570	VI.E.3.b)	Programs, in partnership with their Sponsoring Institutions, must ensure and monitor effective, structured hand-over processes to facilitate both continuity of care and patient safety. (Core)
1570 1571 1572 1573 1574	VI.E.3.c)	Programs must ensure that fellows are competent in communicating with team members in the hand-over process.
1575 1576 1577 1578	VI.E.3.d)	Programs and clinical sites must maintain and communicate schedules of attending physicians and fellows currently responsible for care. (Core)
1579 1580 1581 1582 1583 1584	VI.E.3.e)	Each program must ensure continuity of patient care, consistent with the program's policies and procedures referenced in VI.C.2-VI.C.2.b), in the event that a fellow may be unable to perform their patient care responsibilities due to excessive fatigue or illness, or family emergency. (Core)
1585 1586	VI.F.	Clinical Experience and Education
1587 1588 1589 1590		Programs, in partnership with their Sponsoring Institutions, must design an effective program structure that is configured to provide fellows with educational and clinical experience opportunities, as well as reasonable opportunities for rest and personal activities.
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Background and Intent: In the new requirements, the terms "clinical experience and education," "clinical and educational work," and "clinical and educational work hours" replace the terms "duty hours," "duty periods," and "duty." These changes have been made in response to concerns that the previous use of the term "duty" in reference to number of hours worked may have led some to conclude that fellows' duty to "clock out" on time superseded their duty to their patients.

1593	VI.F.1.	Maximum Hours of Clinical and Educational Work per Week
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1595		Clinical and educational work hours must be limited to no more than
1596		80 hours per week, averaged over a four-week period, inclusive of all
1597		in-house clinical and educational activities, clinical work done from

home, and all moonlighting. (Core)

Background and Intent: Programs and fellows have a shared responsibility to ensure that the 80-hour maximum weekly limit is not exceeded. While the requirement has been written with the intent of allowing fellows to remain beyond their scheduled work periods to care for a patient or participate in an educational activity, these additional hours must be accounted for in the allocated 80 hours when averaged over four weeks.

## Scheduling

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> While the ACGME acknowledges that, on rare occasions, a fellow may work in excess of 80 hours in a given week, all programs and fellows utilizing this flexibility will be required to adhere to the 80-hour maximum weekly limit when averaged over a fourweek period. Programs that regularly schedule fellows to work 80 hours per week and still permit fellows to remain beyond their scheduled work period are likely to exceed the 80-hour maximum, which would not be in substantial compliance with the requirement. These programs should adjust schedules so that fellows are scheduled to work fewer than 80 hours per week, which would allow fellows to remain beyond their scheduled work period when needed without violating the 80-hour requirement. Programs may wish to consider using night float and/or making adjustments to the frequency of in-house call to ensure compliance with the 80-hour maximum weekly limit.

## **Oversight**

With increased flexibility introduced into the Requirements, programs permitting this flexibility will need to account for the potential for fellows to remain beyond their assigned work periods when developing schedules, to avoid exceeding the 80-hour maximum weekly limit, averaged over four weeks. The ACGME Review Committees will strictly monitor and enforce compliance with the 80-hour requirement. Where violations of the 80-hour requirement are identified, programs will be subject to citation and at risk for an adverse accreditation action.

## Work from Home

While the requirement specifies that clinical work done from home must be counted toward the 80-hour maximum weekly limit, the expectation remains that scheduling be structured so that fellows are able to complete most work on site during scheduled clinical work hours without requiring them to take work home. The new requirements acknowledge the changing landscape of medicine, including electronic health records, and the resulting increase in the amount of work fellows choose to do from home. The requirement provides flexibility for fellows to do this while ensuring that the time spent by fellows completing clinical work from home is accomplished within the 80-hour weekly maximum. Types of work from home that must be counted include using an electronic health record and taking calls from home. Reading done in preparation for the following day's cases, studying, and research done from home do not count toward the 80 hours. Fellow decisions to leave the hospital before their clinical work has been completed and to finish that work later from home should be made in consultation with the fellow's supervisor. In such circumstances, fellows should be mindful of their

professional responsibility to complete work in a timely manner and to maintain patient confidentiality.

During the public comment period many individuals raised questions and concerns related to this change. Some questioned whether minute by minute tracking would be required; in other words, if a fellow spends three minutes on a phone call and then a few hours later spends two minutes on another call, will the fellow need to report that time. Others raised concerns related to the ability of programs and institutions to verify the accuracy of the information reported by fellows. The new requirements are not an attempt to micromanage this process. Fellows are to track the time they spend on clinical work from home and to report that time to the program. Decisions regarding whether to report infrequent phone calls of very short duration will be left to the individual fellow. Programs will need to factor in time fellows are spending on clinical work at home when schedules are developed to ensure that fellows are not working in excess of 80 hours per week, averaged over four weeks. There is no requirement that programs assume responsibility for documenting this time. Rather, the program's responsibility is ensuring that fellows report their time from home and that schedules are structured to ensure that fellows are not working in excess of 80 hours per week, averaged over four weeks.

