

**The Accreditation Council for Graduate Medical Education  
MULTI-SPECIALTY and PEDIATRIC LEADERSHIP SKILLS TRAINING  
PROGRAMS FOR CHIEF RESIDENTS  
2015 Workshops**

LEADERSHIP SKILLS TRAINING PROGRAMS FOR <u>PEDIATRIC</u> CHIEF RESIDENTS	PROGRAM DATES	REGISTRATION DEADLINE
Philadelphia, PA	March 24 - 27	February 27
Redondo Beach, CA	April 21 - 24	March 24
Jacksonville, FL	May 18 - 21	April 27

LEADERSHIP SKILLS TRAINING PROGRAMS FOR <u>MULTI-SPECIALTY</u> CHIEF RESIDENTS	PROGRAM DATES	REGISTRATION DEADLINE
Philadelphia, PA	March 19 - 21	February 16
Chicago, IL	March 31 - April 2	March 2
Chicago, IL	April 8 - 11	March 6
Redondo Beach, CA	April 13 - 15	March 16
Philadelphia, PA	May 5 - 7	March 31
Jacksonville, FL	May 28 - 30	May 4
Jacksonville, FL	June 23 - 25	June 1

### GENERAL PROGRAM INFORMATION

The ACGME is pleased to once again host the longstanding and successful annual Leadership Skills Training Programs, with program dates for the workshop designed exclusively for pediatric chief residents offered in three locations, and with seven program dates for sessions designed for rising chiefs from all medical and surgical subspecialties.

The experiential workshops consist of small-group sessions and exercises offering the incoming chief residents the tools, skills, and a learning environment to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and leader. As in the past, pediatric chief residents will participate in the three-and-a-half-day program agenda designed for their specialty. Seven programs designed for multi-specialty chief residents are offered in four locations, with six comprising a two-and-a-half-day agenda, and one three-and-a-half-day agenda which duplicates the pediatric workshop content, providing an additional day to explore the importance of collaboration with hospital administration as key to gaining support and commitment for goal achievement enhancing leadership effectiveness.

### REGISTRATION

**Registration is limited to 50 residents per session, and must be completed online with payment.** The registration fee is \$1,015 for the three-and-a-half-day programs and \$955 for the two-and-a-half-day programs. Registration includes breakfast, lunch, and breaks for each conference day; dinner on the first conference day; and all workshop materials, including a syllabus. **Only credit card payments are accepted**, and registration confirmation will be sent via e-mail immediately upon submission of registration and payment. **Please do not make travel or hotel reservations until you receive confirmation of acceptance.**

**Cancellation and Refund Policies:** A full refund will be given until 30 days prior to the program date. Cancellations requested less than 30 days before a scheduled workshop will incur a \$125 administrative fee. **No refunds will be made for cancellations made seven days or less prior to a workshop.** Should the ACGME find it necessary to cancel a program for any reason, registrants will be provided a full refund of their registration fee. No refund for airfare or hotel will be provided.

**Dress** is casual for the entire program.

**Content questions** may be submitted via e-mail to Ann Riley ([ariley@acgme.org](mailto:ariley@acgme.org)).

**Registration questions** should be sent to Andrea Rio ([ario@acgme.org](mailto:ario@acgme.org)).

## HOTEL ACCOMMODATIONS

Hotel accommodations should be made **after** confirmation of acceptance to the program. The ACGME has reserved a block of rooms at each of the hotels for arrival the night prior to the program. Rooms are available on a first-come, first-served basis, and you must identify yourself as an ACGME program participant, as indicated in the Hotel Information below, to receive the conference rate.

PEDIATRIC CHIEF RESIDENT- EXCLUSIVE PROGRAM DATES	HOTEL INFORMATION
<b>March 24 - 27</b>  Single/Double Rate: \$129 Reservation deadline: 3/3/15	<b>Wyndham Philadelphia Historic District</b> 400 Arch Street Philadelphia, PA Reservations: 877.999.3223 indicate "ACGME <b>Pediatric</b> Chief Resident Leadership group" Online: <a href="http://www.wyndham.com/groupevents2014/47153_ACGMEMARCH24/main.wnt">http://www.wyndham.com/groupevents2014/47153_ACGMEMARCH24/main.wnt</a>
<b>April 21 - 24</b>  Single/Double Rate: \$169 Reservation deadline: 3/29/15	<b>Crowne Plaza Redondo Beach</b> 300 North Harbor Drive Redondo Beach, CA Reservations: 888.233.9527* indicate "ACGME <b>Pediatric</b> Chief Camp
<b>May 18 - 21</b>  Single/Double Rate: \$109 Reservation deadline: 5/1/15	<b>Crowne Plaza Jacksonville Riverfront</b> 1201 Riverplace Boulevard Jacksonville, FL Reservations: 888.233.9527* indicate "ACGME <b>Pediatric</b> Chief Resident Leadership Skills"

