

Leadership Skills Training Program for Chief Residents

Overview

The Leadership Skills Training Program introduces models of leadership that provide a transitional experience into the role of chief resident. The experiential workshops consist of small group sessions and exercises offering incoming chief residents the tools, skills, and learning environment to enhance their understanding of interpersonal communication and group dynamics, including skills critical to success and satisfaction as both a clinician and a leader.

Dress during the workshop is casual.

All programs will be held at the ACGME office, 401 North Michigan Avenue, Chicago, Illinois.

DATES	HOTEL INFORMATION
April 13-15, 2026	<p>A limited number of reduced-rate rooms will be available at:</p> <p>The InterContinental Hotel 505 North Michigan Avenue Chicago, Illinois</p>
April 26-28, 2026	
April 29-May 1, 2026	
May 11-13, 2026	
May 18-20, 2026	
May 21-23, 2026	
June 10-12, 2026	
June 15-17, 2026	
June 18-20, 2026	
July 14-16, 2026	
July 27-29, 2026	<p>Please see the registration site for additional hotels near the ACGME office.</p>
August 24-26, 2026	
August 27-29, 2026	

Registration will be available in December 2025. Registration is recommended to hold a spot for chiefs who have not yet been identified (see FAQ page for instructions).

Email **questions** to ACGME Program Manager Bethanie Alden: BAlden@ACGME.org.



ACGME

Accreditation Council for
Graduate Medical Education

ACGME 2026 WORKSHOPS and COURSES

Daily Agenda and Topics

7:30-8:30 a.m.: Sign-in and breakfast each day (sign-in required each day)

Lunch is provided each day

DAY 1: 8:30 a.m.-4:30 p.m.

4:30-5:30 p.m. *Reception with light hors d'oeuvres*

DAY 2: 8:30 a.m.-5:00 p.m.

DAY 3: 8:30 a.m.-2:00 p.m.

Orientation to the Leadership Roles and Challenges of Chief Residency

Objective: Recognize the unique challenges faced by chief residents and identify the ideal skill sets useful for success in this role.

Discovering Your Personal Leadership Strengths and Weaknesses

Objective: Increase individual and group awareness of your own and others' personalities and differences and learn to manage yourself more effectively in a leadership role.

Fostering Belonging and Well-Being

Objective: Understand how our own backgrounds affect us as leaders and develop skills to manage the complexity of the issue at both the individual and group levels. Increase your ability to recognize patterns of emotional response to personal and professional rough spots, identify strategies to promote engagement and reduce potential for burnout, and build resilience within yourself and your program.

Dynamics of Group Function

Objective: Learn how group dynamics play a major role in the effectiveness of a group in maintaining cohesion to achieve its goals.

Conflict and Power Dynamics in Hierarchical Organizations

Objective: Learn and practice different styles of conflict management and increase awareness of personal skills and weaknesses in this area; analyze your own experiences as a chief resident and how they relate to power dynamics and behaviors, optimizing your efficacy as a leader and your ability to work with hospital administrators.

Change Project and Professional Support Network

Objective: By applying the material covered throughout the course, define a specific change project, analyze the complexity of the project, draft an approach to implementing this change, and define the specific support network needed to succeed in the role of chief resident.