

Supplemental Guide: Pediatric Critical Care



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Milestones Supplemental Guide

This document provides additional guidance and examples for the Pediatric Critical Care Milestones. This is not designed to indicate any specific requirements for each level, but to provide insight into the thinking of the Milestone Work Group.

Included in this document is the intent of each Milestone and examples of what a Clinical Competency Committee (CCC) might expect to be observed/assessed at each level. Also included are suggested assessment models and tools for each subcompetency, references, and other useful information.

Review this guide with the CCC and faculty members. As the program develops a shared mental model of the Milestones, consider creating an individualized guide (Supplemental Guide Template available) with institution/program-specific examples, assessment tools used by the program, and curricular components.

Additional tools and references, including the Milestones Guidebook, Clinical Competency Committee Guidebook, and Milestones Guidebook for Residents and Fellows, are available at the end of this document as well as on the <u>Resources</u> page of the Milestones section of the ACGME website.

Patient Care 1: History and Physical Exam	
Overall Intent: To gather patient history with the	e level of detail and focus required for the individual patient; to gather objective information
while considering information gleaned from patie	ent history and overall clinical context (including patient acuity, developmental stage, etc.); to
recognize normal and abnormal physical finding	IS
Milestones	Examples
Level 1 Gathers a focused critical care history	• For a seven-month-old with respiratory distress being admitted to critical care unit on
with guidance	high-flow pasal cannula, gathers information pertaining to duration of illness, sick
Will guidenoo	contacts and reviews emergency department course, but needs assistance
	contacts, and reviews emergency department course, but needs assistance
Performs a focused critical care physical	Observes respiratory mechanics and auscultates lungs in systematic fashion and
evamination with guidance	identifies abnormal findings, but needs assistance
Lovel 2 Filters and prioritizes particent positives	 Identifies lack of infactious symptoms (a.g., no socrations, favor) and common risk factors.
and populities based on populities permitted care	• Identifies lack of infectious symptoms (e.g., no secretions, level) and common risk lactors
diagrage	(e.g., no sick contacts) and elicits history of sweating with reeds as pertinent information
liagnoses	to broaden differential diagnosis
Identifies variants and choormal findings based	- Delectes banatic adds 2 am below the costal margin
ndentines variants and abnormal indings based	• Palpales hepalic edge 5 cm below the costal margin
on focused critical care physical exam	
Level 3 Synthesizes the history to develop a	
differential diagnosis for simple presentations	cardiac conditions
	later (19 an and 19 an and 19 an and 19
Interprets variants and abnormal findings based	• Identifies gallop on cardiac auscultation
on focused critical care physical exam	
Level 4 Synthesizes the history to develop a	Identifies cultural factors resulting in limited primary care utilization and identification of
differential diagnosis for complex presentations	early onset of subtle symptoms such as faltering growth and missed developmental
	milestones
Adapts critical care examination based on	 Recognizes distinctive facies and low-set ears
findings to distinguish between diagnoses	
Level 5 Independently distinguishes patient-	 Delves into electronic health record (EHR) for birth history to elicit any concerning
specific nuances to efficiently drive further	prenatal history (e.g., intrauterine growth restriction (IUGR), abnormal anatomy scan) to
information gathering	guide additional history gathering from family
	 Utilizes cultural resources to augment additional history taking
Coaches team members to integrate key critical	 Brings interdisciplinary team to patient bedside and demonstrates assessment of cardiac
care examination findings and identify nuances	output and volume status, allowing team members to monitor for changes in response to
between diagnoses	therapy
Assessment Models or Tools	Direct observation

	Medical record (chart) review
	Multisource feedback
	Simulation
Curriculum Mapping	
Notes or Resources	American Board of Internal Medicine. "Mini-CEX."
	https://www.abim.org/~/media/ABIM%20Public/Files/pdf/paper-tools/mini-cex.pdf.
	Accessed 2020.
	• The American Board of Pediatrics (ABP). "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	Donato, Anthony A., Yoon Soo Park, David L. George, Alan Schwartz, and Rachel
	Yudkowsky. 2015. "Validity and Feasibility of the Minicard Direct Observation Tool in 1
	Training Program. Journal of Graduate Medical Education 7(2): 225-229.
	https://pubmed.ncbi.nlm.nih.gov/26221439/.
	• Peterson, M.C., J.H. Holbrook, D. Von Hales, N.L. Smith, and L.V. Staker. 1992.
	"Contributions of the History, Physical Examination, and Laboratory Investigation in
	Making Medical Diagnoses." Western Journal of Medicine 156: 163-165.
	https://pubmed.ncbi.nlm.nih.gov/1536065/.
	• Schumacher, Daniel J., Robert Englander, Patricia J. Hicks, Carol Carraccio, and Susan
	Guralnick. 2014. "Domain of Competence: Patient Care." Academic Pediatrics 14(2)
	Supp: S13-S35. https://pubmed.ncbi.nlm.nih.gov/24602619/.

Patient Care 2: Organization and Prioritization of Patient Care	
Overall Intent: To organize and appropriately prioritize patient needs to optimize patient outcomes	
Milestere	
Milestones	Examples
Level 1 Organizes patient care responsibilities	Only manages one patient at a time
by focusing on individual (rather than multiple)	• Assesses a stable five-year-old patient with status asthmaticus, while not prioritizing a
patients	newly admitted hypotensive seven-year-old patient with febrile neutropenia
Level 2 Organizes and prioritizes the	 Manages multiple patients but cannot triage effectively
simultaneous care of multiple patients, with	• Evaluates and manages the hypotensive patient effectively, but requires prompting by
guidance	the attending to leave the bedside of the stable patient
Level 3 Independently and efficiently	• Excuses self from the stable patient with status asthmaticus to rapidly evaluate and
prioritizes patient care based on level of acuity	manage the patient with hypotension
and available resources	
Level 4 Organizes available resources to	• When caring for multiple patients in the critical care unit, delegates the care of the
optimize patient care, including when volume	stable patient while evaluating and managing the unstable hypotensive patient
and acuity approach the capacity of the health	 Identifies need for nursing or other staff to prioritize care within the unit
care team	• Identifies stable patients for transfer out of critical care unit to accommodate unstable
	new admission when unit is full
Level 5 Coaches to improve team	• After initial stabilization of multiple patients, reviews care as well as teaching points
performance in the prioritization of patient	with the resident, and checks in with the nurse and patients' family members for
care and resources	further questions
	 Educates team members about how to triage resources during times of high acuity
	and volume
Assessment Models or Tools	Direct observation
	Multisource feedback
Our minute market and the market and	
Notes or Resources	Ine American Board of Pediatrics. "Entrustable Professional Activities for
	Subspecialties: Critical Care Medicine." <u>https://www.abp.org/content/entrustable-</u>
	professional-activities-subspecialities. Accessed 2021.
	• Covey, Stephen. 1969. The Seven Habits of Highly Effective People. New York, NY:
	Simon & Schusler. • Frankal Larry P. Panaan S. Hay Timathy S. Vah. Shari Simana, Michael S. D. Arya
	• Franker, Lony R., Denson S. risu, Timoury S. Fen, Shan Simone, Michael S. D. Agus, Mariaria I. Area, Jarga A. Casa Pu, et al. 2010, "Criteria for Critical Care Infonte and
	Children: DICL Administration Discharge and Trians Dreating Otatement and
	Children: PICU Admission, Discharge, and Triage Practice Statement and Levels of

Care Guidance." Pediatric Critical Care Medicine 20(9): 847-887. doi:
10.1097/PCC.0000000000001963. https://pubmed.ncbi.nlm.nih.gov/31483379/.

Patient Care 3: Patient Management	
Overall Intent: To lead the health care team in the creation of a comprehensive, patient-centered management plan based on multiple	
patient factors, including social factors and varie	ed patient backgrounds, regardless of complexity
Milestones	Examples
Level 1 Implements management plans	 Orders antibiotics and chest x-ray based on sign-out from senior fellow
developed by the team	Orders consultant's written recommendations without consideration of impact on other
	management plans in a patient with multi-organ disease process
Level 2 Develops and implements a	Orders continuously inhaled albuterol and steroids for a patient admitted with status active tique who does not require intribution, considering notice tique tique biotery, of critical
diagnosos	astrimaticus who does not require intubation, considering patient's prior history of childar
lagnoses	• Orders insulin and intravenous fluids (IVE) for an alert patient with diabetes ketoacidosis
	 Develops and initiates management plan for seizure control in a patient with status
	epilepticus who requires noninvasive respiratory support
Level 3 Develops and implements a	Adjusts ventilator settings to align with lung-protective strategy for a patient requiring
comprehensive management plan for complex	invasive mechanical ventilation for severe acute respiratory distress syndrome (ARDS)
diagnoses	• Initiates vasoactive support and antimicrobial therapeutics in a patient with sepsis who
	underwent bone marrow transplant and is admitted to the critical care unit
	 Develops and initiates a post-operative plan for a patient who underwent tetralogy of
	Fallot repair with acute kidney injury, incorporating recommendations from the cardiology
	and cardiac surgery teams
Level 4 Adapts comprenensive management	Recognizes progressive hypoxemia in a patient with ARDS and modifies management
plans for complex diagnoses as patient	• Anticipates extubation trial for a nationt with acute respiratory failure in two to three days
conditions evolve	and adjusts current management plan with respect to ventilator changes, sedation, and
	fluid management
	 In a patient who develops septic shock after liver transplant, develops a unified plan for
	the patient's management engaging all stakeholders
	Consults multidisciplinary services during the prolonged hospital stay (including
	rehabilitation, case management, social work, and otolaryngology) of a patient with severe
	traumatic brain injury who is likely to need home ventilation and long-term rehabilitation
Level 5 Leads multidisciplinary team to optimize	• Leads the team in discussing a management plan by considering the major therapeutic
patient/family outcomes	interventions and the evidence for and against each modality
	 Recognizing a patient's family's discordant goals of care, leads a multidisciplinary team and family meeting to develop a unified menomenant plan.
Accompant Madels or Table	and family meeting to develop a unified management plan
	Multisource feedback