VI.F.2.	Mandatory Time Free of Clinical Work and Education
VI.F.2.a)	The program must design an effective program structure that
VI.I .Z.a)	is configured to provide fellows with educational
	opportunities, as well as reasonable opportunities for rest
	and personal well-being. (Core)
	•
VI.F.2.b)	Fellows should have eight hours off between scheduled
	clinical work and education periods. (Detail)
VI.F.2.b).(1)	There may be circumstances when fellows choose to
	stay to care for their patients or return to the hospital
	with fewer than eight hours free of clinical experience
	and education. This must occur within the context of
	the 80-hour and the one-day-off-in-seven
	requirements. (Detail)

Background and Intent: While it is expected that fellow schedules will be structured to ensure that fellows are provided with a minimum of eight hours off between scheduled work periods, it is recognized that fellows may choose to remain beyond their scheduled time, or return to the clinical site during this time-off period, to care for a patient. The requirement preserves the flexibility for fellows to make those choices. It is also noted that the 80-hour weekly limit (averaged over four weeks) is a deterrent for scheduling fewer than eight hours off between clinical and education work periods, as it would be difficult for a program to design a schedule that provides fewer than eight hours off without violating the 80-hour rule.

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1619 VI.F.2.c) Fellows must have at least 14 hours free of clinical work and
1620 education after 24 hours of in-house call. (Core)
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Background and Intent: Fellows have a responsibility to return to work rested, and thus are expected to use this time away from work to get adequate rest. In support of this goal, fellows are encouraged to prioritize sleep over other discretionary activities.

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Fellows must be scheduled for a minimum of one day in seven free of clinical work and required education (when averaged over four weeks). At-home call cannot be assigned on these free days. (Core)

Background and Intent: The requirement provides flexibility for programs to distribute days off in a manner that meets program and fellow needs. It is strongly recommended that fellows' preference regarding how their days off are distributed be considered as schedules are developed. It is desirable that days off be distributed throughout the month, but some fellows may prefer to group their days off to have a "golden weekend," meaning a consecutive Saturday and Sunday free from work. The requirement for one free day in seven should not be interpreted as precluding a golden weekend. Where feasible, schedules may be designed to provide fellows with a weekend, or two consecutive days, free of work. The applicable Review Committee will evaluate the number of consecutive days of work and determine whether they meet educational objectives. Programs are encouraged to distribute days off in a fashion that optimizes fellow well-being, and educational and personal goals. It is noted that a day off is defined in the ACGME Glossary of Terms as "one (1) continuous 24-hour period free from all administrative, clinical, and educational activities."

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1629 VI.F.3. **Maximum Clinical Work and Education Period Length** 

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VI.F.3.a) 1632

Clinical and educational work periods for fellows must not exceed 24 hours of continuous scheduled clinical assignments. (Core)

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VI.F.3.a).(1)

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effective transitions of care, and/or fellow education.

Up to four hours of additional time may be used for activities related to patient safety, such as providing

VI.F.3.a).(1).(a)

Additional patient care responsibilities must not be assigned to a fellow during this time. (Core)

Background and Intent: The additional time referenced in VI.F.3.a).(1) should not be used for the care of new patients. It is essential that the fellow continue to function as a member of the team in an environment where other members of the team can assess fellow fatigue, and that supervision for post-call fellows is provided. This 24 hours and up to an additional four hours must occur within the context of 80-hour weekly limit, averaged over four weeks.

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1644 VI.F.4. **Clinical and Educational Work Hour Exceptions** 

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VI.F.4.a)

In rare circumstances, after handing off all other responsibilities, a fellow, on their own initiative, may elect to

1648 1649		remain or return to the clinical site in the following circumstances:
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1651	VI.F.4.a).(1)	to continue to provide care to a single severely ill or
1652		unstable patient; (Detail)
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1654	VI.F.4.a).(2)	humanistic attention to the needs of a patient or
1655		family; or, <sup>(Detail)</sup>
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1657	VI.F.4.a).(3)	to attend unique educational events. (Detail)
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1659	VI.F.4.b)	These additional hours of care or education will be counted
1660		toward the 80-hour weekly limit. (Detail)
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Background and Intent: This requirement is intended to provide fellows with some control over their schedules by providing the flexibility to voluntarily remain beyond the scheduled responsibilities under the circumstances described above. It is important to note that a fellow may remain to attend a conference, or return for a conference later in the day, only if the decision is made voluntarily. Fellows must not be required to stay. Programs allowing fellows to remain or return beyond the scheduled work and clinical education period must ensure that the decision to remain is initiated by the fellow and that fellows are not coerced. This additional time must be counted toward the 80-hour maximum weekly limit.