MULTI-SPECIALTY CHIEF RESIDENT PROGRAM DATES	HOTEL INFORMATION
<b>March 19 - 21</b>  Single/Double Rate: \$129 Reservation deadline: 2/16/15	<b>Wyndham Philadelphia Historic District</b> 400 Arch Street Philadelphia, PA Reservations: 877.999.3223 indicate "ACGME <b>March Multi-Specialty</b> Chief Resident Leadership group" Online: <a href="http://www.wyndham.com/groupevents2014/47153_ACGMEMARCH18/main.wnt">http://www.wyndham.com/groupevents2014/47153_ACGMEMARCH18/main.wnt</a>
<b>March 31 - April 2</b>  Single/Double Rate: \$169 Reservation deadline: 3/3/15	<b>The Warwick Allerton Hotel</b> 701 North Michigan Avenue Chicago, IL Reservations: 312.440.1500 or 877.701.8111 indicate "ACGME <b>2½-day Multi-Specialty</b> Chief Resident Leadership Program
<b>April 8 - 11*</b> <b>*3½-day agenda</b> Single/Double Rate: \$169 Reservation deadline: 3/11/15	<b>The Warwick Allerton Hotel</b> 701 North Michigan Avenue Chicago, IL Reservations: 312.440.1500 or 877.701.8111 indicate "ACGME <b>3½-day Multi-Specialty</b> Chief Resident Leadership Program
<b>April 13 - 15</b>  Single/Double Rate: \$169 Reservation deadline: 3/21/15	<b>Crowne Plaza Redondo Beach</b> 300 North Harbor Drive Redondo Beach, CA Reservations: 888.233.9527* indicate "ACGME <b>Multi-Specialty</b> Chief Camp"
<b>May 5 - 7</b>  Single/Double Rate: \$159 Reservation deadline: 4/4/15	<b>Wyndham Philadelphia Historic District</b> 400 Arch Street Philadelphia, PA Reservations: 877.999.3223 indicate "ACGME <b>Multi-Specialty</b> Chief Resident Leadership group" Online: <a href="http://www.wyndham.com/groupevents201447153_ACGMEMAY4/main.wnt">http://www.wyndham.com/groupevents201447153_ACGMEMAY4/main.wnt</a>
<b>May 28 - 30</b>  Single/Double Rate: \$109 Reservation deadline: 5/8/15	<b>Crowne Plaza Jacksonville Riverfront</b> 1201 Riverplace Boulevard Jacksonville, FL Reservations: 888.233.9527 indicate "ACGME <b>MAY Multi-Specialty</b> Chief Resident Leadership"
<b>June 23 - 25</b>  Single/Double Rate: \$109 Reservation deadline: 6/5/15	<b>Crowne Plaza Jacksonville Riverfront</b> 1201 Riverplace Boulevard Jacksonville, FL Reservations: 888.233.9527 indicate "ACGME <b>JUNE Multi-Specialty</b> Chief Resident Leadership"

## FACULTY

### **ROBERT A. DOUGHTY, MD, PhD**

Senior Scholar for Experiential Learning and Leadership Development  
ACGME Department of Education  
Course Director – Leadership Skills Training Program for Chief Residents

For over three decades, Robert A. Doughty, MD, PhD, has designed and facilitated seminars to enhance leadership and management skills for future medical leaders. He is nationally recognized for his pioneering work in the development of experiential workshops for pediatric residents and chief residents designed to prepare them for their upcoming leadership role. In 2008, he joined the Accreditation Council for Graduate Medical Education (ACGME) as Senior Scholar for Experiential Learning and Leadership Development, and in 2010 initiated the delivery of this training to all medical and surgical specialties. Dr. Doughty graduated from the University of Pennsylvania with an MD and a PhD in immunology. After training in pediatrics and pediatric rheumatology at the Children's Hospital of Philadelphia, he served as Director of the Pediatric Residency Program of Children's Hospital of Philadelphia and Associate Chairman of the Department of Pediatrics. Subsequently, Dr. Doughty joined Nemours, an organization nationally renowned for providing health services to children, where he served for two decades as chief medical executive of the Alfred I. duPont Hospital for Children and Nemours Children's Clinic. His leadership accomplishments at Nemours include expansion of the duPont Hospital for Children from an orthopaedic institution to a full-service children's hospital; establishing a top-ranked pediatric residency program; facilitating a three-way partnership affiliation between Nemours, Thomas Jefferson University, and the Christiana Care Health System; creating a network of pediatric sites for underserved populations in Delaware, Pennsylvania, New Jersey, and Florida; and implementing the electronic medical record and data warehouse. Dr. Doughty is professor of pediatrics at Jefferson Medical College. He is the author of numerous publications on both pediatric rheumatology and experiential training of physicians.

### **Timothy P. Brigham, MDiv, PhD**

Chief of Staff, ACGME and  
Senior Vice President, ACGME Department of Education

As head of the Department of Education, Dr. Brigham's responsibilities include the ACGME's Annual Educational Conference, the Outcome Project, and the development of new educational programs for the ACGME. Prior to joining the ACGME in 2008, Dr. Brigham served since 1989 in several capacities at Jefferson Medical College, including as associate dean for graduate medical education and continuing medical education, senior associate dean for organizational development, chief of staff, and associate professor of medicine. Dr. Brigham has been involved in physician faculty development, resident education, and chief resident and program director development. He is widely sought after as a teacher, speaker, group facilitator, and consultant in a variety of areas, including resident stress and well-being; chief resident, program director, and chair personal leadership development; medical student, resident, and faculty teaching development; and group and team organizational development. Dr. Brigham holds a PhD in psychological studies in education from Temple University, a master's degree in counseling and human relations from Villanova University, and a master's of divinity from Palmer Theological Seminary.