Curriculum Mapping	•
Notes or Resources	• The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	• Cook, David A., Steven J. Durning, Jonathan Sherbino, and Larry D. Gruppen. 2019.
	"Management Reasoning: Implications for Health Professions Educators and a Research
	Agenda." Academic Medicine 94(9): 1310–1316.
	https://journals.lww.com/academicmedicine/Fulltext/2019/09000/Management_Reasoning
	Implications for Health.19.aspx?casa token=CrKAiT6kwcYAAAAA:RfZyQrmTw4eWB
	SRQIwC2kpX_ajz_X4rs_ssjLi_btaqHCwzNCrr6eT1rDSLiWQGmKSQiVW2ZqLbRtj8ozw.
	• Shaffner DH, Nichols DG. (2021). Textbook of Pediatric Intensive Care. 5th ed. Baltimore,
	Md.: Williams & Wilkins.

Patient Care 4: Pre-Procedure Assessment	
Overall Intent: To counsel patients regarding in	dications, risks, benefits, and alternatives of common procedures
Milestones	Examples
Level 1 Identifies indications for procedures and the risks, benefits, and alternatives	 Identifies that a patient who has a new pleural effusion may benefit from thoracentesis
Level 2 Assesses indications, risks, benefits, and weighs alternatives in low- to moderate-risk situations	 Weighs the risks and benefits of a thoracentesis for a new pleural effusion in a patient without comorbidities Considers noninterventional options to achieve the same therapeutic result, such as diuretics for pleural effusion
Level 3 Assesses indications, risks, benefits, and weighs alternatives in high-risk situations	 Weighs the risks and benefits of a thoracentesis for a new left-sided pleural effusion in a patient with severe cardiomegaly and hypoxia, and consults with interventional radiology
Level 4 Leads multispecialty discussion on pre- procedural assessment and planning	 Leads multidisciplinary team discussion for a patient with pleural effusions and large mediastinal mass who may need a thoracentesis
Level 5 Serves as a peer expert in pre- procedural assessment and planning	 Is sought out by peers for assistance while planning high-risk procedures
Assessment Models or Tools	 Direct observation Chart review Case-based presentations/vignettes Simulation
Curriculum Mapping	•
Notes or Resources	 American Society of Anesthesiologists Task Force on Central Venous Access. 2012. "Practice Guidelines for Central Venous Access: A Report by the American Society of Anesthesiologists Task Force on Central Venous Access. <i>Anesthesiology</i>. 2012;116(3):539-573. <u>https://anesthesiology.pubs.asahq.org/article.aspx?articleid=2443415&_ga=2.100960201.</u> <u>918126446.1568824887-761947262.1568824887</u>. Accessed 2020. British Thoracic Society (BTS). "National Safety Standards for Invasive Procedures - Bronchoscopy and Pleural Procedures." <u>https://www.brit-thoracic.org.uk/quality- improvement/clinical-resources/interventional-procedures/. Accessed 2020.</u> Doyle, Daniel John, Joseph Maxwell Hendrix, and Emily H. Garmon. 2019. <i>American Society of Anesthesiologists Classification (ASA Class)</i>. Treasure Island, FL: StatPearls. <u>https://www.ncbi.nlm.nih.gov/books/NBK441940/</u>. Accessed 2020. Playfor, Stephen D., and Katherine Kirkpatrick. 2014. "Procedural Sedation and Anesthesia in the PICU." In <i>Pediatric Critical Care Medicine</i>, edited by Derek Wheeler,

Hector Wong, and Thomas P. Shanley, 91-101. London: Springer.
<u>https://doi.org/10.1007/978-1-4471-6359-6_6</u> .

Patient Care 5: Procedures

Overall Intent: To safely and competently perform procedures commonly performed in the critical care unit, and to anticipate and manage complications

Milestones	Examples
Level 1 Performs procedures in low- to	• Places central venous catheter under direct supervision, with the attending at the bedside
moderate-risk situations, with direct supervision	Places a peripheral arterial line in a stable, mechanically ventilated, sedated patient, with attending at hadaida
	Needs additional support to anticipate and manage potential complications
Level 2 Performs procedures in high-risk	 Places a thoracostomy tube in a spontaneously breathing patient requiring non-invasive
situations, with direct supervision	respiratory support, with direct supervision
	• Places a central venous line in a patient who is hypotensive with challenging intravenous
	access, with an attending at the bedside
	 Anticipates and manages complications for low-to-moderate risk procedures, but still
	needs support for complications of high-risk procedural situations
Level 3 Performs procedures in all risk level	Places a thoracostomy tube in a spontaneously breathing patient requiring non-invasive
situations, with indirect supervision	Places a femoral venous line for a national with seagulenative while the attending is not
	present
	 Manages pneumothorax following subclavian central venous catheter placement
Level 4 Teaches and supervises others in	• Teaches and supervises a resident in the placement of a central venous catheter
performance of procedures in all risk level	 Supervises other team members in the management of a pneumothorax following
situations	subclavian central venous catheter placement
Level 5 Serves as a peer expert in performance	• Successfully places a central venous catheter after multiple failed attempts by peers
of procedures	 Provides feedback to other fellows to improve performance in placing central venous
Assessment Medels or Taola	
	Simulation
Curriculum Mapping	
Notes or Resources	Individuals may achieve competence in different procedures at different rates, and this
	milestone is intended to capture the overall skills
	British Thoracic Society (BTS). "National Safety Standards for Invasive Procedures -
	Bronchoscopy and Pleural Procedures." <u>https://www.brit-thoracic.org.uk/quality-</u>
	improvement/clinical-resources/interventional-procedures/national-safety-standards-for-
	Invasive-procedures-proficioscopy-and-piedral-procedures/, Accessed 2020.
	Bover, Wynne E, Morrison, Justin L, Lockman, et al. 2016. "The Development of Tracheal

Intubation Proficiency Outside the Operating Suite During Pediatric Critical Care Medicine
Fellowship Training: A Retrospective Cohort Study Using Cumulative Sum Analysis."
<i>Pediatric Critical Care Medicine</i> . 17(7): e309-e316. doi:10.1097/PCC.000000000000774.
• Shaffner DH, Nichols DG. (2021). <i>Textbook of Pediatric Intensive Care.</i> 5th ed. Baltimore,
Md.: Williams & Wilkins.

Medical Knowledge 1: Foundational Knowledge Overall Intent: To demonstrate medical and scientific knowledge and apply it to the care of pediatric patients with critical illness

Examples
Recites equation for cardiac output
Explains the basic anatomy of a pediatric airway
 Describes how positive pressure ventilation impacts cardiac output
 Explains the five etiologies of hypoxemia
• Describes how pulmonary hypertension impacts ventricular interdependence and alters
cardiac output
Identifies appropriate vasoactive medication selection based upon mechanism of action within specific clinical context
Describes ventilator management strategy in a patient with ARDS and increased
intracranial pressure
Describes fluid management for a patient with sepsis and chronic renal failure
• Utilizes questions on rounds to assist in determining team member level of understanding
and tailors educational content accordingly
• Is consulted by peers for interpretation of laboratory data such as thromboelastogram and
pulmonary function tests
Direct observation
In-training examination
Case-based discussion
•
• The American board of Pediatrics. Entrustable Professional Activities for Pediatric
professional-activities-subspecialties. Accessed 2022
Englander Robert and Carol Carraccio 2014 "Domain of Competence: Medical
Knowledge " Academic Pediatrics 14(2)Supp. S36-S37
https://www.sciencedirect.com/science/article/abs/pii/S1876285913003240.

