

Leadership Skills Training Program for Chief Residents

Overview

The Leadership Skills Training Program introduces models of leadership that provide a transitional experience into the role of chief resident. The experiential workshops consist of small group sessions and exercises offering incoming chief residents the tools, skills, and learning environment to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and a leader.

Dress during the workshop is casual.

All programs will be held at the ACGME office, 401 North Michigan Avenue, Chicago, Illinois.

2025 DATES

| DATES | HOTEL INFORMATION |
|-------------------|---|
| March 24-26 | <p>The Intercontinental Hotel 505 North Michigan Avenue Chicago, Illinois</p> |
| April 7-9 | |
| April 13-15 | |
| April 16-18 | |
| April 28-30 | |
| May 5-7 | |
| May 8-10 | |
| May 19-21 | |
| May 28-30 | |
| June 23-25* | |
| July 30-August 1* | |

***Additional sessions added**

Registration and hotel reservations will be available in early December 2024 on the ACGME website. Registration is recommended to hold a spot for chiefs who have not yet been identified (see FAQ page for instructions).

Email **content questions** to ACGME Manager Bethanie Alden: BAlden@ACGME.org.

Daily Agenda

7:30-8:30 a.m.: Sign-in required and
breakfast and lunches provided each day

DAY 1, 8:30 a.m.-5:00 p.m.

Orientation to the Diverse Leadership Roles and Challenges of Chief Residency

Objective: Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role.

Discovering Your Personal Leadership Strengths and Weaknesses

Objective: Increase individual and group awareness of one's own and others' personalities and diversity and learn to manage oneself more effectively in a leadership role.

DAY 2, 8:30 a.m.-5:00 p.m.

Fostering Belonging

Objective: Understand how our own backgrounds affect us as leaders and develop skills to manage the complexity of the issue at both the individual and group levels.

Dynamics of Group Function

Objective: Learn how group dynamics play a major role in the effectiveness of a group in maintaining cohesion to achieve its goals.

DAY 3, 8:30 a.m.-3:00 p.m.

Conflict and Power Dynamics in Hierarchical Organizations

Objective: Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area; analyze your own experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing your efficacy as a leader and your ability to work with hospital administrators.

Individual and Programmatic Well-Being

Objective: Increase your ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resilience within oneself and one's program.

Change Project and Professional Support Network

Objective: By applying the material covered throughout the course, define a specific change project, analyze the complexity of the project, draft an approach to implementing this change, and define the specific support network needed to succeed in the role of chief resident.