# CHIEF RESIDENT LEADERSHIP SKILLS TRAINING PROGRAM

## THREE-AND-A-HALF-DAY PROGRAM AGENDA

Day 1	Topics	Meals
7:30 a.m. <b>Breakfast and Registration</b>  Morning Session 8:15 a.m. - 12:00 p.m.	<b>Course Overview/Getting Acquainted</b>  <b>Setting Agenda</b>  <b>Dynamics of Group Function</b> <i>Objective: Learn how group dynamics play a major role in how effective a group is at maintaining cohesion to achieve its goals</i>	7:30 - 8:15 a.m. Breakfast  12:00 p.m. Lunch
Afternoon Session 1:00 - 6:00 p.m.	<b>Dynamics of working in small and large groups</b> <i>Objective: Learn strategies for leading a new or existing team to improved performance</i>	6:00 p.m. Dinner
Day 2	Topics	Meals
Morning Session 8:00 a.m. - 12:00 p.m.	<b>Discovering your Personal Leadership Strengths and Weaknesses</b> <i>Objective: Increase individual and group awareness of self and others' personalities and diversity, and learn to manage one's self more effectively in a leadership role</i>	7:30 a.m. Breakfast  12:00 p.m. Lunch
Afternoon Session 1:00 - 6:00 p.m.	<b>Dealing More Effectively with Conflict</b> <i>Objective: Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this arena</i>	6:00 p.m. Dinner (on your own)
Day 3	Topics	Meals
Morning Session 8:00 a.m. - 12:00 p.m.	<b>Working with Hospital Administration</b> <i>Objective: Recognize how building relationships is key to gaining support and commitment for goal achievement</i>	7:30 a.m. Breakfast  12:00 p.m. Lunch
Afternoon Session 1:00 - 6:00 p.m.	<b>Giving and Receiving Effective Feedback</b> <i>Objective: Explore complexities of giving and receiving feedback and enhance skills to be more effective in this area</i>	6:00 p.m. Dinner (on your own)
Day 4	Topics	Meals
Morning Session 8:00 a.m. - 12:00 p.m.  Adjourn	<b>Dealing More Effectively with Personal Stress</b> <i>Objective: Establish a support network to help manage personal and professional rough spots as a result of transitions in relationships, roles and positions, or careers</i>  <b>Evaluation of Course</b>	7:30 a.m. Breakfast

While the course follows this basic outline, exact end times vary. The group will talk about the schedule during the first session. There will be breaks during each session, and it is essential that participants be present for each session.

# ACGME LEADERSHIP SKILLS TRAINING PROGRAM FOR CHIEF RESIDENTS

## TWO-AND-A-HALF-DAY AGENDA

Day 1	Topics	Meals
7:30 a.m. <b>Breakfast and Registration</b>  Morning Session 8:15 a.m. - 12:00 p.m.	<b>Course Overview/Getting Acquainted</b>  <b>Setting Agenda</b>  <b>Dynamics of Group Function</b> <i>Objective: Learn how group dynamics play a major role in how effective a group is at maintaining cohesion to achieve its goals</i>	7:30 a.m. - 8:15 a.m. Breakfast  12:00 p.m. Lunch
Afternoon Session 1:00 - 6:00 p.m.	<b>Dynamics of working in small and large groups</b> <i>Objective: Learn strategies for leading a new or existing team to improved performance</i>	6:00 p.m. Dinner
Day 2	Topics	Meals
Morning Session 8:00 a.m. - 12:00 p.m.	<b>Discovering your Personal Leadership Strengths and Weaknesses</b> <i>Objective: Increase individual and group awareness of self and others' personalities and diversity, and learn to manage one's self more effectively in a leadership role</i>	7:30 a.m. Breakfast  12:00 p.m. Lunch
Afternoon Session 1:00 - 6:00 p.m.	<b>Dealing More Effectively with Conflict</b> <i>Objective: Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this arena</i>  <b>Giving and Receiving Effective Feedback</b> <i>Objective: Explore complexities of giving and receiving feedback and enhance skills to be more effective in this area</i>	Dinner (on your own)
Day 3	Topics	Meals
Morning Session 8:00 a.m. - 12:00 p.m.  Adjourn	<b>Dealing More Effectively with Personal Stress</b> <i>Objective: Establish a support network to help manage personal and professional rough spots as a result of transitions in relationships, roles and positions, or careers</i>  Evaluation of Course	7:30 a.m. Breakfast

While the course follows this basic outline, exact end times vary. The group will talk about the schedule during the first session. There will be breaks during each session, and it is essential that participants be present for each session.