Medical Knowledge 2: Clinical Reasoning	
Overall Intent: To generate a focused and prioritized differential diagnosis while consciously avoiding errors caused by cognitive bias	
Milestones	Examples
Level 1 Synthesizes a specialty-specific, analytic, and prioritized differential diagnosis for simple presentations, with substantial guidance	 Needs prompting to develop a complete differential diagnosis of wheezing
Identifies instances of clinical reasoning errors within patient care, with substantial guidance	 When pointed out by an attending, recognizes that a diagnosis was accepted without reviewing the history, physical exam, and other data
Level 2 Synthesizes a specialty-specific, analytic, and prioritized differential diagnosis for simple presentations	 Develops a complete differential diagnosis of wheezing
Identifies instances of clinical reasoning errors within patient care	 Independently recognizes that a diagnosis was accepted without reviewing the history, physical exam, and other data
Level 3 Synthesizes a specialty-specific, analytic, and prioritized differential diagnosis for complex presentations	 Develops a comprehensive differential diagnosis for a patient with rapidly developing altered mental status
Applies clinical reasoning principles to retrospectively identify cognitive errors	 Recognizes a misdiagnosis of asthma in a patient who actually has heart failure
Level 4 Synthesizes information to reach high- probability and/or high-risk diagnoses and anticipates potential complications in patient care	 Gathers and evaluates all data and applies clinical practice guidelines to determine course of action for a patient undergoing anti-coagulation therapy who presents with a stroke
Continually re-appraises own clinical reasoning to prospectively minimize cognitive errors and manage uncertainty	 Adjusts original differential diagnosis for refractory status epilepticus based on new information that includes clinical changes, electroencephalogram (EEG) findings, lumbar puncture results, and magnetic resonance imaging (MRI) results
Level 5 Serves as a peer expert for differential diagnosis	 Is recognized as an expert and is regularly sought out by peers for complex cases with diagnostic uncertainty
Coaches others to recognize and avoid cognitive errors	 Tactfully redirects a resident who is confident in diagnosis of upper airway edema in a patient who actually has a paralyzed vocal cord
Assessment Models or Tools	Direct observation

	Medical record (chart) review
	Multisource feedback
	Simulation
Curriculum Mapping	•
Notes or Resources	 Bowen, Judith L. 2006. "Educational Strategies to Promote Clinical Diagnostic Reasoning." <i>New England Journal of Medicine</i>. 355: 2217-2225. https://www.neim.org/doi/full/10.1056/NEJMra054782. Croskerry, Pat. 2008. "Achieving Quality in Clinical Decision Making: Cognitive Strategies and Detection of Bias." <i>Academic Emergency Medicine</i>. 2002;9(11): 1184-1204. https://onlinelibrary.wiley.com/doi/abs/10.1197/aemj.9.11.1184?sid=nlm%3Apubmed. Humbert, Aloysius J., Bart Besinger, Edward J. Miech. 2011. "Assessing Clinical Reasoning Skills in Scenarios of Uncertainty: Convergent Validity for a Script Concordance Test in an Emergency Medicine Clerkship and Residency." <i>Academic Emergency Medicine</i> 18(6): 627-634. <u>https://doi.org/10.1111/j.1553-2712.2011.01084.x</u>. Journal of General Internal Medicine. "Clinical Reasoning Exercises." https://www.sgim.org/web-only/clinical-reasoning-exercises/problem-representation-overview#. Accessed 2020. Society to Improve Diagnosis in Medicine (SIDM). "Tools & Toolkit." <u>https://www.improvediagnosis.org/toolkits/</u>. Accessed 2020. SIDM. "Assessment of Reasoning Tool." <u>https://www.improvediagnosis.org/art/</u>. Accessed 2020. SIDM. "Consensus Curriculum on Diagnosis." <u>https://www.improvediagnosis.org/consensuscurriculum/</u>. Accessed 2020. SIDM. "Driver Diagram." <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp-content/(uplogs/2018/10/Driver_Diagram.</u> <u>https://www.improvediagnosis.org/wp</u>
	<u>content/upioads/2018/10/Driver_Diagram July_31Wi.pdf</u> . Accessed 2020.

Systems-Based Practice 1: Patient Safety	
Overall Intent: To engage in the analysis and management of patient safety events, including relevant communication with patients, their families, and health care professionals	
Milestones	Examples
Level 1 Demonstrates knowledge of common patient safety events	Lists common patient safety events such as patient misidentification or medication errors
Demonstrates knowledge of how to report patient safety events	 Lists "patient safety reporting system" or "patient safety hotline" as ways to report safety events
Level 2 Identifies system factors that lead to patient safety events	 Identifies that EHR default timing of orders as "routine" (without changing to "stat") may lead to delays in antibiotic administration time for sepsis
Reports patient safety events through institutional reporting systems (simulated or actual)	 Reports delayed antibiotic administration time using the appropriate reporting mechanism
Level 3 Participates in analysis of patient safety events (simulated or actual)	 Participates in department morbidity and mortality presentations with significant attending oversite
Participates in disclosure of patient safety events to patients and families (simulated or actual)	 With the support of an attending or risk management team member, participates in the disclosure of a medication order error to a patient's family
Level 4 Conducts analysis of patient safety events and offers error prevention strategies	 Prepares and leads a department morbidity and mortality presentations with minimal assistance from attending
(simulated or actual)	 Leads a quality improvement project aimed at reducing racial disparities Leads multispecialty clinical conference case review
Discloses patient safety events to patients and families (simulated or actual)	 Following consultation with risk management and other team members, independently discloses a medication error to a patient's family
Level 5 Actively engages teams and processes to modify systems to prevent patient safety events	• Leads a root cause analysis (mock or actual)
Role models or mentors others in the disclosure of patient safety events	 Conducts a simulation demonstrating techniques and approaches for disclosing patient safety events
Assessment Models or Tools	Case-based discussion

	 Direct observation Electronic learning module Guided reflection Medical record (chart) audit Multisource feedback Simulation
Curriculum Mapping	•
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." <u>https://www.abp.org/content/entrustable-professional-activities-subspecialties</u>. Accessed 2022. Guralnick, Susan, Stephen Ludwig, and Robert Englander. 2014. "Domain of Competence: Systems-Based Practice." <i>Academic Pediatrics</i>. 14: S70-S79. <u>https://doi.org/10.1016/j.acap.2013.11.015</u>. Institute for Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u>. Accessed 2020. Singh, Ranjit, Bruce Naughton, John S. Taylor, Marlon R. Koenigsberg, Diana R. Anderson, Linda L. McCausland, Robert G. Wahler, Amanda Robinson, and Gurdev Singh. 2005. "A Comprehensive Collaborative Patient Safety Residency Curriculum to Address the ACGME Core Competencies." <i>Medical Education</i>. 39(12): 1195-204. DOI: <u>10.1111/j.1365-2929.2005.02333.x</u>.

Systems-Based Practice 2: Quality Improvement	
Overall Intent: To understand and implement q	uality improvement methodologies to improve patient care
Milestones	Examples
Level 1 Demonstrates knowledge of basic	Describes fishbone diagram
quality improvement methodologies and metrics	 Describes components of a "Plan-Do-Study-Act" cycle
Level 2 Describes local quality improvement	Describes an initiative to improve time to antibiotics in sepsis
initiatives (e.g., community vaccination rate,	
infection rate, smoking cessation)	
Level 3 Participates in local quality improvement	• Participates in an ongoing interdisciplinary project to improve time to antibiotics in sepsis
initiatives	
Level 4 Demonstrates the skills required to	• Develops and implements a quality improvement project to improve time to antibiotics in
identify, develop, implement, and analyze a	sepsis that includes engaging the unit team, assessing the problem, articulating a broad
quality improvement project	goal, developing a SMART (Specific, Measurable, Attainable, Realistic, Time-bound) aim,
	collecting data, analyzing, and monitoring progress and challenges
	• In developing a quality improvement project, considers team bias and social determinants
	of health in patient population
Level 5 Creates, Implements, and assesses	 Initiates and completes a quality improvement project to improve time to antibiotics in
quality improvement initiatives at the institutional	sepsis and shares results through a formal presentation to the institutional leaders or at a
Accessment Medels or Table	national meeting
Assessment models of Tools	Direct observation Poster or abstract presentation
	• Multisource feedback
	Committee presentation
Curriculum Mapping	
Notes or Resources	The American Board of Pediatrics, "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
	professional-activities-subspecialties. Accessed 2022.
	 Bright Futures. "QI Office System Tools." <u>https://www.aap.org/en/practice-</u>
	management/bright-futures/bright-futures-quality-improvement/gi-office-system-tools/
	Accessed 2022.
	• Guralnick, Susan, Stephen Ludwig, and Robert Englander. 2014. "Domain of competence:
	Systems-Based Practice." Academic Pediatrics. 14: S70-S79.
	https://doi.org/10.1016/j.acap.2013.11.015
	• Institute for Healthcare Improvement. <u>http://www.ihi.org/Pages/default.aspx</u> . Accessed
	2020.

Murtagh Kurowski, Eileen, Amanda C. Schondelmeyer, Courtney Brown, Christopher E.
Dandoy, Samuel J. Hanke, and Heather L. Tubbs Cooley. 2015. "A Practical Guide to
Conducting Quality Improvement in the Health Care Setting." Current Treatment Options
in Pediatrics. 1:380-392. https://doi.org/10.1007/s40746-015-0027-3.

