Medically Underserved Areas/Populations and Graduate Medical Education Initiatives

Consistent with its mission to improve health care and population health, the ACGME seeks to enhance physician workforce development in communities that face physician shortages in various specialties. In 2019, the ACGME Board of Directors approved an accreditation framework to provide additional support and review accreditation processes to promote the development of graduate medical education (GME) that will result in enhanced access to and availability of health care in medically underserved areas (MUAs) and medically underserved populations (MUPs).

The framework for medically underserved areas and populations and graduate medical education (“MUA/P and GME”) outlines the following initial actions addressing GME in MUA/Ps:

I. Enhancing ACGME Support
   - Establish advisory group for MUA/Ps and GME
   - Enhance systems and data collection to identify and measure GME in MUA/Ps
   - Develop learning activities related to MUA/Ps

II. Engaging with ACGME Review Processes
   - Collaborate with ACGME committees to implement framework
   - Align accreditation with external regulations and processes
   - Monitor progress toward establishing new GME in MUA/Ps

III. Understanding ACGME Compliance Challenges
   Important considerations for GME in MUA/Ps:
   - Program personnel
   - Supervision
   - Educational experiences
   - Primary/Participating Sites
   - Retention
   - Curriculum

IV. Facilitating Effective Institutional Oversight and Administration
   - Consider various successful institutional models
   - Streamline accreditation application processes
   - Describe learning and working environment infrastructure

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ACGME Rural Track Program Designation

Building capacity for GME can be challenging in rural communities, many of which are located in MUAs. GME partnerships between participating sites in urban, rural, and other settings play an important role in enhancing physician supply in workforce shortage areas.

The ACGME recognizes that improved identification of such partnerships may help to facilitate the development of GME in rural and underserved areas. In alignment with its accreditation framework for MUA/P and GME, the ACGME has developed processes addressing ACGME-accredited programs that seek to create “rural tracks” as defined in rules and regulations of the Centers for Medicare and Medicaid Services (CMS).

Under CMS regulations, teaching hospitals have opportunities to obtain new direct graduate medical education (DGME) and indirect medical education (IME) financing by forming partnerships of urban and rural hospitals and/or other rural sites to create rural track programs (RTPs). In RTPs, either all or some residents are assigned to certain types of participating sites in rural areas for more than half of the length of their residency or fellowship program.

The ACGME has developed a common, criterion-based process for designating ACGME-accredited RTPs across specialties, including separately accredited ACGME RTP designation (Type 1) and ACGME RTP designation as an expansion of an existing program with a new rural site (Type 2).

By providing a standardized method for identifying RTPs in a variety of specialties, this designation will support hospitals seeking to create new pathways for physicians who wish to practice in rural areas; enhance the ACGME’s understanding of the unique aspects of rural GME; provide opportunities for the ACGME to develop closer collaborations with community, regulatory, and other partners working to eliminate geographic health care inequities; and allow for the identification of GME practices that contribute to health equity and workforce diversity to serve as a basis for shared learning.

ACGME Rural Track Program Designation: Type 1 (separately accredited program)

New programs seeking RTP designation (Type 1) can submit a request at the time of application for ACGME accreditation. In this process, the ACGME Director, MUA/P and GME reviews designation information submitted by the program against established criteria to determine whether to grant an RTP designation. Review Committee staff members are notified of designation approvals and can then communicate any additional specialty-specific instructions to the program. The ACGME’s Accreditation Data System (ADS) reflects a program’s designation as an RTP with program application. The designation is reflected in the letter notifying the program of Initial Accreditation, which provides the program with documentation of having met the ACGME criteria for RTPs. A flowchart illustrating the RTP Type 1 designation request process is on page 4.
**ACGME Rural Track Program Designation: Type 2 (expansion of existing program with new rural site)**

While implementing Type 1 designation, MUA/P and GME staff learned of provisions introduced in the Consolidated Appropriations Act, 2021 (CAA) that would alter the definition of rural tracks. These changes were promulgated in the CMS FY 2022 IPPS Final Rule published on December 27, 2021. Effective for cost report periods on or after October 1, 2022, CMS regulations allow for rural tracks as an expansion of an existing ACGME-accredited program with the addition of a new rural participating site.

To align with this change, the ACGME is offering RTP designation (Type 2) for already accredited programs seeking to expand by adding a new rural track. ACGME-accredited programs can request Type 2 designation using a new sidebar option in ADS. When requesting RTP designation Type 2, programs are asked to upload the RTP Rotation Information Form, add at least one new rural participating site where residents/fellows in the rural track will complete required assignments, add any new rural faculty members, upload a specialty-specific ACGME RTP Questionnaire (if applicable), and submit a permanent complement increase request.

There is a two-step approval process following submission of the RTP designation Type 2 request, including MUA/P and GME staff members review against designation criteria and Review Committee members review of new site(s), faculty members, and program complement changes. ADS reflects a program's designation as an RTP with program expansion. The designation is reflected in Letters of Notification, which provide the program with documentation of having met the ACGME criteria for RTPs. A flowchart illustrating the RTP Type 2 designation request process is on page 5.
Attachment: Process Map for Rural Track Program Designation: Type 1 (separately accredited program)

Abbreviations:
- Designated Institutional Official (DIO)
- Program Director (PD)
- ACGME Review Committee (RC)
- ACGME Executive Director (ED)
- ACGME Medically Underserved Areas/Populations and GME staff (MUA/P and GME staff)

Type 1 RTP Designation Data Inputs
- Seeking ACGME RTP designation
- Program director information
- ACGME Rural Track Related Program (if applicable)
- Participating Sites data: site address (including county), Medicare provider ID of PPS hospital providing financial support for GME at each site, RTP Rotation Information Form (available on web page)

Type 1 RTP Designation Data Outputs
- Designation process updates: designation declined/approved
- Letter of Notification: ACGME Rural Track Program designation
- Publicly available report of ACGME Rural Track Program designations

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Attachment: Process Map for Rural Track Program Designation: Type 2 (expansion of existing program with new rural site)

**Abbreviations:**
- Program Director (PD)
- Designated Institutional Official (DIO)
- ACGME Review Committee (RC)
- ACGME Medically Underserved Areas/Populations and GME Staff (MUA/P and GME staff)

**Type 2 RTP Designation Data Inputs**
1. RTP Rotation Information Form (available on web page)
2. At least one new rural participating site (and new faculty members, if applicable)
3. Permanent complement increase request
4. Specialty-specific RTP Questionnaire (if applicable)

**Type 2 RTP Designation Data Outputs**
- Designation process updates: designation declined/approved
- Letter of Notification: ACGME Rural Track Program designation
- Publicly available report of ACGME Rural Track Program designations

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**Diagram Notes:**
- PD initiates ACGME Rural Track Program designation request
- PD completes RTP rotation information form
- DIO approves RTP designation and complement change request
- PD reviews RTP designation and complement change request
- PD submits RTP designation and complement change request
- Contingent ACGME RTP designation granted, and standard communication issued to PD
- Complete and meets criteria?
- PD updates info and submits request for re-review for RTP designation
- PD withdraws RTP designation request*
- RC receives and processes complement change request (2, 3, & 4)
- Complement change declined (no RTP designation)
- Complement change granted (with RTP designation)

*PD could exit the designation section and follow standard processes to submit a permanent complement increase request