VI.F.4.c)	A Review Committee may grant rotation-specific exceptions
	for up to 10 percent or a maximum of 88 clinical and
	educational work hours to individual programs based on a
	sound educational rationale.
VI.F.4.c).(1)	In preparing a request for an exception, the program
, , ,	director must follow the clinical and educational work
	hour exception policy from the ACGME Manual of
	Policies and Procedures. (Core)
VI.F.4.c).(2)	Prior to submitting the request to the Review
· · · · · · · · · · · · · · · · · · ·	Committee, the program director must obtain approval
	from the Sponsoring Institution's GMEC and DIO. (Core)
	from the oponsoring institution's diffic and bio.

Background and Intent: The provision for exceptions for up to 88 hours per week has been modified to specify that exceptions may be granted for specific rotations if the program can justify the increase based on criteria specified by the Review Committee. As in the past, Review Committees may opt not to permit exceptions. The underlying philosophy for this requirement is that while it is expected that all fellows should be able to train within an 80-hour work week, it is recognized that some programs may include rotations with alternate structures based on the nature of the specialty. DIO/GMEC approval is required before the request will be considered by the Review Committee.

1677 1678 **VI.F.5. Moonlighting** 1679

VI.F.5.a)	Moonlighting must not interfere with the ability of the fellow to achieve the goals and objectives of the educational program, and must not interfere with the fellow's fitness for work nor compromise patient safety. (Core)
VI.F.5.b)	Time spent by fellows in internal and external moonlighting (as defined in the ACGME Glossary of Terms) must be counted toward the 80-hour maximum weekly limit. (Core)
moonlighting, ¡	nd Intent: For additional clarification of the expectations related to please refer to the Common Program Requirement FAQs (available at me.org/What-We-Do/Accreditation/Common-Program-Requirements).
VI.F.6.	In-House Night Float
	Night float must occur within the context of the 80-hour and one-day-off-in-seven requirements. (Core)
	nd Intent: The requirement for no more than six consecutive nights of removed to provide programs with increased flexibility in scheduling.
VI.F.7.	Maximum In-House On-Call Frequency
	Fellows must be scheduled for in-house call no more frequently than every third night (when averaged over a four-week period). (Core)
VI.F.8.	At-Home Call
VI.F.8.a)	Time spent on patient care activities by fellows on at-home call must count toward the 80-hour maximum weekly limit. The frequency of at-home call is not subject to the everythird-night limitation, but must satisfy the requirement for one day in seven free of clinical work and education, when averaged over four weeks. (Core)
VI.F.8.a).(1)	At-home call must not be so frequent or taxing as to preclude rest or reasonable personal time for each fellow. (Core)
VI.F.8.b)	Fellows are permitted to return to the hospital while on at- home call to provide direct care for new or established patients. These hours of inpatient patient care must be

Background and Intent: This requirement has been modified to specify that clinical work done from home when a fellow is taking at-home call must count toward the 80-hour maximum weekly limit. This change acknowledges the often significant amount of time fellows devote to clinical activities when taking at-home call, and ensures that taking at-home call does not result in fellows routinely working more than 80 hours per week. At-home call activities that must be counted include responding to phone calls and other

forms of communication, as well as documentation, such as entering notes in an electronic health record. Activities such as reading about the next day's case, studying, or research activities do not count toward the 80-hour weekly limit.

In their evaluation of fellowship programs, Review Committees will look at the overall impact of at-home call on fellow rest and personal time.

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\*Core Requirements: Statements that define structure, resource, or process elements essential to every graduate medical educational program.

<sup>†</sup>**Detail Requirements:** Statements that describe a specific structure, resource, or process, for achieving compliance with a Core Requirement. Programs and sponsoring institutions in substantial compliance with the Outcome Requirements may utilize alternative or innovative approaches to meet Core Requirements.

<sup>‡</sup>Outcome Requirements: Statements that specify expected measurable or observable attributes (knowledge, abilities, skills, or attitudes) of residents or fellows at key stages of their graduate medical education.

## **Osteopathic Recognition**

For programs with or applying for Osteopathic Recognition, the Osteopathic Recognition Requirements also apply (www.acgme.org/OsteopathicRecognition).