Systems-Based Practice 3:	System Navigation for Patient-Centered Care – Coordination of Care
Overall Intent: To effectively navigate the health care system, including the interdisciplinary team and other care practitioners; to adapt care	
to a specific patient population to ensure high-qu	uality patient outcomes
Milestones	Examples
Level 1 Lists the various interprofessional	 Identifies important members of the medical home team for a technology-dependent
individuals involved in the patient's care	patient
coordination	
Level 2 Coordinates care of patients in routine	• Coordinates home health and develops a feeding regimen with the dietician for a child
clinical situations, incorporating interprofessional	with a gastrostomy tube
teams with consideration of patient and family	
neeas	
Level 3 Coordinates care of patients in complex	Works to ensure appropriate follow-up for a technology-dependent patient who resides in
clinical situations, effectively utilizing the roles of	a rural area with limited family transportation options
national and family needs and goals	• Recognizes that minoritized communities may have additional barriers to access and the need to involve a social worker, case manager, primary care practitioner, and others in
patient and farmy needs and goals	finding community resources
Level 4 Coordinates interprofessional, patient-	Coordinates and directs a multidisciplinary team/family meeting, including appropriate
centered care among different disciplines and	subspecialists and ancillary services, to ensure that the family's needs are met when a
specialties, actively assisting families in	patient is being transferred to hospice
navigating the health-care system	
Level 5 Coaches others in interprofessional,	 Leads an initiative to educate residents about home health services or medical home
patient-centered care coordination	model for medically complex, technology-dependent children, ensuring inclusion of
	discussion on health care disparities
	 Coaches and mentors colleagues through a multidisciplinary team meeting of a child with
Assessment Medels or Teolo	complex health care needs
Assessment models of Tools	Medical record (chart) audit
	Simulation
Curriculum Mapping	
Notes or Resources	American Academy of Pediatrics (AAP). "Care Coordination Resources."
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	coordination-resources/. Accessed 2022.
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https://www.sciencedirect.com/science/article/pii/S2542454817300395.

Systems-Based Practice 4: System Navigation for Patient-Centered Care – Transitions in Care

Overall Intent: To effectively navigate the health care delivery system during transitions of care to ensure high-quality patient outcomes

Milestones	Examples
Level 1 Uses a standard template for transitions of care/hand-offs	 When handing off to colleagues on a night shift, reads verbatim from a templated hand-off but lacks context, is not appropriately specific in next steps, and does not provide contingency plans
Level 2 Adapts a standard template, recognizing key elements for safe and effective transitions of care/hand-offs in routine clinical situations	 Routinely uses a standardized hand-off for a stable patient, verbalizes a basic understanding of active problems, and provides basic contingency plans Discusses a transfer of an infant from the pediatric intensive care unit (PICU) with the primary inpatient care team and provides a problem list, clinical course, and action items to be followed as an outpatient
Level 3 Performs safe and effective transitions of care/hand-offs in complex clinical situations, and ensures closed-loop communication	 Routinely uses a standardized hand-off when transferring a patient from the intensive care unit, with direct communication of clinical reasoning, problems warranting continued care, and status of completed/planned interventions; solicits read-back and confirms/uses specific resources and timeline for transfer to occur
Level 4 Performs and advocates for safe and effective transitions of care/hand-offs within and across health care delivery systems, including transitions to adult care	 Solicits important information and offers guidance to ensure safe transport for a critically ill patient being transferred from a community hospital Provides information to the primary care practitioner about patient being discharged from the critical care unit
Level 5 Coaches others in improving transitions of care within and across health care delivery systems to optimize patient outcomes	 Designs and implements standardized hand-off workshop exercises for medical students prior to the start of their clinical rotations Develops and implements a process to improve the transition from the critical care unit to other specialties
Assessment Models or Tools	 Direct observation Standardized assessment checklist Multisource feedback Simulation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." <u>https://www.abp.org/content/entrustable-professional-activities-subspecialties</u>. Accessed 2022. Got Transition. "Clinician Education and Resources." <u>https://www.gottransition.org/resources-and-research/clinician-education-resources.cfm</u>. Accessed 2020. Matern, Lukas H., Jeanne M. Farnan, Kristen W. Hirsch, Melissa Cappaert, Ellen S. Byrne, and Vineet M. Arora. 2018. "A Standardized Handoff Simulation Promotes

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Systems-Based Practice 5: Population and Community Health Overall Intent: To promote and improve health across communities and populations through patient care and advocacy, including public education and elimination of structural racism

Milestones	Examples
Level 1 Demonstrates awareness of population	 Lists social determinants of health, such as poverty and structural racism
and community health needs and disparities	Lists adverse childhood experiences
Level 2 Identifies specific population and	 Screens patients for adverse childhood experiences
community health needs and disparities;	 Identifies the impact of structural racism on a patient who is frequently admitted with
identifies local resources	status asthmaticus
Level 3 Uses local resources effectively to meet	 Refers patients to local resources and programs aimed at providing healthy meals and
the needs and reduce health disparities of a	housing
patient population and community	 Refers to local resources that investigate environmental contributors to asthma
Level 4 Adapts practice to provide for the needs	• Participates in activities aimed to improve health care access and/or decrease practices
of and reduce health disparities of a specific	that support structural racism
population	
Level 5 Advocates at the local, regional, or	 Partners with a community organization working to increase bicycle helmet use and
national level for populations and communities	availability
with health care disparities	Participates in longitudinal discussions with local, state, or national government policy
	makers to eliminate structural racism and reduce health disparities
Assessment Models or Tools	Direct observation
	Medical record (chart) audit
	Multisource feedback
	Reflection
Curriculum Mapping	
Notes or Resources	• AAP. "Advocacy." <u>https://services.aap.org/en/advocacy/</u> . 2020.
	• AAP Bright Futures. "Promoting Lifelong Health for Families and Communities."
	https://downloads.aap.org/AAP/PDF/Bright%20Futures/BF4_LifelongHealth.pdf?_ga=2.26
	<u>8230030.1236819861.1654476607-</u>
	<u>929400881.1619626826& gac=1.229642574.1651085941.cj0kcqjw06otbhc_arisaau1yov</u>
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https://doi.org/10.1542/peds.2020-003657
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Systems-Based Practice 6: Physician Role in Health Care Systems

Overall Intent: To understand the physician's role in health systems science to optimize patient care delivery, including cost-conscious care

Milestones	Examples
Level 1 Engages with patients and other providers in discussions about cost-conscious	 Considers that insurance coverage, or lack of coverage, can affect prescription drug availability/cost for individual patients
care and key components of the health care	Participates in conversations about antimicrobial drug selection and considers costs
delivery system	
Level 2 Identifies the relationships between the	• Considers whether home nursing care would be available and covered by insurance in the
delivery system and cost-conscious care and	decision-making process for a patient with chronic respiratory failure
the impact on the patient care	• Accepte an appropriate lovel of upcortainty by not ordering a respiratory viral papel when
clinical approaches based on evidence	• Accepts an appropriate lever of uncertainty by not ordening a respiratory vital parter when it will not change management
outcomes, and cost-effectiveness to improve	• Discusses cost and potential benefits of performing MRI when formulating treatment plan
care for patients and families	
Level 4 Advocates for the promotion of safe,	Works collaboratively to identify additional services for a patient with a recent traumatic
quality, and high-value care	brain injury with sequelae and limited resources
	 Advocates for widespread usage of asthma action plan upon discharge to minimize hospital readmissions and improve cost effectiveness
Level 5 Coaches others to promote safe,	 Coaches others to implement Choosing Wisely recommendations
quality, and high-value care across health care	 Leads team members in conversations around care gaps for LGBTQIA+ teens and
systems	creates team plans to provide comprehensive care in the critical care unit
Assessment models of Tools	Multisource feedback
	Review and guided reflection on costs accrued for individual patients or patient
	populations with a given diagnosis
	Workshops
Curriculum Mapping	•
Notes and Resources	 Agency for Healthcare Research and Quality (AHRQ). "Measuring the Quality of Physician Care." <u>https://www.ahrq.gov/talkingquality/measures/setting/physician/index.html</u>. Accessed 2022.
	 AAP. "Practice Management." <u>https://www.aap.org/en/practice-management/</u>. Accessed 2022.
	American Board of Internal Medicine. "QI/PI Activities."
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Should Question " https://www.choosingwisely.org/societies/society-of-critical-care-
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https://www.solutionsforpatientsafety.org/for-hospitals/hospital-resources/. Accessed
2020.

Practice-Based Learning and Improvement 1: Evidence-Based and Informed Practice

Overall Intent: To incorporate evidence and apply it to individual patients and patient populations

Milestones	Examples
Level 1 Develops an answerable clinical	 Identifies a question such as, "What is the appropriate treatment for this patient with
question and demonstrates how to access	ARDS?" but needs guidance to focus it into a searchable question
available evidence, with guidance	 Uses general medical resources (i.e., background information) such as UpToDate or
	DynaMed to search for answers
	 Accesses available evidence using unfiltered resources, retrieving a broad array of related information
Level 2 Independently articulates clinical	• Asks "In treatment of ARDS, what is the evidence for use of inhaled nitric oxide?"
question and accesses available evidence	• Uses PubMed to search for the answer to a general clinical question and appropriately
	filters results
Level 3 Locates and applies the evidence,	Obtains, appraises, and applies evidence to determine use of inhaled nitric oxide in ARDS
integrated with patient preference, to the care of	 Finds evidence for alternatives to blood transfusions for patients who are Jehovah's
patients	Witness and require surgery
Level 4 Critically appraises and applies	• Seeks out and applies evidence to optimize primary and secondary outcomes for a patient
evidence, even in the face of uncertainty and	with stem cell transplant and ARDS in accordance with the goals of care
conflicting evidence to guide care tailored to the	 Elicits patient's prior experiences with systemic racism in the health care system to start
individual patient	conversations about optimal management
Level 5 Coaches others to critically appraise	• Provides feedback to other learners on their ability to formulate questions, search for the
and apply evidence for complex patients	best available evidence, appraise evidence, and apply that information to the care of
	patients
A second second black and Table	Leads development of clinical guidelines/pathways
Assessment models of Tools	Direct observation
	Multisource reedback
Currieulure Menning	
	• The American Depend of Dedictrice "Entructable Dreference Activities for Dedictric
Notes of Resources	• The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspeciallies: Unlical Care Medicine. <u>https://www.abp.org/content/entrustable-</u>
	Duka University "Evidence Recod Practice"
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Practice-Based Learning and Improvement 2: Reflective Practice and Commitment to Personal Growth	
Overall Intent: To continuously improve patient care based on self-evaluation and lifelong learning	

Milestones	Examples
Level 1 Participates in feedback sessions	Attends biannual program director feedback sessions
Develops personal and professional goals, with assistance	Acknowledges own implicit/explicit biases
Level 2 Demonstrates openness to feedback and performance data	 After faculty member provides feedback on knowledge gap related to ventilator management, acknowledges need for improvement
Designs a learning plan based on established goals, feedback, and performance data, with assistance	• Devises a plan to explore biases and how they impact care of peer relationships
Level 3 Seeks and incorporates feedback and performance data episodically	 Following a difficult case, seeks out faculty member to review ventilator management and makes appropriate changes to improve patient care based on feedback Identifies problems performing an intubation and arranges to spend more time in the simulation lab to improve skills
Designs and implements a learning plan by analyzing and reflecting on the factors which contribute to gap(s) between performance expectations and actual performance	• Recognizes own implicit biases that affect the care of a patient and takes steps to mitigate bias
Level 4 Seeks and incorporates feedback and performance data consistently	 Adapts learning plan to improve knowledge of respiratory failure based on personal reflection, feedback, and patient data
Adapts a learning plan using long-term professional goals, self-reflection, and performance data to measure its effectiveness	 Actively seeks out conferences to learn about anti-racism and bystander culture
Level 5 Role models and coaches others in seeking and incorporating feedback and performance data	• Leads a discussion on opportunities to improve adherence to sterile bundle for central line insertion
Demonstrates continuous self-reflection and coaching of others on reflective practice	Meets with residents regularly to review practice habits and develop their learning goals
Assessment Models or Tools	 Direct observation Medical record (chart) audit

	Review of learning plan
	 Review of evaluations (mentor, advisor)
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." <u>https://www.abp.org/content/entrustable-</u>
	professional-activities-subspecialties. Accessed 2022.
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	Medicine 91(6): 839-846. DOI: 10.1097/ACM.000000000001015.
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	Rosenberg, and Yoon Soo Park. 2013. "Assessing Residents' Written Learning Goals and
	Goal Writing Skill: Validity Evidence for the Learning Goal Scoring Rubric." Academic
	Medicine 88(10): 1558-1563. DOI: 10.1097/ACM.0b013e3182a352e6.

Professionalism 1: Professional Behavior		
Overall Intent: To demonstrate ethical and professional behaviors and promote these behaviors in others and to use appropriate resources		
to manage professional dilemmas		
Milestones	Examples	
Level 1 Identifies expected professional behaviors and potential triggers for lapses	 Asks a senior fellow or attending for feedback on post-call interactions with staff and colleagues after realizing own tendency to be curt when tired 	
Identifies the value and role of pediatric critical	 Acknowledges the importance of intensivists in informing the public about childhood 	
care as a vocation/career	safety and preventable diseases	
Level 2 Demonstrates professional behavior	 Is late to morning rounds, identifies this lapse, and does not repeat this behavior 	
with occasional lapses		
Demonstrates accountability for patient care as	 Forgets to relay a patient's parent's concern to oncoming care team and calls co-fellow to ansure information is releved after premeting. 	
a pediatric critical care physician, with guidance	Puring a busy hight on the unit, demonstrates caring and compassionate behaviors with	
increasingly complex or stressful situations	• During a busy hight on the unit, demonstrates caring and compassionate behaviors with nations, nations, families, colleagues, and staff members	
	patients, patients families, colleagues, and stair members	
Fully engages in patient care and holds oneself	 Advocates for an individual patient's needs in a humanistic and professional manner 	
accountable	regarding goals of care, identifying support networks (e.g., social work, pastoral care),	
	and coordination of care by other subspecialists	
Level 4 Recognizes situations that may trigger	 Models respect and compassion for patients and promotes the same from colleagues by 	
professionalism lapses and intervenes to	actively identifying positive professional behavior	
prevent lapses in self and others	 Without prompting, assists colleagues with patient care responsibilities. 	
Exhibits a sense of duty to natient care and	Prioritizes safe transitions of care, especially during shift changes when the critical care	
professional responsibilities	unit is busy with high level of acuity	
	• Speaks up in the moment when observing racist/sexist behavior within the health care	
	team and uses reporting mechanisms to address it	
Level 5 Models professional behavior and	• Discusses the need to be on time with a resident or junior fellow who continues to be late,	
coaches others when their behavior fails to	making a plan together to address the underlying issues of why the learner is late	
meet professional expectations		
Extends the role of the pediatric critical care	• Advocates for process improvement to help a cohort of patients, takes on larger projects	
nhysician beyond the care of natients by	to remedy a system issue that is affecting natients, and sees the opportunity to improve	
engaging with the community. specialty, and	care as a responsibility	
medical profession as a whole	 Develops education and/or modules on microaggressions and bias 	
Assessment Models or Tools	Direct observation	

Oral or written self-reflection Simulation Peer assessments Outriculum Mapping Notes or Resources Peer assessments Curriculum Mapping • Below are resources that define professionalism and seek to focus it on what key knowledge, skills, and attitudes are required to ensure public trust and promote integrity within the profession. It is important to note a historical context in which the informal and formal assessment of "professionalism" has extended beyond these ideals to negatively impact the careers of women, LGBTQIA+ people, and underrepresented minorities in medicine. Explicitly, examples of this have included the way in which women, marginalized learners, and LGBTQIA+ learners have been targeted for certain forms of self-expression of racial, ethnic, or gender identity. The assessment of professionalism should seek to be anti-racist and eliminate all forms of bias. • AbdelHameid, Duaa. 2020. "Professionalism 101 for Black Physicians." <i>New England Journal of Medicine</i> . 383(5): e34. doi:10.1056/NEJMpv2022773. • American Board of Internal Medicine Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine. 2002. "Medical Professionalism in the New Millennium: A Physician Charter." <i>Annals of Internal Medicine</i> 136: 243-246. https://doi.org/10.7326/0003-4419-136-3-2002/2050-00012. • The American Board of Pediatrics (ABP). "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." <u>https://www.abp.org/content/metical-professionalism</u> . Accessed 2020. • ABP. "Medical Professionalism. Across the Continuum: A Medical Educator's Guid		Multisource feedback
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Peer assessments Curriculum Mapping • Notes or Resources • Below are resources that define professionalism and seek to focus it on what key knowledge, skills, and attitudes are required to ensure public trust and promote integrity within the profession. It is important to note a historical context in which the informal and formal assessment of "professionalism" has extended beyond these ideals to negatively impact the careers of women, LGBTQIA+ people, and underrepresented minorities in medicine. Explicitly, examples of this have included the way in which women, marginalized learners, and LGBTQIA+ people, and underrepresented minorities in should seek to be anti-racist and eliminate all forms of bias. • AbdelHameid, Duaa. 2020. "Professionalism 101 for Black Physicians." New England Journal of Medicine. 383(5): e34. doi:10.1056/NEJMpv2022773. • American Board of Internal Medicine 2002. "Medical Professionalism in the New Millennium: A Physician Charter." Annals of Internal Medicine 136: 243-246. https://doi.org/10.7326/i0003-4819-136-3-200202050-00012. • The American Board of Prediatrics (ABP). "Entrustable Professionalism Accessed 2020. • Medical Professionalism." https://www.abp.org/content/medical-professionalism. Accessed 2020. • ABP. "Medical Professionalism Across the Continuum: A Medical Education." Accessed 2020. • ABP. "Medical Professionalism Across the Continuum: A Medical Educator's Guide." https://www.abp.org/content/medical-professionalism. Accessed 2020. • ABP. "Medical Professionalism." https://www.abp.org/content/medical-professionalism. Accessed 2020. • ABP. "Teaching, Promoting, and		Simulation
Curriculum Mapping • Notes or Resources • Below are resources that define professionalism and seek to focus it on what key knowledge, skills, and attitudes are required to ensure public trust and promote integrity within the profession. It is important to note a historical context in which the informal and formal assessment of "professionalism" has extended beyond these ideals to negatively impact the careers of women, LGBTQIA+ people, and underrepresented minorities in medicine. Explicitly, examples of this have included the way in which women, marginalized learners, and LGBTQIA+ learners have been targeted for certain forms of self-expression of racial, ethnic, or gender identity. The assessment of professionalism should seek to be anti-racist and eliminate all forms of bias. • AbdelHameid, Duaa. 2020. "Professionalism 101 for Black Physicians." New England Journal of Medicine. 383(5): e34. doi:10.1056/NEJMpv2022773. • American Board of Internal Medicine Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine. 2002. "Medical Professionalism in the New Millennium: A Physician Charter." Annuals of Internal Medicine 136: 243-246. https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. • The American Board of Pediatrics (ABP). "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. • ABP. "Medical Professionalism." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. • ABP. "Teaching, Promoting, and Assessing Professionalism Across the Continuum: A Medicial Educator's Guide." htttps://www.abp.org/content/endical-professiona		Peer assessments
Notes or Resources Below are resources that define professionalism and seek to focus it on what key knowledge, skills, and attitudes are required to ensure public trust and promote integrity within the profession. It is important to note a historical context in which the informal and formal assessment of "professionalism" has extended beyond these ideals to negatively impact the careers of women, LGBTQIA+ people, and underrepresented minorities in medicine. Explicitly, examples of this have included the way in which women, marginalized learners, and LGBTQIA+ learners have been targeted for certain forms of self-expression of racial, ethnic, or gender identity. The assessment of professionalism should seek to be anti-racist and eliminate all forms of bias. AddelHameid, Duaa. 2020. "Professionalism 101 for Black Physicians." New England Journal of Medicine. 33(5): e34. doi:10.1056/NEJMpv2022773. American Board of Internal Medicine 2002. "Medical Professionalism in the New Millennium: A Physician Charter." Annals of Internal Medicine 136: 243-246. https://doi.org/10.7326/0003-4819-136-3-200202050-00012. The American Board of Pediatrics (ABP). "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professionalism." https://www.abp.org/content/medical-professionalism. Accessed 2020. ABP. "Teaching, Promoting, and Assessing Professionalism Across the Continuum: A Medical Educar's Guide." https://www.abp.org/content/medical-professionalism. Accessed 2020. ABP. "Teaching, Promoting, and Assessing Professionalism.guide. Accessed 2020. ABP. "Teaching, Promoting, and Assessing Professionalism.guide. Accessed 2020.	Curriculum Mapping	•
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https://www.nejm.org/doi/full/10.1056/NEJMp2021812.

Professionalism 2: Ethical Principles Overall Intent: To recognize and address or resolve common and complex ethical dilemmas or situations

Milestones	Examples
Level 1 Demonstrates knowledge of the ethical principles underlying informed consent, surrogate decision making, advance directives, confidentiality, error disclosure, stewardship of limited resources, and related topics	Describes ethical principles of informed consent
Level 2 Applies ethical principles in common situations	 Applies the principle of "do no harm" when considering the use of off-label medications
Level 3 Analyzes complex situations using ethical principles to address conflict/controversy; seeks help when needed to manage and resolve complex ethical situations	 Offers treatment options for a terminally ill patient, minimizing bias, while recognizing own limitations, and consistently honoring the patient's and family's choice Organizes multidisciplinary care conference when subspecialty teams disagree on treatment plan for a patient with prognostic uncertainty to determine future direction in accordance with patient's family's wishes
Level 4 Manages and seeks to resolve ethical dilemmas using appropriate resources (e.g., ethics consultations, literature review, risk management/legal consultation)	 Appropriately uses ethics resources to discuss end-of-life care of a child in the intensive care unit with multiorgan failure and poor prognosis Uses institutional resources, including social work and risk management, when a patient's parent refuses to accept medical treatment Engages with a multidisciplinary team to address issues when patient's family and physicians disagree on care plan for a patient with brain death
Level 5 Called upon by others to consult in cases of complex ethical dilemmas; identifies and seeks to address system-level factors that induce or exacerbate	 Participates as part of the ethics consult service, providing guidance for complex cases
Assessment Models or Tools	 Direct observation Multisource feedback Oral or written self-reflection Simulation Case-based discussion
Curriculum Mapping	•
Notes or Resources	 American Board of Internal Medicine Foundation, ACP-ASIM Foundation, and European Federation of Internal Medicine. 2002. "Medical Professionalism in the New Millennium: A Physician Charter." Annals of Internal Medicine 136: 243-246. https://doi.org/10.7326/0003-4819-136-3-200202050-00012.

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Critical Care Clinics 29(2): 359-375. <u>https://doi.org/10.1016/j.ccc.2012.12.002</u> .

Overall Intent: To take responsibility for one's own actions and their impact on patients and other members of the health care team

Milestones	Examples
Level 1 Performs tasks and responsibilities, with	• After being informed by the program director that too many conferences have been
prompting	missed, changes habits to meet the attendance requirement
	• Completes patient care tasks (e.g., callbacks, consultations, orders, procedure notes)
	after prompting from a supervisor
Level 2 Performs tasks and responsibilities in a	 Completes administrative tasks (e.g., licensing requirements) by specified due date
timely manner in routine situations	 Completes routine orders, callbacks, procedure notes, and consultations as assigned
	 Answers pages and emails promptly with rare need for reminders
Level 3 Performs tasks and responsibilities in a	 Asks for a co-fellow to assist with accepting an admission while attending to the needs of
thorough and timely manner in complex or	a decompensating patient
stressful situations	
Level 4 Coaches others to ensure tasks and	 Reminds co-fellows to attend conference and gives tips on task prioritization
responsibilities are completed in a thorough and	• Supervises co-fellows and residents on a busy night, delegating tasks appropriately, and
timely manner in complex or stressful situations	ensures that all tasks are completed for safe and thorough patient care
Level 5 Creates strategies to enhance others'	 Creates a workflow for systematic improvement of multidisciplinary discharge team
ability to efficiently complete tasks and	coordination of care
responsibilities	
Assessment Models or Tools	Compliance with deadlines, timelines, and attendance
	Direct observation
	Multisource feedback
	Peer assessments Out assessments
	Self-evaluations and reflective tools Sinculation
	The American Depend of Dedictrice "Entructed to Defensional Activities for Dedictric
Notes of Resources	• The American Board of Pediatrics. Entrustable Professional Activities for Pediatric
	subspeciallies. Unlical Care Medicine. <u>https://www.abp.org/content/entrustable-</u>
	<u>Professional-activities-subspecialities</u> . Accessed 2022. American Medical Accession "Ethics." https://www.ama.accn.org/delivering.corg/ama.
	code medical ethics. Accessed 2020
	Code of conduct from fellow/resident institutional manual
	• Expectations of fellowship program regarding accountability and professionalism

Professionalism 4: Well-Being	
Overall Intent: To identify resources to manage and improve well-being	
Milostopos	Examples
Level 1 Recognizes the importance of	Identifies that working in a pediatric intensive care unit may be stressful and impact well-
addressing personal and professional well-being	being
	Discusses the importance of a faculty advisor
	Recognizes that personal stress may require a change in time management
Level 2 Describes institutional resources that	 Identifies well-being resources such as meditation apps and mental health resources
are meant to promote well-being	available through the program and institution for co-fellows, residents, and medical students
	 Discusses options for Family Medical Leave Act with program director when expecting a child
Level 3 Recognizes institutional and personal	 Describes the difficulties in balancing professional and personal responsibilities
factors that impact well-being	 Acknowledges how individual response to participating in a difficult end-of-life decision
· · · · · · · · · · · · · · · · · · ·	impacts well-being and may impact the approach to patients seen later the same day
Level 4 Describes interactions between	 Recognizes how microaggressions from coworkers and/or faculty members are impacting
Institutional and personal factors that impact well being	performance or engagement in patient care
level 5 Coaches and supports colleagues to	Participates in organizational efforts to address clinician well-being
optimize well-being at the team, program, or	Develops a group to provide support for self and others to explore impact of
institutional level	microaggressions and biases
Assessment Models or Tools	Direct observation
	Reflection
	Advisor feedback
	Self-assessment
Curriculum Mapping	• This subscreen stones, is not intended to such store follow's well being but to ensure each
Notes of Resources	• This subcompetency is not intended to evaluate a fellow's well-being, but to ensure each follow has the fundamental knowledge of factors that impact well being, the mechanisms
	by which those factors impact well-being, and available resources and tools to improve
	well-being.
	 ACGME. "Well-Being Tools and Resources." <u>https://dl.acgme.org/pages/well-being-tools-</u> resources. Accessed 2022.
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Burke. 2014. "Domain of Competence: Personal and Professional Development."
Academic Pediatrics 14(2 Suppl): S80-97.
https://www.sciencedirect.com/science/article/abs/pii/S187628591300332X
Local resources, including employee assistance programs

Interpersonal and Communication Skills 1: Patient- and Family-Centered Communication	
Overall Intent: To establish a therapeutic relationship with patients and their families, tailor communication to the needs of patients and their families, tailor communication to the needs of patients and their	
Milestones	Examples
Level 1 Demonstrates respect and attempts to establish rapport	 Introduces self and faculty member, identifies patient and others in the room, and engages all parties in health care discussion Uses patient's preferred pronouns when addressing patient
Attempts to adjust communication strategies based upon patient/family expectations	 Identifies need for trained interpreter with non-English-speaking patients
Level 2 Establishes a therapeutic relationship in straightforward encounters	 Explores the concerns of parents at the beginning of the admission a child with acute bronchiolitis who does not need intubation Uses nonjudgmental language to discuss sensitive topics
Adjusts communication strategies as needed to mitigate barriers and meet patient/family expectations	• While acknowledging gender identification, appropriately addresses the need for pelvic and/or bimanual exam in a transgender male with uterus/ovaries who is admitted with a surgical abdomen
Level 3 Establishes a culturally competent and therapeutic relationship in most encounters	 Prioritizes and sets an agenda based on concerns of parents at the beginning of an admission of a child with multiple chronic medical problems who needs to be placed on continuous renal replacement therapy Discusses sensitive topics while promoting trust, respect, and understanding Recognizes that mispronouncing a patient's name, especially one of a different ethnicity, might be experienced as a microaggression; apologizes to the patient and seeks to correct the mistake
Communicates with sensitivity and compassion, elicits patient/family values, and acknowledges uncertainty and conflict	 Discusses resources and options with a teenage patient who is admitted with multiple traumas from a significant other in a manner that supports the patient and avoids bias in presentation of options
Level 4 Establishes a therapeutic relationship in straightforward and complex encounters, including those with ambiguity and/or conflict	 Continues to engage parents who refuse immunizations, addressing misinformation and reviewing risks/benefits to assuage these concerns in a manner that engages rather than alienates the patient's family after an asthmatic patient is extubated following a severe influenza infection Facilitates sensitive discussions with patient/family and interdisciplinary team Asks questions in ways that validate patient identities and promote an inclusive environment

Uses shared decision making with patient/family to make a personalized care plan	 While maintaining trust, engages family of a child with medical complexity along with other members of the multi-specialty care team in determining family wishes and expectations regarding resuscitative efforts in the event of an acute deterioration
Level 5 <i>Mentors others to develop positive therapeutic relationships</i>	Coaches a junior resident disclosing serious news to a patient and the patient's family
Models and coaches others in patient- and family-centered communication	 Develops a curriculum on patient- and family-centered communication, including navigating difficult conversations
Assessment Models or Tools	 Direct observation Multisource feedback Simulation
Curriculum Mapping	
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Association of American Medical Colleges MedEdPORTAL. "Anti-Racism in Medicine Collection." https://www.mededportal.org/anti-racism. Accessed 2022. Benson Bradley J. 2014. "Domain of Competence: Interpersonal and Communication Skills." <i>Academic Pediatrics</i> 14(2 Suppl): S55-S65. https://doi.org/10.1016/j.acap.2013.11.016. Accessed 2020. Laidlaw, Anita, and Jo Hart. 2011. "Communication Skills: An Essential Component of Medical Curricula. Part I: Assessment of Clinical Communication: AMEE Guide No. 51." <i>Medical Teacher</i> 33(1): 6-8. https://doi.org/10.3109/0142159X.2011.531170. Makoul, Gregory. 2001. "Essential Elements of Communication in Medical Encounters: the Kalamazoo Consensus Statement." <i>Academic Medicine</i> 76(4): 390-393. https://journals.lww.com/academicmedicine/Fulltext/2001/04000/Essential Elements of C ommunication in Medical.21.aspx#pdf-link. Makoul, Gregory. 2001. "The SEGUE Framework for Teaching and Assessing Communication Skills." <i>Patient Education and Counseling</i> 45(1): 23-34. https://doi.org/10.1016/S0738-3991(01)00136-7. National LGBTQIA+ Health and Education Center: https://www.lgbtgiahealtheducation.org/.

Interpersonal and Communication Skills 2: Interprofessional and Team Communication	
Overall Intent: To communicate effectively with the health care team, including consultants	
Milestones	Examples
Level 1 Respectfully requests a consultation	• When admitting a patient with Brugada syndrome who was resuscitated in the emergency
with guidance	department, and after being prompted by attending, requests consultation from cardiology
Identifies the members of the interprofessional team	 Introduces each member of the multidisciplinary team to the patient and patient's family during rounds
Level 2 Clearly and concisely requests	When requesting a consult from the infectious disease team, clearly and succinctly
consultation by communicating patient information	describes the recent history of an intensive care unit patient who has a new fever
Participates within the interprofessional team	 Sends a message in the EHR to the dietitian of a metabolic patient to discuss increasing the protein restriction
Level 3 Formulates a specific question for consultation and tailors communication strategy	• For an infant with unexplained hypoglycemia, asks how frequently labs are needed and proactively creates a plan for further work-up should the clinical scenario require it
Uses bi-directional communication within the interprofessional team	 After a consultation has been completed via a rapid response activation, communicates with the primary care team to verify they have received and understand the recommendations Contacts the metabolic team social worker to arrange for delivery of a specialized formula and completes the order
Level 4 Coordinates consultant recommendations to optimize patient care	• Initiates a multidisciplinary meeting to develop shared care plan for a patient with 22q11.2 deletion syndrome with acute hypoxemic respiratory failure of unknown etiology
Facilitates interprofessional team communication	 Explains to the rest of the team, as well as the parents, the rationale for chromosome analysis, instead of chromosome microarray analysis, as the preferred diagnostic test for suspected Down syndrome Leads the morning interprofessional huddle on the inpatient unit
Level 5 Maintains a collaborative relationship with referring providers that maximizes adherence to practice recommendations	 Role models effective care communication by scheduling and leading weekly multidisciplinary care conversations with the cardiology team providing care for complex patient
Coaches others in effective communication within the interprofessional team	 Mediates a conflict among members of the health care team Effectively navigates racial discrimination or microaggressions from a colleague as it pertains to another team member

Assessment Models or Tools	Direct observation
	Global assessment
	Medical record (chart) audit
	Multi-source feedback
	• Simulation
Curriculum Mapping	
Notes or Resources	The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric
	Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-
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Interpersonal and Communication Skills 3: Communication within Health Care Systems Overall Intent: To effectively communicate using a variety of tools and methods	
Milostonos	Examples
Level 1 Records accurate information in the patient record	 If using copy/paste/forward in the EHR, goes back to make changes to note after doing so
Identifies the importance of and responds to multiple forms of communication (e.g., in- person, electronic health record (EHR), telephone, email)	 Utilizes communication tools and methods for patient care needs, concerns, and safety issues Promptly responds to email regarding change of meeting time
Level 2 Records accurate and timely information in the patient record	 Completes rapid response note promptly and with accurate information
Selects appropriate method of communication, with prompting	 Calls nurse with urgent request for labs after reminder from senior fellow
Level 3 Concisely documents updated, prioritized, diagnostic and therapeutic reasoning in the patient record	 Produces documentation in acute event note that reflects complex clinical thinking and planning, and is concise
Aligns type of communication with message to be delivered (e.g., direct and indirect) based on urgency and complexity	 When a patient begins to decompensate, immediately requests additional resources and contacts the attending Emails patient's cardiologist with non-urgent question rather than paging cardiologist on call
Level 4 Documents diagnostic and therapeutic reasoning, including anticipatory guidance	 Accurately documents an end-of-life family conference with clear, concise, and organized goals of care
Demonstrates exemplary written and verbal communication	 Communicates effectively and proactively with collaborating physicians and teams about communication gaps in order to prevent recurrence
Level 5 Models and coaches others in documenting diagnostic and therapeutic reasoning	 Reviews notes at the end of the day with a resident to provide coaching on documentation of assessments and plans
Coaches others in written and verbal communication	 Leads a team to discuss implementation and dissemination of preferred pronouns/names in EHR
Assessment Models or Tools	 Direct observation Medical record (chart) audit

	Multisource feedback
	Peer assessments
	Simulation
Curriculum Mapping	•
Notes or Resources	 The American Board of Pediatrics. "Entrustable Professional Activities for Pediatric Subspecialties: Critical Care Medicine." https://www.abp.org/content/entrustable-professional-activities-subspecialties. Accessed 2022. Benson, Bradley J. 2014. "Domain of Competence: Interpersonal and Communication Skills." <i>Academic Pediatrics</i>.14(2 Suppl): S55-S65. https://doi.org/10.1016/j.acap.2013.11.016. Accessed 2020. Bierman, Jennifer A., Kathryn Kinner Hufmeyer, David T. Liss, A. Charlotta Weaver, and Heather L. Heiman. 2017. "Promoting Responsible Electronic Documentation: Validity Evidence for a Checklist to Assess Progress Notes in the Electronic Health Record." <i>Teaching and Learning in Medicine</i>. 29(4): 420-432. https://doi.org/10.1080/10401334.2017.1303385. Haig, Kathleen M., Staci Sutton, and John Whittington. 2006. "SBAR: A Shared Mental Model for Improving Communications Between Clinicians." <i>Joint Commission Journal on Quality and Patient Safety</i>. 32(3):167-75. https://doi.org/10.1016/s1553-7250(06)32022-3. Starmer, Amy J., Nancy D. Spector, Rajendu Srivastava, April D. Allen, Christopher P. Landrigan, Theodore Sectish, and I-PASS Study Group. 2012. "I-Pass, a Mnemonic to Standardize Verbal Handoffs." <i>Pediatrics</i> 129.2:201-204. https://doi.org/10.1542/peds.2011-2966.

Interpersonal and Communication Skills 4: Communication Around Serious Illness, Including End-of-Life Care Overall Intent: To foster effective, patient- and family-centered communication for patients with life-limiting conditions or diseases with uncertain prognosis

Milestones	Examples
Level 1 Identifies communication of prognosis	Describes to the attending the need to share with the patient's family the range of
as a key element for shared decision making	potential outcomes in a child post-cardiac arrest
Level 2 Assesses the patient's and	• In a care conference, asks the patient's family what they currently understand about the
family's/caregivers' prognostic awareness and	condition and potential outcomes for a child admitted with severe traumatic brain injury
identifies preferences for receiving prognostic	• In meetings with adolescent patients, asks the adolescents how they prefer to receive
information	information about their evolving illness
Level 3 Delivers prognostic information and	• Following a conversation about acute rejection after a liver transplant, responds to the
recognizes the emotional responses of patient	emotional needs of a patient's family by offering social work or spiritual care support
and family/caregivers	
Level 4 Tailors communication of prognosis	• Directs a discussion of advanced directives in a patient with Duchenne muscular
according to disease trajectory, patient/family needs, and medical uncertainty, and attends to	dystrophy who presented in cardiac arrest, and reaffirms the parent's emotions and uncertainty
the emotional responses	Anticipates emotional response of a patient's family to difficult news and includes
	multidisciplinary support during care conferences
	• Integrates family's communication preferences and concerns into a discussion of the
	procedures and expectations for a patient being examined for death by neurological
	criteria
Level 5 Coaches others in the communication	• Runs a course for residents on challenging communication with patients at the end of life
of prognostic information	
Assessment Models or Tools	Clinical case discussion
	Direct observation
	Multisource feedback
	Simulation
Curriculum Mapping	•
Notes or Resources	• Back, Anthony, Robert Arnold, and James Tulsky. 2009. <i>Mastering Communication with</i>
	Seriously III Patients. Cambridge: Cambridge University Press.
	• Back, Anthony, Robert Arnold, Walter F. Baile, James Tulskey, and Kelly Fryer-Edwards.
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VitalTalk. <u>www.vitaltalk.org</u> . Accessed 2018.

To help programs transition to the new version of the Milestones, the ACGME has mapped the original Milestones 1.0 to the new Milestones 2.0. Indicated below are the subcompetencies that are similar between versions. These are not exact matches, but are areas that include similar elements. Not all subcompetencies map between versions. Inclusion or exclusion of any subcompetency does not change the educational value or impact on curriculum or assessment.

Milestones 1.0	Milestones 2.0
PC1: Provide transfer of care that ensures seamless transitions	SBP4: System Navigation for Patient-Centered Care – Transitions in Care
PC2: Make informed diagnostic and therapeutic decisions that result in optimal clinical judgement	PC1: History and Physical Exam
PC3: Develop and carry out management plans	PC3: Patient Management MK2: Clinical Reasoning ICS1: Patient- and Family-Centered Communication
PC4: Provide appropriate role modeling	PBLI2: Reflective Practice and Commitment to Personal Growth
	PC2: Organization and Prioritization of Patient Care
	PC4: Pre-Procedure Assessment
	PC5: Procedures
MK1: Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems	MK1: Foundational Knowledge PBLI1: Evidence Based and Informed Practice
SBP1: Work effectively in various health care delivery settings	SBP3: System Navigation for Patient Cantered Care – Coordination
and systems relevant to their clinical specialty	of Cre
	SBP6: Physician Role in Health Care Systems
SBP2: Coordinate patient care within the health care system relevant to their clinical specialty	SBP3: System Navigation for Patient Centered Care – Coordination of Care
	SBP4: System Navigation for Patient-Centered Care – Transitions in Care
	SBP5: Population and Community Health
	ICS1: Patient- and Family-Centered Communications
	ICS2: Interprofessional and Team Communication
SBP3: Incorporate considerations of cost awareness and risk-	SBP5: Population and Community Health
benefit analysis in patient and/or population-based care as appropriate	SBP6: Physician Role in Health Care Systems
SBP4: Work in inter-professional teams to enhance patient	SBP1: Patient Safety
safety and improve patient care quality	ICS2: Interprofessional and Team Communication

SBP5: Participate in identifying system errors and implementing	SBP1 ⁻ Patient Safety
potential systems solutions	SBP2: Quality Improvement
PBLI1: Identifying strengths, deficiencies, and limits to one's	PBLI1: Evidence Based and Informed Practice
knowledge and expertise	PBLI2: Reflective Practice and Commitment to Personal Growth
PBLI2: Systematically analyze practice using guality	SBP2: Quality Improvement
improvement methods, and implement changes with the goal of	PBLI2: Reflective Practice and Commitment to Personal Growth
practice improvement	
PBLI3: Use information technology to optimize learning and	PBLI1: Evidence Based and Informed Practice
care delivery	PBLI2: Reflective Practice and Commitment to Personal Growth
	ICS3: Communication within Health Care Systems
PBLI4: Participate in the education of patients, families,	SBP5: Population and Community Health
students, residents, fellows, and other health professionals	PBLI1: Evidence Based and Informed Practice
	ICS1: Patient- and Family-Centered Communications
PROF1: Professional Conduct: High standards of ethical	PROF1: Professional Behavior
behavior which includes maintaining appropriate professional	PROF2: Ethical Principles
boundaries	
PROF2: Trustworthiness that makes colleagues feel secure	PBLI1: Evidence Based and Informed Practice
when one is responsible for the care of patients	PROF1: Professional Behavior
	PROF3: Accountability/Conscientiousness
	ICS1: Patient- and Family-Centered Communications
PROF3: Provide leadership skills that enhance team	ICS2: Interprofessional and Team Communication
functioning, the learning environment, and/or the health care	ICS3: Communication within Health Care Systems
delivery system/environment with the ultimate intent of	PROF2: Ethical Principles
improving care of patients	PROF3: Accountability/Conscientiousness
PROF4: The capacity to accept that ambiguity is part of clinical	PROF2: Ethical Principles
medicine and to recognize the need for and to utilize	ICS1: Patient- and Family-Centered Communication
appropriate resources in dealing with uncertainty	PBLI1: Evidence Based and Informed Practice
	PROF4: Well-Being
ICS1: Communicate effectively with physicians, other health	ICS2: Interprofessional and Team Communication
professionals, and health-related agencies	ICS3: Communication within Health Care Systems
ICS2: Work effectively as a member or leader of a health care	ICS2: Interprofessional and Team Communication
team or other professional group	PBLI2: Reflective Practice and Commitment to Personal Growth
	PROF3: Accountability/Conscientiousness
ICS3: Act in a consultative role to other physicians and health	MK2: Clinical Reasoning
professionals	ICS2: Interprofessional and Team Communication
	ICS3: Communication within Health Care Systems

ICS4: Communication Around Serious Illness, Including End-of-Life
Care

Available Milestones Resources

Milestones 2.0: Assessment, Implementation, and Clinical Competency Committees Supplement, 2021 - <u>https://meridian.allenpress.com/jgme/issue/13/2s</u>

Milestones Guidebooks: https://www.acgme.org/milestones/resources/

- Assessment Guidebook
- Clinical Competency Committee Guidebook
- Clinical Competency Committee Guidebook Executive Summaries
- Implementation Guidebook
- Milestones Guidebook

Milestones Guidebook for Residents and Fellows: <u>https://www.acgme.org/residents-and-fellows/the-acgme-for-residents-and-fellows/</u>

- Milestones Guidebook for Residents and Fellows
- Milestones Guidebook for Residents and Fellows Presentation
- Milestones 2.0 Guide Sheet for Residents and Fellows

Milestones Research and Reports: <u>https://www.acgme.org/milestones/research/</u>

- Milestones National Report, updated each fall
- *Milestones Predictive Probability Report, updated each fall*
- *Milestones Bibliography*, updated twice each year

Developing Faculty Competencies in Assessment courses - <u>https://www.acgme.org/meetings-and-educational-activities/courses-and-workshops/developing-faculty-competencies-in-assessment/</u>

Assessment Tool: Direct Observation of Clinical Care (DOCC) - https://dl.acgme.org/pages/assessment

Assessment Tool: Teamwork Effectiveness Assessment Module (TEAM) - https://team.acgme.org/

Improving Assessment Using Direct Observation Toolkit - <u>https://dl.acgme.org/pages/acgme-faculty-development-toolkit-improving-assessment-using-direct-observation</u>

Remediation Toolkit - https://dl.acgme.org/courses/acgme-remediation-toolkit

Learn at ACGME has several courses on Assessment and Milestones - https://dl.acgme.org/